

**3.4.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the last five years**



**ACHARYA NARENDRA DEV COLLEGE**

U N I V E R S I T Y   O F   D E L H I

DBT STAR STATUS COLLEGE

All India NIRF 2022 Ranking-18, NAAC Score-3.31

Govindpuri, Kalkaji, New Delhi 110019

**3.4.3.1. Number of extension and outreach Programs conducted in collaboration with industry, community, and Non-Government Organizations through NSS/ NCC/ Red Cross/ YRC etc., year wise during the last five years**



**ACHARYA NARENDRA DEV COLLEGE**

U N I V E R S I T Y   O F   D E L H I

DBT STAR STATUS COLLEGE

All India NIRF 2022 Ranking-18, NAAC Score-3.31

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## **3.4 EXTENSION ACTIVITIES** **SUPPORTING DOCUMENT FOR 3.4.3**

**3.4.3 Extension activities are carried out in the neighbourhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years.**

| S. No. | Year         | Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC | Page no. |
|--------|--------------|--|----------|
| 1      | 2017-18      | 06   | 1-6      |
| 2      | 2018-19      | 13   | 7-19     |
| 3      | 2019-20      | 36   | 20-55    |
| 4      | 2020-21      | 57   | 56-112   |
| 5      | 2021-22      | 82   | 113-194  |
|        | <b>Total</b> | <b>194</b>   |          |

| S. No. | Additional Activities                    | Page no. |
|--------|--|----------|
| 1.     | Ecoville                                 | 195      |
| 2.     | Science Adda                             | 196      |
| 3.     | UBA adopted villages                     | 197      |
| 4.     | Blood transfusion for Thalassaemic girls | 198      |

**Attached Documents are :**

1. Consolidated list of all events.
2. Detailed report with photographs for each extension and outreach program with specific mention of number of students participated and collaborating agency.

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## Consolidated list of all events.

| S. No. | Name of activity   | Page no. |
|--------|--|----------|
| 1.     | Swacchta Pakhwara-Cleanliness drives in the College and the neighbouring areas | 1        |
| 2.     | Rally for Rivers   | 2        |
| 3.     | Matrabhasha Diwas Event  | 3        |
| 4.     | Blood Donation Camp  | 4        |
| 5.     | Volunteers helped in admission process and orientation program                 | 5        |
| 6.     | Voter's Day Pledge   | 6        |
| 7.     | Hindi Diwas Celebration  | 7        |
| 8.     | Wall paintings in college  | 8        |
| 9.     | Voter's Day Pledge   | 9        |
| 10.    | Voter's registration camp  | 10       |
| 11.    | Blood Donation Camp  | 11       |
| 12.    | Parakram Parv Celebrations   | 12       |
| 13.    | CPR Training at Talkatora Stadium  | 13       |
| 14.    | Sahyog- Diwali Mela – Stalls by NGOS   | 14       |
| 15.    | Run for Unity Day  | 15       |
| 16.    | Vigilance Awareness Week   | 16       |

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|     |  |    |
|-----|--|----|
| 17. | Walkathon on Road Safety   | 17 |
| 18. | Expressia- Road Safety Awareness Event   | 18 |
| 19. | Collection of materials (Cloths, toiletries, Eatables, dry ration, toys, stationary) for Goonj NGO | 19 |
| 20. | Jal Shakti Abhiyan (Poster making on water conservation)   | 20 |
| 21. | Plantation drive in the college campus   | 21 |
| 22. | Door to door cleanliness in college adjoining areas  | 22 |
| 23. | Charcha for Change:Climate Chapter   | 23 |
| 24. | Visit to NGO Goonj   | 24 |
| 25. | Workshop on Tobacco control and Prevention of Tobacco Induced Cancer                               | 25 |
| 26. | Food distribution drive to poor people near college  | 26 |
| 27. | Participation in launch of Fit India Movement  | 27 |
| 28. | 50th NSS Day Celebrations  | 28 |
| 29. | Disaster Management Training Workshop  | 29 |
| 30. | Launch of NSS@ANDC Newsletter 'Surabhi'  | 30 |
| 31. | Padyatra on 'Gandhian ideology' in area adjoining college  | 31 |
| 32. | "Vande Matram' Talk Series   | 32 |
| 33. | Door to door campaign for creating an awareness about the harm caused by single use plastics       | 33 |
| 34. | Door to Door Campaign about Voter's rights in adopted villages and slums                           | 34 |

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|     |  |    |
|-----|--|----|
| 35. | Voter awareness rally                                | 35 |
| 36. | FIT India Plog Run                                   | 36 |
| 37. | 'Sahyog' Diwali Mela                                 | 37 |
| 38. | Campus Cleanliness drive                             | 38 |
| 39. | Unity Day  | 39 |
| 40. | Activity on "How to Eradicate Corruption from India" | 40 |
| 41. | Participation in 'Walkathon; at India Gate           | 41 |
| 42. | Road Safety Workshop                                 | 42 |
| 43. | Awareness Rally on 'Beti Bachao Beti Padhao'         | 43 |
| 44. | Voter's Enrolment Camp                               | 44 |
| 45. | Swachhta Pakhwara                                    | 45 |
| 46. | Blood Donation Camp                                  | 46 |
| 47. | Door to Door Awareness Campaign about Covid          | 47 |
| 48. | Online awareness campaigns about Covid 19            | 48 |
| 49. | Recommendation of Aarogya Setu                       | 49 |
| 50. | Spitting Kills poster                                | 50 |
| 51. | COVID Awareness in slums                             | 51 |
| 52. | Blood Donation to adopted thalassemia patients       | 52 |
| 53. | Corona prevention poster                             | 53 |
| 54. | COVID Awareness Quiz                                 | 54 |
| 55. | How to make mask at home video                       | 55 |

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|     |  |    |
|-----|--|----|
| 56. | COVID-19 Awareness Videos  | 56 |
| 57. | Celebration of occasion of Hindi Diwas   | 57 |
| 58. | International Literacy Day   | 58 |
| 59. | Online Awareness through posters on International Day of Democracy   | 59 |
| 60. | Nutrition Drive  | 60 |
| 61. | Online Awareness through posters on the occasion of international day for the preservation of Ozone Layer                        | 61 |
| 62. | Shiksha Parv – Webinar on National Education Policy by Education Ministry  | 62 |
| 63. | NSS Day - Webinar by Dr. Kersi Chavda, Consultant Psychiatrist on "COVID: living well inspite of it!!"                           | 63 |
| 64. | NSS Day – Session by Dharamshila Cancer foundation & Research Centre by founder of the institute - Clean Yamuna - Prevent Cancer | 64 |
| 65. | Career opportunities in Air Force by Wing commander Sneha Singh  | 65 |
| 66. | Your Kitchen is your health Tool by Dr. Sheenu Sanjeev   | 66 |
| 67. | Mera Sangharsh, Meri Jeet, Meri Kahani - Talk by various cancer survivors  | 67 |
| 68. | Vigilance Week - Interactive Quiz on Anti-Corruption and Gender Sensitization  | 68 |
| 69. | “Gender Par Charcha“Group Discussion   | 69 |
| 70. | Covid appropriate behaviour awareness  | 70 |
| 71. | Sahyog - Assisting NGOs working for differently abled in selling their products through Video Advertisements                     | 71 |

