

SASHAKT- The Women Empowerment Society of ANDC

(Report of the Academic Session (2017-18))

Convener (SASHAKT): Dr. Manisha Jain (Assoc. Prof. Chemistry)

Sashakt Team coordinated **the sessions** on 'Awareness about Sexual Harassment amongst college students' in a three-day orientation **workshop** entitled ' **Breaking Barriers**' organized by the college for the First year students from **July 21-23, 2017**. Six such sessions in the entire workshop, were conducted by the invited speakers - Ms. Devangana (WSS, *Pinjra Tod*), Ms. Ritambhara (WSS, *Nazariya*), and Ms. Chetanya (WSS, *Mehnatkash Mahila Sangathan*). The sessions were interactive in nature allowing students to be involved in group activities and discussions.

Sashakt expanded the **Gender Champions Club** this year following the due procedure as per directives received from UGC. Formation of Gender Champions Club in the educational institutions is a joint initiative of Ministry of Women and Child Development and Ministry of Human Resource Development. Gender Champions are envisaged as responsible leaders who will facilitate an enabling environment within their schools/colleges/academic institutions where girls are treated with dignity and respect. The Club has now seven active Gender Champions: **Vaibhav Srivastava**, B.Sc. (H) Chemistry III yr, **Priya Kaushal** (B.Com (H) II yr), Rhythm Kaushal (B.Sc.(H) BMS-I yr, Abhijeet Naik (B.Sc.(H) BMS-I yr), Nikhil Kr. Yadav, B.Com (H) II yr, Shrishti Kumar, B.Com. (H) II yr and Gagan B.Sc. (H) Elect. I yr.

Sashakt continued with its aim of creating awareness about respecting women's dignity with an 'Express yourself' activity in August 2018, in which students were asked to express their opinions on some women related political statements published in news papers.

Sashakt celebrated the **International Day for girl child on October 11, 2017** by organizing a poetry competition on the same theme. The Winners were Junaid Alam B.Sc. (H) Maths II yr, Kshitij Jaiswal, B.Sc. (H) Maths II yr and Palak, B.Sc. Phys Sc. (Comp.Sc.) II yr. A **feature film 'Dor'** was also screened in the conference hall for ANDC students to create awareness about the issues related to the rights of women as an individual.

A **creative writing competition** was organized on November 01, 2017 on the theme centered around women empowerment. Barsha Changkakoti, B.Sc. (H) Bot-I yr won the First prize and Diksha Tiwari, B.Sc. (H) Bot- I yr and Koyel Ray, BSc. (H) BMS- I yr, shared the Second prize.

A one-week self defense training programme was organized by *Sashakt* in coordination with Delhi Police from February 19-24, 2018. The programme aimed at empowering the ANDC

students, with a special focus on girls, in some basic self defense techniques to face the challenging and emergent circumstances. In one week training, first two days were open for male students also to learn basic self defense techniques. The training for girls continued for six days.

Sashakt celebrated International Day for Women on March 08, 2018 by organizing a speech competition on 'My contribution as a man, towards society in women empowerment'. Amit Raj of B.Com. (H) I yr won the First prize, Deepak Sharma of B.Sc. (H) Electronics, III yr and Pritam Kashyap of B.Sc. (H) Botany III yr shared the second prize while Abhishek Shukla of B.Sc. (H) Comp.Sc. I yr won the third Prize. Other activities organized were Express your views on 'As a man, am I afraid of Women Empowerment?' and screening of movie 'Khuda ke liye' for ANDC students.

Sashakt in coordination with Delhi State Legal Services Authority, South-East District has started a two months **Add-on course on 'Legal Awareness'** for college students in January 2018. The classes are held once a week and are taken by Ms. Tanvi Khurana, L'd metropolitan magistrate, Secretary DSLSA S/E, Saket Court. The course also includes the visit of the enrolled students to Saket Courts complex and to Prisons. A total of 52 students were enrolled for the course. Some posters on women empowerment and laws, prepared by *SASHAKT* volunteers were sent to DLSA S/E and were well appreciated in the court. The valedictory Session of the Course was held on April 12, 2018. Ms. Geetanjali Goel, Ld. Spl. Secretary, DSLSA and Additional District and Session judge was the chief Guest for the occasion. In her address to the students, she highlighted the need for the awareness about the Indian judiciary and the motivation in youth to improve the society they are living in. 44 students were declared to be successful in completing the course. The day also marked the valedictory of *SASHAKT* activities. Certificates were distributed to the successful students of Legal Awareness course, the winners of various activities of *Sashakt* throughout the year, the students completing the self defense training programme and the Gender champions @ANDC.

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