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|     |   |    |
|-----|---|----|
| 72. | Group Discussion on “Improving the quality of life of indian farmers”   | 72 |
| 73. | Human Rights Day  | 73 |
| 74. | Road Safety Week  | 74 |
| 75. | Cloth Collection Drive – relief for needy people for winter   | 75 |
| 76. | Offline Vaccination Awareness in adopted village  | 76 |
| 77. | Plantation Drive on the occasion of National Youth Day  | 77 |
| 78. | Radio Jockey Competition  | 78 |
| 79. | Vaccination Awareness through posters   | 79 |
| 80. | Taught underprivileged students of adopted village under Project VID IPSA                                       | 80 |
| 81. | Spread Awareness on the occasion of World Cancer Day  | 81 |
| 82. | Stationary Distribution Drive under Project VID IPSA  | 82 |
| 83. | Awareness on “Mental Health” under Project Wellness   | 83 |
| 84. | Group Discussion on “Digital Life – A life behind the screen”   | 84 |
| 85. | Just-A-Minute Competition for Mental Health Awareness under Project Wellness                                    | 85 |
| 86. | Meri Kahani, Meri Zubani - Session stories narrated by cancer survivors on the occasion of National Women’s Day | 86 |
| 87. | Awareness on Government Schemes   | 87 |
| 88. | Mental Health awareness through Poster Drives on Anxiety, Mood, Bullying etc. Under Project Wellness            | 88 |



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|      |   |     |
|------|---|-----|
| 89.  | Cloth Donation Drive  | 89  |
| 90.  | Group Discussion on “Women turning out as great leader in modern world”                           | 90  |
| 91.  | Essay Competition on “The rise of women is not about the fall of men”                             | 91  |
| 92.  | Thalassemia Camp: Screening for thalassemia   | 92  |
| 93.  | Poster Drive on Cyberbullying   | 93  |
| 94.  | Group discussion on " Digital Life: A life behind the screen"                                     | 94  |
| 95.  | Various events like- Quiz, JAM etc. On “Smartphones lead to depression & mental stress”           | 95  |
| 96.  | Webinar by Dr. Suchita Kalyani, Physiotherapist on “Good & Bad Postures & magic of physiotherapy” | 96  |
| 97.  | Slogan writing competition on the occasion of World Health Day                                    | 97  |
| 98.  | Tika Utsav  | 98  |
| 99.  | Daily Feeding Stray Animals under Project Feeding Stray Animals                                   | 99  |
| 100. | Best Out of Waste Competition under Swachh Bharat Abhiyan   | 100 |
| 101. | Awareness through Poster drive related to vaccine   | 101 |
| 102. | Slogan writing competition on “Cleanliness is next to Godliness”                                  | 102 |
| 103. | Yoga Workshop by Acharyaa Swati Jha under Project Wellness  | 103 |
| 104. | Group Discussion on “fears of getting vaccination”  | 104 |
| 105. | Group Discussion on “side effects of vaccination”   | 105 |
| 106. | Article writing competition on occasion of road safety week                                       | 106 |

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|      |  |     |
|------|--|-----|
| 107. | Webinar on “Cyber Crimes and Safety measures” by Dr. Gaurav Kumar                          | 107 |
| 108. | 20 Days Yoga Series under Project Wellness   | 108 |
| 109. | Awareness through Reel, Posters, Videos - Breaking Stereotype, Pride Month June            | 109 |
| 110. | Webinar on the occasion of World Blood Donor Day by Dr. PK Goi                             | 110 |
| 111. | Awareness through poster Drug Abuse and illicit trafficking                                | 111 |
| 112. | Reel giving tribute to doctors   | 112 |
| 113. | The Beat Covid Campaign  | 113 |
| 114. | Webinar on How to make nest for sparrows by Rakesh Khetri                                  | 114 |
| 115. | World Hepatitis Day through digital posters  | 115 |
| 116. | Webinar - Hepatitis can't wait   | 116 |
| 117. | Webinar on Impact of National Education Policy on Youth Empowerment and Sports Development | 117 |
| 118. | Webinar on cancer prevention and adopting a healthy life style                             | 118 |
| 119. | Nukkad Natak on COVID Vaccination practice -15 days  | 119 |
| 120. | Nukkad Natak on COVID Vaccination in NSUT Campus   | 119 |
| 121. | Plogging Drive   | 120 |
| 122. | Essay Writing Competition- Role of women in India's freedom struggle                       | 121 |
| 123. | Interactive quiz based on quotes and beliefs of Freedom Fighter                            | 122 |
| 124. | Workshop on Financial Literacy   | 123 |
| 125. | Swachhta Pakhwada - Pledge Taking Ceremony   | 124 |
| 126. | Group Discussion on Sanskrit and Science are Synonymous on the                             | 125 |

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|      |   |     |
|------|---|-----|
|      | occasion of World Sanskrit Day  |     |
| 127. | Nature Cure for Diabetes  | 126 |
| 128. | FIT India Freedom Run of 75th Azaadi ka Amrit Mahotsav  | 127 |
| 129. | Stray Snapx, A photography competition under Project Stray Animals  | 128 |
| 130. | Nutrition Drive in adopted villages   | 129 |
| 131. | Poshan Abhiyan Quiz   | 130 |
| 132. | Yoga for nutrition workshop – NSUT  | 131 |
| 133. | e-Poster Making Competition on World Ozone Day  | 132 |
| 134. | UMANG'21 - 2 Day Inter College Fest Project Presentation Competition  | 133 |
| 135. | Group Discussion on "Gandhian Approach towards Nature Cure"   | 134 |
| 136. | Integrity Knowledge: A Relay Quiz   | 135 |
| 137. | Blood Donation Camp   | 136 |
| 138. | FIT India Freedom Run 2.0   | 137 |
| 139. | Feeding Stray Animal (for 1 month) - 1 under Project Stray Animal   | 138 |
| 140. | Youth Panel Discussion  | 139 |
| 141. | Dandi Run/ Walk on Gandhi Jayanti   | 140 |
| 142. | Art of Mind Control session under Project Wellness  | 141 |
| 143. | Quiz on the Occasion of Breast Cancer Awareness Month   | 142 |
| 144. | Online Teaching and Fun session under Project VID IPSA  | 143 |
| 145. | Awareness on Breast Cancer through Posters  | 144 |
| 146. | Film Screening on Breast Cancer   | 145 |
| 147. | Poetry Competition on occasion of Maharishi Valmiki Jayanti   | 146 |
| 148. | Quiz Competition on Green Cracker   | 147 |
| 149. | Surrounding Cleanliness under Project SBA   | 148 |
| 150. | Integrity Pledge  | 149 |
| 151. | Group Discussion on "Independent India @ 75: Self Reliance with Integrity"                                      | 150 |
| 152. | Workshop with a real time breast cancer survivor  | 151 |
| 153. | Slogan Writing Competition on "Independent India @ 75: Self Reliance with Integrity"                            | 152 |
| 154. | Group Discussion on "Relevance of Sardar Vallabh Bhai Patel in Today's World on the Occasion National Unity Day | 153 |

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|      |  |     |
|------|--|-----|
| 155. | Rashtriya Ekta Diwas Pledge  | 154 |
| 156. | Cleanliness Drive in Pochanpur Village, Dwarka   | 155 |
| 157. | Thalassemia Camp organised in NSUT   | 156 |
| 158. | Rangoli making competition under Sahyog  | 157 |
| 159. | Kahaani Bezubaano ki meri Zubaani (Individual story with stray animal)under Project Stray Animal | 158 |
| 160. | Story Writing competition on the occasion on Children Day  | 159 |
| 161. | Cloth collection Drive   | 160 |
| 162. | Interaction with HIV Infected orphaned children  | 161 |
| 163. | AIDS day rally with HIV infected orphaned children   | 162 |
| 164. | Cloth donation Event - Donated and interacted with underprivileged children                      | 163 |
| 165. | Free medical health check-up camp in Okhla slum  | 164 |
| 166. | Cancer Awareness Programmes  | 165 |
| 167. | Thalassemia Awareness and Screening  | 166 |
| 168. | Vaccination Awareness Drive  | 167 |
| 169. | Blood Donation Awareness Drive   | 168 |
| 170. | International Yoga Day Celebrations  | 169 |
| 171. | Poshan Abhiyaan  | 170 |
| 172. | Swachh Bharat Abhiyan  | 171 |
| 173. | Card making competition on world cancer day  | 172 |
| 174. | Project Feeding Stray Animals  | 173 |
| 175. | National Road Safety Week  | 174 |
| 176. | Vigilance Awareness Week   | 175 |
| 177. | Promotion of Hindi language (Hindi Diwas)  | 176 |
| 178. | Sahyog Mela  | 177 |
| 179. | Article writing on occasion of Women and Girl Child  | 178 |
| 180. | Pride Month  | 179 |
| 181. | Poster Making Competition on Safer Internet Day  | 180 |
| 182. | Calligraphy Competition on the occasion of Vasant Panchami                                       | 181 |
| 183. | Poster Making Competition on the occasion of World Day of Social Justice                         | 182 |
| 184. | Picture Interpretation Competition on National Science Day                                       | 183 |
| 185. | Online Live Quiz Competition on National Voter's Day   | 184 |
| 186. | Pledge to Vote on National Voter's Day   | 185 |
| 187. | Speech competition on National Youth Day   | 186 |

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|      |   |     |
|------|---|-----|
| 188. | Unveiling through tales   | 187 |
| 189. | Story Writing Competition on the occasion of Children's Day                     | 188 |
| 190. | Quiz Competition on Green Cracker, Team Development as a Leader - Project Ukiyo | 189 |
| 191. | World Wetland Day Live poll   | 190 |
| 192. | National Education Day  | 191 |
| 193. | Poem Recitation on Kargil Vijay Diwas   | 192 |
| 194. | Webinar on Health and Medicinal plant by Shri Rakesh Kumar                      | 193 |
|      | <b>ADDITIONAL ACTIVITIES</b>  |     |
| 1.   | Ecoville  | 194 |
| 2.   | Science Adda  | 195 |
| 3.   | Proof for adopted villages  | 196 |
| 4.   | Thalessimia blood transfusion proof   | 197 |

**3.4.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the last five years**

| <b>S.No</b> | <b>Name of the activity</b>  | <b>Collaborating agency</b>   | <b>Year of the activity</b> | <b>Number of participants</b> |
|-------------|--|-------------------------------|-----------------------------|-------------------------------|
| 1           | Swacchta Pakhwara-<br>Cleanliness drives in the<br>College and the<br>neighbouring areas | ANDC                          | 2017-18                     | 115                           |
| 2           | Rally for Rivers   | ANDC                          | 2017-18                     | 150                           |
| 3           | Matrabhasha Diwas Event  | ANDC                          | 2017-18                     | 50                            |
| 4           | Blood Donation Camp  | Ram Manohar<br>Lohia Hospital | 2017-18                     | 73                            |
| 5           | Volunteers helped in<br>admission process and<br>orientation program                     | ANDC                          | 2017-18                     | 30                            |
| 6           | Voter's Day Pledge   | ANDC                          | 2017-18                     | 63                            |
| 7           | Hindi Diwas Celebration  | ANDC                          | 2018-19                     | 30                            |
| 8           | Wall paintings in college  | ANDC                          | 2018-19                     | 10                            |

|    |  |                                |         |     |
|----|--|--------------------------------|---------|-----|
| 9  | Voter's Day Pledge   | ANDC                           | 2018-19 | 110 |
| 10 | Voter's registration camp  | ANDC                           | 2018-19 | 6   |
| 11 | Blood Donation Camp  | ANDC                           | 2018-19 | 170 |
| 12 | Parakram Parv Celebrations   | ANDC                           | 2018-19 | 20  |
| 13 | CPR Training at Talkatora Stadium  | ANDC                           | 2018-19 | 17  |
| 14 | Sahyog- Diwali Mela – Stalls by NGOS   | ANDC                           | 2018-19 | 50  |
| 15 | Run for Unity Day  | ANDC                           | 2018-19 | 60  |
| 16 | Vigilance Awareness Week   | ANDC                           | 2018-19 | 41  |
| 17 | Walkathon on Road Safety   | Delhi Police, Traffic-SR & RSC | 2018-19 | 10  |
| 18 | Expressia- Road Safety Awareness Event   | Delhi Police                   | 2018-19 | 20  |
| 19 | Collection of materials (Cloths, toiletries, Eatables, dry ration, toys, stationary) for Goonj NGO --- Twice for Kerala flood relief and throughout the year also. | Goonj NGO                      | 2018-19 | 30  |

|    |  |      |         |    |
|----|--|------|---------|----|
| 20 | Jal Shakti Abhiyan (Poster making on water conservation)             | ANDC | 2019-20 | 20 |
| 21 | Plantation drive in the college campus                               | ANDC | 2019-20 | 55 |
| 22 | Door to door cleanliness in college adjoining areas                  | ANDC | 2019-20 | 55 |
| 23 | Charcha for Change:Climate Chapter                                   | ANDC | 2019-20 | 15 |
| 24 | Visit to NGO Goonj   | ANDC | 2019-20 | 10 |
| 25 | Workshop on Tobacco control and Prevention of Tobacco Induced Cancer | ANDC | 2019-20 | 74 |
| 26 | Food distribution drive to poor people near college                  | ANDC | 2019-20 | 14 |
| 27 | Participation in launch of Fit India Movement                        | ANDC | 2019-20 | 52 |
| 28 | 50 <sup>th</sup> NSS Day Celebrations                                | ANDC | 2019-20 | 41 |
| 29 | Disaster Management Training Workshop                                | ANDC | 2019-20 | 80 |
| 30 | Launch of NSS@ANDC Newsletter 'Surabhi'                              | ANDC | 2019-20 | 41 |



|    |  |      |         |                                   |
|----|--|------|---------|-----------------------------------|
| 31 | Padyatra on 'Gandhian ideology' in area adjoining college                                    | ANDC | 2019-20 | 27                                |
| 32 | "Vande Matram' Talk Series   | ANDC | 2019-20 | 140                               |
| 33 | Door to door campaign for creating an awareness about the harm caused by single use plastics | ANDC | 2019-20 | 15                                |
| 34 | Door to Door Campaign about Voter's rights in adopted villages and slums                     | ANDC | 2019-20 | 45                                |
| 35 | Voter awareness rally  | ANDC | 2019-20 | 55                                |
| 36 | FIT India Plog Run   | ANDC | 2019-20 | 50                                |
| 37 | 'Sahyog" Diwali Mela for promoting NGO's working for disabled, orphans and senior citizens   | ANDC | 2019-20 | 36 NSS Volunteers + whole college |
| 38 | Campus Cleanliness drive   | ANDC | 2019-20 | 50                                |
| 39 | Unity Day  | ANDC | 2019-20 | 50                                |
| 40 | Activity on "How to Eradicate Corruption from India"   | ANDC | 2019-20 | Open to all students              |
| 41 | Participation in 'Walkathon; at India Gate   | ANDC | 2019-20 | 6                                 |

|    |   |                          |         |     |
|----|---|--------------------------|---------|-----|
| 42 | Road Safety Workshop  | ANDC                     | 2019-20 | 65  |
| 43 | Awareness Rally on 'Beti Bachao Beti Padhao'  | ANDC                     | 2019-20 | 25  |
| 44 | Voter's Enrolment Camp  | ANDC                     | 2019-20 | 25  |
| 45 | Swachhta Pakhwara   | ANDC                     | 2019-20 | 38  |
| 46 | Blood Donation Camp   | Indian Red Cross Society | 2019-20 | 110 |
| 47 | Door to Door Awareness Campaign about Covid 19 – causes and precautions in adopted villages   | ANDC                     | 2019-20 | 38  |
| 48 | Online awareness campaigns about Covid 19 – short videos, quizzes, posters, poems, songs etc) | ANDC                     | 2019-20 | 38  |
| 49 | Recommendation of Aarogya Setu  | ANDC                     | 2019-20 | 23  |
| 50 | Spitting Kills poster   | ANDC                     | 2019-20 | 24  |
| 51 | COVID Awareness in slums  | ANDC                     | 2019-20 | 30  |
| 52 | Blood Donation to adopted thalassemia patients  | ANDC                     | 2019-20 | 6   |

|    |   |      |         |     |
|----|---|------|---------|-----|
| 53 | Corona prevention poster  | ANDC | 2019-20 | 10  |
| 54 | COVID Awareness Quiz  | ANDC | 2019-20 | 25  |
| 55 | How to make mask at home video  | ANDC | 2019-20 | 9   |
| 56 | COVID-19 Awareness Videos   | ANDC | 2020-21 | 10+ |
| 57 | Celebration of occasion of Hindi Diwas  | ANDC | 2020-21 | 25  |
| 58 | International Literacy Day  | ANDC | 2020-21 | 30  |
| 59 | Online Awareness through posters on International Day of Democracy  | ANDC | 2020-21 | 10  |
| 60 | Nutrition Drive   | ANDC | 2020-21 | 60+ |
| 61 | Online Awareness through posters on the occasion of International day for the preservation of Ozone Layer | ANDC | 2020-21 | 8   |
| 62 | Shiksha Parv – Webinar on National Education Policy by Education Ministry                                 | ANDC | 2020-21 | 70  |
| 63 | NSS Day - Webinar by Dr. Kersi Chavda, Consultant Psychiatrist on "COVID: living well inspite of it!!"    | ANDC | 2020-21 | 100 |

|    |  |  |         |     |
|----|--|--|---------|-----|
| 64 | NSS Day – Session by Dharamshila Cancer foundation & Research Centre by founder of the institute - Clean Yamuna - Prevent Cancer | ANDC and Dharamshila Cancer Foundation and Research Centre | 2020-21 | 80  |
| 65 | Career opportunities in Air Force by Wing commander Sneha Singh  | ANDC   | 2020-21 | 90  |
| 66 | Your Kitchen is your health Tool by Dr. Sheenu Sanjeev   | ANDC   | 2020-21 | 60+ |
| 67 | Mera Sangharsh, Meri Jeet, Meri Kahani - Talk by various cancer survivors  | ANDC   | 2020-21 | 75  |
| 68 | Vigilance Week - Interactive Quiz on Anti Corruption and Gender Sensitization  | ANDC   | 2020-21 | 55  |
| 69 | “Gender Par Charcha“ Group Discusion   | ANDC   | 2020-21 | 80  |
| 70 | Covid appropriate behaviour awareness  | ANDC   | 2020-21 | 50  |
| 71 | Sahyog - Assisting NGOs working for differently abled in selling their products through Video Advertisements                     | ANDC   | 2020-21 | 25  |
| 72 | Group Discusion on “Improving the quality of life of indian farmers”   | ANDC   | 2020-21 | 60  |
| 73 | Human Rights Day   | ANDC   | 2020-21 | 15  |
| 74 | Road Safety Week   | ANDC   | 2020-21 | 60+ |

|    |  |      |         |    |
|----|--|------|---------|----|
| 75 | Cloth Collection Drive – relief for needy people for winter                  | ANDC | 2020-21 | 25 |
| 76 | Offline Vaccination Awareness in adopted village                             | ANDC | 2020-21 | 20 |
| 77 | Plantation Drive on the occasion of National Youth Day                       | ANDC | 2020-21 | 25 |
| 78 | Radio Jockey Competition   | ANDC | 2020-21 | 60 |
| 79 | Vaccination Awareness through posters  | ANDC | 2020-21 | 10 |
| 80 | Taught underprivileged students of adopted village under Project VID IPSA    | ANDC | 2020-21 | 65 |
| 81 | Spread Awareness on the occasion of World Cancer Day                         | ANDC | 2020-21 | 20 |
| 82 | Stationary Distribution Drive under Project VID IPSA                         | ANDC | 2020-21 | 25 |
| 83 | Awareness on “Mental Health” under Project Wellness                          | ANDC | 2020-21 | 15 |
| 84 | Group Discussion on “Digital Life – A life behind the screen”                | ANDC | 2020-21 | 60 |
| 85 | Just-A-Minute Competition for Mental Health Awareness under Project Wellness | ANDC | 2020-21 | 40 |

|    |   |      |         |     |
|----|---|------|---------|-----|
| 86 | Meri Kahani, Meri Zubani - Session stories narrated by cancer survivors on the occasion of National Women's Day | ANDC | 2020-21 | 80  |
| 87 | Awareness on Government Schemes   | ANDC | 2020-21 | 50  |
| 88 | Mental Health awareness through Poster Drives on Anxiety, Mood, Bullying etc. Under Project Wellness            | ANDC | 2020-21 | 30+ |
| 89 | Cloth Donation Drive  | ANDC | 2020-21 | 20  |
| 90 | Group Discussion on "Women turning out as great leader in modern world"   | ANDC | 2020-21 | 70  |
| 91 | Essay Competition on "The rise of women is not about the fall of men"   | ANDC | 2020-21 | 60  |
| 92 | Thalassemia Camp : Screening for thalassemia  | ANDC | 2020-21 | 108 |
| 93 | Poster Drive on Cyberbullying   | ANDC | 2020-21 | 15  |
| 94 | Group discussion on " Digital Life : A life behind the screen"  | ANDC | 2020-21 | 10  |
| 95 | Various events like- Quiz, JAM etc. On "Smartphones lead to depression & mental stress"                         | ANDC | 2020-21 | 70  |
| 96 | Webinar by Dr. Suchita Kalyani, Physiotherapist on "Good & Bad Postures & magic of physiotherapy"               | ANDC | 2020-21 | 80  |

|     |   |               |         |    |
|-----|---|---------------|---------|----|
| 97  | Slogan writing competition on the occasion of World Health Day    | ANDC          | 2020-21 | 30 |
| 98  | Tika Utsav  | ANDC          | 2020-21 | 40 |
| 99  | Daily Feeding Stray Animals under Project Feeding Stray Animals   | ANDC          | 2020-21 | 35 |
| 100 | Best Out of Waste Competition under Swachh Bharat Abhiyan         | ANDC          | 2020-21 | 25 |
| 101 | Awareness through Poster drive related to vaccine                 | ANDC          | 2020-21 | 30 |
| 102 | Slogan writing competition on "Cleanliness is next to Godliness"  | ANDC          | 2020-21 | 70 |
| 103 | Yoga Workshop by Acharyaa Swati Jha under Project Wellness        | ANDC and NSUT | 2020-21 | 90 |
| 104 | Group Discussion on "fears of getting vaccination"                | ANDC          | 2020-21 | 60 |
| 105 | Group Discussion on "side effects of vaccination"                 | ANDC          | 2020-21 | 60 |
| 106 | Article writing competition on occasion of road safety week       | ANDC          | 2020-21 | 40 |
| 107 | Webinar on "Cyber Crimes and Safety measures" by Dr. Gaurav Kumar | ANDC          | 2020-21 | 80 |

|     |  |                                     |         |     |
|-----|--|-------------------------------------|---------|-----|
| 108 | 20 Days Yoga Series under Project Wellness   | ANDC                                | 2020-21 | 40  |
| 109 | Awareness through Reel, Posters , Videos - Breaking Stereotype, Pride Month June           | ANDC                                | 2020-21 | 50  |
| 110 | Webinar on the occasion of World Blood Donor Day by Dr. PK Goi                             | NGO KHOON                           | 2020-21 | 100 |
| 111 | Awareness through poster Drug Abuse and illicit trafficking                                | ANDC                                | 2020-21 | 12  |
| 112 | Reel giving tribute to doctors   | ANDC                                | 2020-21 | 5   |
| 113 | The Beat Covid Campaign  | MGNCRE,<br>MINISTRY OF<br>EDUCATION | 2021-22 | 76  |
| 114 | Project " Ek aashiyana inka bhi"   | ANDC                                | 2021-22 | 70+ |
| 115 | World Hepatitis Day through digital posters  | ANDC                                | 2021-22 | 10  |
| 116 | Webinar - Hepatitis can't wait   | ANDC                                | 2021-22 | 82  |
| 117 | Webinar on Impact of National Education Policy on Youth Empowerment and Sports Development | ANDC                                | 2021-22 | 85  |
| 118 | Webinar on cancer prevention and adopting a healthy life style                             | NSUT and Sanjeevani                 | 2021-22 | 69  |



|     |   |                         |         |     |
|-----|---|-------------------------|---------|-----|
| 119 | Nukkad Natak on COVID Vaccination practice -15 days   | ANDC                    | 2021-22 | 25  |
| 120 | Nukkad Natak on COVID Vaccination in NSUT Campus  | ANDC                    | 2021-22 | 25  |
| 121 | Plogging Drive  | NSUT                    | 2021-22 | 20+ |
| 122 | Essay Writing Competition- Role of women in India's freedom struggle                          | ANDC                    | 2021-22 | 60  |
| 123 | Interactive quiz based on quotes and beliefs of Freedom Fighter                               | ANDC                    | 2021-22 | 65+ |
| 124 | Workshop on Financial Literacy  | Vittshala, SRCC         | 2021-22 | 70  |
| 125 | Swachhta Pakhwada - Pledge Taking Ceremony  | ANDC                    | 2021-22 | 50  |
| 126 | Group Discussion on Sanskrit and Science are Synonymous on the occasion of World Sanskrit Day | ANDC                    | 2021-22 | 60  |
| 127 | Nature Cure for Diabetes  | AyurYoga Life Institute | 2021-22 | 110 |
| 128 | FIT India Freedom Run of 75th Azaadi ka Amrit Mahotsav  | ANDC                    | 2021-22 | 53  |
| 129 | Stray Snapx, A photography competition under Project Stray Animals                            | ANDC                    | 2021-22 | 50  |

|     |  |               |         |     |
|-----|--|---------------|---------|-----|
| 130 | Nutrition Drive in adopted villages                                  | ANDC          | 2021-22 | 35  |
| 131 | Poshan Abhiyan Quiz  | ANDC          | 2021-22 | 40  |
| 132 | Yoga for nutrition workshop – NSUT                                   | NSUT cell     | 2021-22 | 96  |
| 133 | e-Poster Making Competition on World Ozone Day                       | ANDC          | 2021-22 | 55  |
| 134 | UMANG'21 - 2 Day Inter College Fest Project Presentation Competition | Gargi College | 2021-22 | 70  |
| 135 | Group Discussion on "Gandhian Approach towards Nature Cure"          | ANDC          | 2021-22 | 60  |
| 136 | Integrity Knowledge : A Relay Quiz                                   | ANDC          | 2021-22 | 40  |
| 137 | Blood Donation Camp  | ANDC          | 2021-22 | 30  |
| 138 | FIT India Freedom Run 2.0  | ANDC          | 2021-22 | 964 |
| 139 | Feeding Stray Animal (for 1 month) - 1 under Project Stray Animal    | ANDC          | 2021-22 | 20  |
| 140 | Youth Panel Discussion   | ANDC          | 2021-22 | 115 |

|     |   |                              |         |     |
|-----|---|------------------------------|---------|-----|
| 141 | Dandi Run/ Walk on Gandhi Jayanti   | ANDC                         | 2021-22 | 964 |
| 142 | Art of Mind Control session under Project Wellness                          | YMCA                         | 2021-22 | 40  |
| 143 | Quiz on the Occasion of Breast Cancer Awareness Month                       | Vivekananda college          | 2021-22 | 544 |
| 144 | Online Teaching and Fun session under Project VID IPSA                      | ANDC                         | 2021-22 | 73  |
| 145 | Awareness on Breast Cancer through Posters                                  | ANDC                         | 2021-22 | 700 |
| 146 | Film Screening on Breast Cancer   | ANDC and Vivekananda college | 2021-22 | 561 |
| 147 | Poetry Competition on occasion of Maharishi Valmiki Jayanti                 | ANDC                         | 2021-22 | 15  |
| 148 | Quiz Competition on Green Cracker   | ANDC                         | 2021-22 | 50+ |
| 149 | Surrounding Cleanliness under Project SBA                                   | ANDC                         | 2021-22 | 50+ |
| 150 | Integrity Pledge  | ANDC                         | 2021-22 | 30  |
| 151 | Group Discussion on "Independent India @ 75 : Self Reliance with Integrity" | ANDC                         | 2021-22 | 150 |

|     |   |      |         |      |
|-----|---|------|---------|------|
| 152 | Workshop with a real time breast cancer survivor  | ANDC | 2021-22 | 550  |
| 153 | Slogan Writing Competition on "Independent India @ 75 : Self Reliance with Integrity"                           | ANDC | 2021-22 | 156  |
| 154 | Group Discussion on "Relevance of Sardar Vallabh Bhai Patel in Today's World on the Occasion National Unity Day | ANDC | 2021-22 | 40   |
| 155 | Rashtriya Ekta Diwas Pledge   | ANDC | 2021-22 | 30   |
| 156 | Cleanliness Drive in Pochanpur Village, Dwarka  | ANDC | 2021-22 | 100+ |
| 157 | Thalassemia Camp organised in NSUT  | ANDC | 2021-22 | 60+  |
| 158 | Rangoli making competition under Sahyog   | ANDC | 2021-22 | 24   |
| 159 | Kahaani Bezubaano ki meri Zubaani (Individual story with stray animal)under Project Stray Animal                | ANDC | 2021-22 | 28   |
| 160 | Story Writing competition on the occasion on Children Day   | ANDC | 2021-22 | 15   |
| 161 | Cloth collection Drive  | ANDC | 2021-22 | 20+  |
| 162 | Interaction with HIV Infected orphaned children   | ANDC | 2021-22 | 6    |

|     |   |  |         |      |
|-----|---|--|---------|------|
| 163 | AIDS day rally with HIV infected orphaned children                          | ANDC   | 2021-22 | 6    |
| 164 | Cloth donation Event - Donated and interacted with underprivileged children | ANDC   | 2021-22 | 6    |
| 165 | Free medical health check-up camp in Okhla slum                             | ANDC   | 2021-22 | 115  |
| 166 | Cancer Awareness Programmes   | Dr. B.R. Ambedkar centre for biomedical research and Delhi school of public health, IOE, University of Delhi | 2021-22 | 563  |
| 167 | Thalassemia Awareness and Screening   | Maulana Azad Medical College and BHOR- living humanly foundation   | 2021-22 | 216  |
| 168 | Vaccination Awareness Drive   | ANDC   | 2021-22 | 18   |
| 169 | Blood Donation Awareness Drive  | Bloodconnect Foundation  | 2021-22 | 95   |
| 170 | International Yoga Day Celebrations   | NSUT   | 2021-22 | 2317 |
| 171 | Poshan Abhiyaan   | ANDC   | 2021-22 | 60   |
| 172 | Swachh Bharat Abhiyan   | ANDC (Birla House)   | 2021-22 | 22   |

|     |  |      |         |      |
|-----|--|------|---------|------|
| 173 | Card making competition on world cancer day                              | ANDC | 2021-22 | 35   |
| 174 | Project Feeding Stray Animals  | ANDC | 2021-22 | 15   |
| 175 | National Road Safety Week  | ANDC | 2021-22 | 58   |
| 176 | Vigilance Awareness Week   | ANDC | 2021-22 | 2317 |
| 177 | Promotion of Hindi language (Hindi Diwas)                                | ANDC | 2021-22 | 53   |
| 178 | Sahyog Mela  | ANDC | 2021-22 | 3000 |
| 179 | Article writing on occasion of Women and Girls in science                | ANDC | 2021-22 | 53   |
| 180 | Pride Month  | ANDC | 2021-22 | 54   |
| 181 | Poster Making Competition on Safer Internet Day                          | ANDC | 2021-22 | 67   |
| 182 | Calligraphy Competition on the occasion of Vasant Panchmi                | ANDC | 2021-22 | 45   |
| 183 | Poster Making Competition on the occasion of World Day of Social Justice | ANDC | 2021-22 | 62   |

|     |   |      |         |      |
|-----|---|------|---------|------|
| 184 | Picture Interpretation Competition on National Science Day                      | ANDC | 2021-22 | 35   |
| 185 | Online Live Quiz Competition on National Voter's Day                            | ANDC | 2021-22 | 62   |
| 186 | Pledge to Vote on National Voter's Day  | ANDC | 2021-22 | 2317 |
| 187 | Speech competition on National Youth Day  | ANDC | 2021-22 | 55   |
| 188 | Unveiling through tales   | ANDC | 2021-22 | 25   |
| 189 | Story Writing Competition on the occasion of Children's Day                     | ANDC | 2021-22 | 25   |
| 190 | Quiz Competition on Green Cracker, Team Development as a Leader - Project Ukiyo | ANDC | 2021-22 | 91   |
| 191 | World Wetland day Live poll   | ANDC | 2021-22 | 20   |
| 192 | National Education Day  | ANDC | 2021-22 | 20   |
| 193 | Poem Recitation on Kargil Vijay Diwas   | ANDC | 2021-22 | 97   |
| 194 | Webinar on Health and Medicinal plant by Shri Rakesh Kumar                      | ANDC | 2021-22 | 73   |

**Additional  
Activities**

|   |   |      |              |  |
|---|---|------|--------------|--|
| 1 | Ecoville                                    | ANDC | 2021-22      |  |
| 2 | Science Adda                                | ANDC | 2021-22      |  |
| 3 | Five villages adopted under UBA             | ANDC | 2020-21      |  |
| 4 | Thalessimia blood transfusion to five girls | ANDC | 2014 onwards |  |



2017-2018

1.

**Title:** Swachta Pakhwada-Cleanliness drives in the College and the neighboring areas.

**No. of Participants:** 115

**Name of Collaborating agency:** ANDC

**Report:** In the College, NSS continued with its pledge towards 'Swachh Bharat Abhiyaan' and organized cleanliness drives in the College and the neighboring areas from time to time throughout the year.



2.

**Title:** Rally for rivers

**No. of Participants:** 150

**Name of collaborating agency:** ANDC

**Report:** India's lifeline is its rivers which are dying. A lot of effort had gone into exploiting this rapidly diminishing water resource. The core solution for revitalizing rivers is to create and maintain a green cover for a width of one kilometer on either side of the river so as to enhance rainfall and to increase ground water through tree root percolation. The first step, however, is to make everyone in the nation realize that there is a problem. NSS having an advantage of a large volunteer network of students was assigned a task to make it the largest social movement of India. This campaign involved each and every volunteer of NSS. Each volunteer was assigned a target to bring awareness to a minimum of 10 people about the campaign as well as to get a minimum of 10 missed calls to 80009 80009 from different people. Our college NSS volunteers participated actively in the event and also attended the culmination event on 2<sup>nd</sup> October 2017 in Delhi IG stadium.



**3.**

**Title:** Matrabhasha Diwas Event

**No. of Participants:** 50

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC celebrated Matrabhasha Diwas by organizing a Debate competition. Students from various courses participated with great enthusiasm.



**4.**

**Title:** Blood donation camp

**No. of Participants:** 73

**Name of collaborating agency:** Ram Manohar Lohia Hospital

**Report:** A blood donation camp was organized on October 10, 2017 by the blood bank of Ram Manohar Lohia Hospital. There was an overwhelming response from the students for the motto 'Save lives, Donate blood'.



5.

**Title:** Volunteers helped in admission process and orientation program

**No. of Participants:** 30

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC helped newcomers in admission process by guiding them to various departments,

admin office etc. They also helped in the smooth conduct of the orientation program.



6.

**Title:** Voter's day pledge

**No. of Participants:** 63

**Name of collaborating agency:** ANDC

**Report:** Voter's Day on January 25, 2019 was marked with Voter's pledge was taken by ANDC Students being guided by Acting Principal Dr. Ravi Toteja.



2018-19

7.

**Title:** Hindi Diwas Celebration

**No. of Participants:** 30

**Name of collaborating agency:** ANDC

**Report:** NSS unit celebrated Hindi Diwas on September 14, 2018 by organizing:

**a.** Creative Writing Competition

**b.** Conventional Debate with Debating Society 'Tark': Eight teams participated in the conventional debate & prizes were declared; Devyansh Singh, B.Sc. Phys. Sc. (Chem) II year and Nikhil Dudeja, B.Sc. (H) Chemistry II year (1st Prize), Ishita Singh, B.Sc. Phys. Sc. (Chem) I year and Vidushi Saxena, B.Sc. (H) Zoo I year (2nd Prize) and Abhishek Shukla, B.Sc. (H) Computer Science, II year, and Mukund Nagpure, B.Sc. (H) Zoo I year (Appreciation)

**c.** Poetry Recitation Competition: Out of 25 participants, three best recitations were awarded; Vidushi, B.Sc. (H) Zoology I year -First Prize, Geetika Pathak, B.Com (H) III year-Second Prize, Nabarum - Third Prize

**d.** Quiz competition



8.

**Title:** Wall paintings in college

**No. of Participants:** 10

**Name of collaborating agency:** ANDC

**Report:** Wall paintings in College and adopted slums by ANDC NSS Volunteers.





9.

**Title:** Voter's day pledge

**No. of Participants:** 110

**Name of collaborating agency:** ANDC

**Report:** Voter's Day on January 25, 2019 was marked with Voter's pledge was taken by ANDC Students being guided by Acting Principal Dr. Ravi Toteja.



10.

**Title:** Voter's registration camp

**No. of Participants:** 6

**Name of collaborating agency:** ANDC

**Report:** A Voter's registration Camp - Special Summary Revision of Photo Electoral Rolls Intensive Nature -2019,

was held at Acharya Narendra Dev College, on September 27 and 28, 2018 as directed by Chief Electoral Officer, Delhi through DU NSS Centre. In this camp all Delhi based students who will turn eighteen on or before January 1, 2019, were provided with registration forms to apply for Voter's Identity cards.



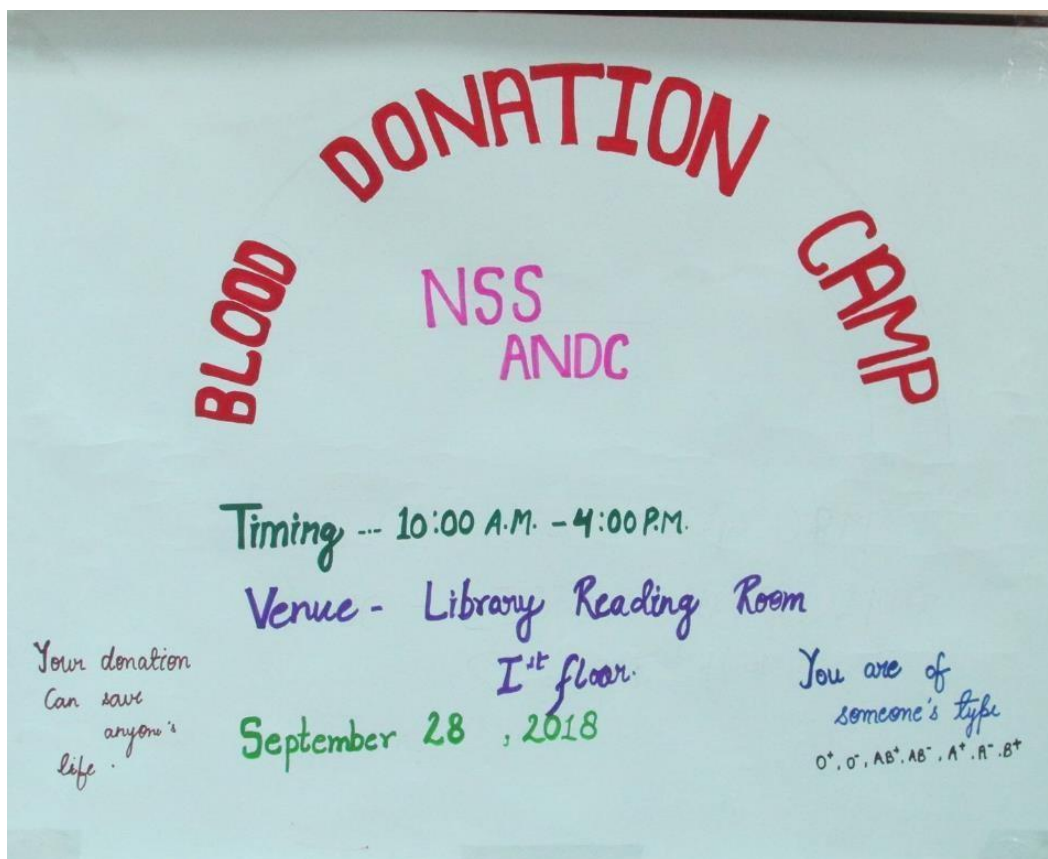
11.

**Title:** Blood donation camp

**No. of Participants:** 170

**Name of collaborating agency:** ANDC

**Report:** NSS organized the first blood donation camp on Aug 18, 2018, for adopted Thalassemic patients and the second with GTB Hospital Blood Bank on September 28, 2018. Around 170 volunteers (students, faculty, non-teaching staff) donated blood for the same.



12.

**Title:** Parakram Parv Celebrations

**No. of Participants:** 20

**Name of collaborating agency:** ANDC

**Report:** Twelve volunteers represented ANDC NSS unit in the Parakram Parv (mark of respect and tribute to Indian Armed Forces) celebrations held at India Gate on September 29 and 30, 2018.



13.

**Title:** CPR training at Talkatora stadium

**No. of Participants:** 17

**Name of collaborating agency:** Ministry of Youth Affairs and Sports and Heart Care Foundation of India

**Report:** Seventeen NSS Volunteers of ANDC participated in CPR (Cardiopulmonary Resuscitation) Training at Talkatora Stadium, Delhi - an Event organized by Ministry of Youth Affairs and Sports and Heart Care Foundation of India on October 23, 2018.



14.

**Title:** Sahyog- Diwali Mela

**No. of Participants:** 50

**Name of collaborating agency:** ANDC

**Report:** Diwali Mela 'Sahyog' was organized on Friday, October 26, 2018 in college front lawns. This year 14 NGO's working for the differently abled persons, underprivileged people and orphans participated in the event. Cultural programs by various college societies marked the event.



15.

**Title:** Run for unity day

**No. of Participants:** 60

**Name of collaborating agency:** ANDC

**Report:** On October 31, 2018, a 'Run for Unity' was organized in the college campus for Unity Day, in which 60 volunteers participated and took a unity oath.



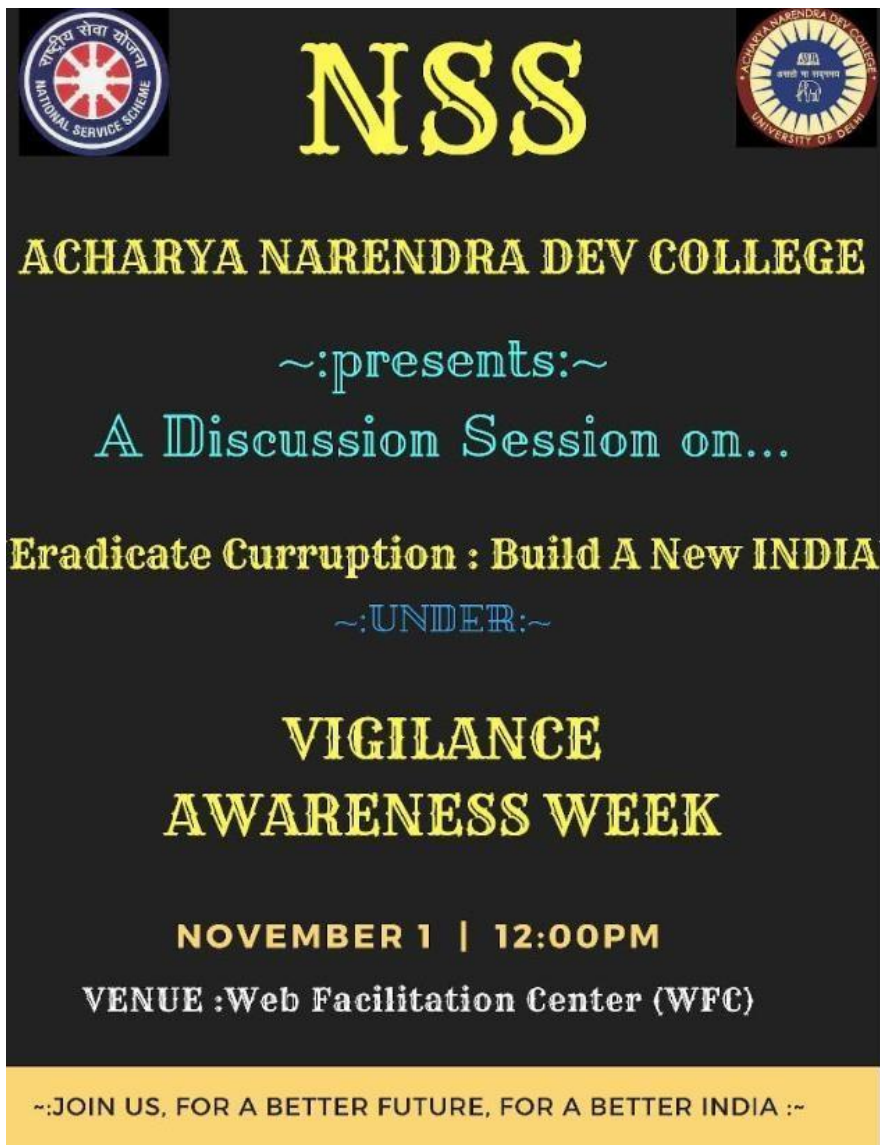
16.

**Title:** Vigilance Awareness Week

**No. of Participants:** 41

**Name of collaborating agency:** ANDC

**Report:** During the Vigilance Awareness Week (29 Oct – 03 Nov 2018), NSS Volunteers organized a discussion Session on ‘Eradicating Corruption: Build a New India’ on November 01, 2018.



The poster features a black background with yellow and white text. At the top left is the National Service Scheme (NSS) logo, and at the top right is the Acharya Narendra Dev College logo. The central text reads: 'NSS' in large yellow letters, followed by 'ACHARYA NARENDRA DEV COLLEGE' in yellow. Below this, it says '~:presents::~~' in light blue, 'A Discussion Session on...' in light blue, and 'Eradicate Corruption : Build A New INDIA' in yellow. Underneath is '~:UNDER::~~' in light blue, followed by 'VIGILANCE AWARENESS WEEK' in large yellow letters. The date and time are 'NOVEMBER 1 | 12:00PM' in yellow, and the venue is 'VENUE :Web Facilitation Center (WFC)' in white. At the bottom, a yellow banner contains the text '-:JOIN US, FOR A BETTER FUTURE, FOR A BETTER INDIA :-' in black.



17.

**Title:** Walkathon on road safety

**No. of Participants:** 10

**Name of collaborating agency:** Delhi Police ,Traffic-SR & RSC

**Report:** Ten NSS Volunteers participated in 'Walkathon on Road Safety' organized by Delhi Police, Traffic-SR & RSC, on February 04, 2019 at India Gate.



18.

**Title:** Expressia- Road safety awareness event

**No. of Participants:** 20

**Name of collaborating agency:** Delhi Police

**Report:** A two hours interactive session 'Expressia' was organized in collaboration with India Road Safety Campaign (IRSC) and Delhi Police on February 08, 2019 at ANDC. ASI Hoshiar Singh and Parimal Bhati from Delhi Police and Ms. Saloni from IRSC interacted with students about the theme, Competitive activities like essay writing, slogan writing and poster competition were also organized.

The poster features logos for Hindustan Times, NHTD (We Care), and the Indian Road Safety Campaign. The main title is '30th National Road Safety Week' with the slogan 'Sadak Suraksha Jeevan Raksha'. The event name 'Expressia' is written in a stylized font with a pen nib graphic. Below it, the text 'Come & Express the Change' is displayed. The central illustration shows a yellow bus and a person on a motorcycle. At the bottom, the venue is 'Acharaya Narendra Dev College', the time is '11:30 AM - 01:30 PM', and the date is 'FEBRUARY 08, 2019'. A QR code is also present.

**TAKE A PLEDGE**  
To Make Our Roads safer.

**#BeARoadHero**

**19.**

**Title:** Collection of materials (Cloths, toiletries, Eatables, dry ration, toys, stationary) for Goonj NGO --- Twice for Kerala flood relief and throughout the year also.

**No. of Participants:** 30

**Name of collaborating agency:** Goonj

**Report:** In January 2020, NSS Unit had a clothes and other utility items collection drive throughout the campus. The material collected was sent to Goonj for the purposeful use.



2019-20

20.

**Title:** Jal Shakti Abhiyan ( Poster making on water conservation)

**No. of Participants:** 20

**Name of collaborating agency:** ANDC

**Report:** The NSS unit of ANDC carried out two activities on July 30, 2019 as part of Jal Shakti Abhiyaan. A poster competition was organized on the theme of Water Conservation. The best posters were then used as a part of door to door campaign in the area adjoining college by NSS volunteers.



**21.**

**Title:** Plantation drive in college campus

**No. of Participants:** 55

**Name of collaborating agency:** ANDC

**Report:** On August 5, 2019, NSS volunteers carried out a plantation drive on the college campus.



22.

**Title:** Door to door cleanliness in college adjoining areas

**No. of Participants:** 55

**Name of collaborating agency:** ANDC

**Report:** From August 6-8, 2019, a cleanliness awareness campaign (door to door) was done in the adopted villages at Okhla, Zamroodpur, Kotla and Khanpur. On August 9 and 10, 2019 a cleanliness drive with the help of local residents was carried out in the adopted villages. On August 13, 2019, a Swachhta Awareness rally was held in Giri Nagar, the area adjoining the college.



23.

**Title:** Charcha for change: Climate chapter

**No. of Participants:** 15

**Name of collaborating agency:** ANDC

**Report:** On August 5, 2019 fifteen NSS volunteers participated in ‘Charcha for Change: Climate Chapter’

organized by Josh Talks and UNDP at India Habitat Centre, New Delhi.



#### Charcha For Change

Charcha For Change was a talk discussing the most important issue of the hour, i.e. Climate Change. It was an initiative of Josh Talks and UNDP who brought together an environment for us all that talked about climate. In a world where many people fail to believe climate change exists, the organisers wanted to initiate a conversation over it to lay the foundation for some innovative ideas for a sustainable and safe future.

Fifteen volunteers attended the event held on 5th August at Indian Habitat Centre. Volunteers felt inspired by the welcome address by Ms. Shoko Noda who is UNDP Resident Representative followed by a number of talks of innovators and entrepreneurs who have done a commendable work in this field. There was also an environment pop quiz on environment conservation and a panel discussion on "Climate Change and Innovative Paths to a sustainable future" which was very insightful.

24.

**Title:** Visit to NGO Goonj

**No. of Participants:** 10

**Name of collaborating agency:** ANDC

**Report:** On August 10, 2019 NSS volunteers visited the Sarita Vihar Unit of Goonj, an NGO to understand their collection and processing methods.





25.

**Title:** Workshop on Tobacco control and prevention of tobacco induced cancer

**No. of Participants:** 74

**Name of collaborating agency:** ANDC

**Report:** On August 22, 2019 ANDC NSS Unit organized a workshop on 'Tobacco Control and Prevention of Tobacco Induced Cancer' in collaboration with Sambandh NGO. Mr Sanjay Seth, the Head of Pleg4life Campaign, Mr Pramod, Group Coordinator for Maharashtra and Delhi regions and Dr Saurabh Gupta, Cancer Surgeon, Max Hospital, Shalimar Bagh, interacted with NSS volunteers.



26.

**Title:** Food distribution drive to poor people near college

**No. of Participants:** 14

**Name of collaborating agency:** ANDC

**Report:** On August 23, 2019 ANDC NSS volunteers collected all the leftover food from each department

after the Freshers' Welcome Party in the college and distributed it to the needy people outside the Gurudwara near the college. They could serve 110 people.

### **An attempt to prevent food wastage**

Most of the informal functions organized in the campus witness wastage of large quantities of leftover food. Agitated with this wastage of resources, one of our NSS volunteer, Utkarsh Singh (inspired from a last year's volunteer Manisha) came up with a suggestion of collection and distribution of all leftover food to hungry and needy people as and when the college will organize any such party. The idea was implemented in very first event 'Fresher's party' organized by every department. Once the party was over, NSS Volunteers collected the food from all departments (each department had its own catering arrangement). They were provided bigger utensils for collection by the canteen owner Mr. Tarun. They hired a *rickshaw* and went near the Gurudwara few hundred meters away from our college and distributed the food among the labor class people. The food was sufficient to be served to around 110 people. The benefitted people were also given a lesson to throw their used paper plates in dustbin. This took care of littering on the road.



27.

**Title:** Participation in launch of FIT India movement

**No. of Participants:** 52

**Name of collaborating agency:** ANDC

**Report:** On August 29, 2019 eleven NSS volunteers attended the launch of Fit India Movement by the Hon'ble Prime Minister of India, Shri Narendra Modi, at Indira Gandhi Stadium Complex, New Delhi. Other NSS volunteers attended the live telecast of the same programme arranged by the Sports Committee of the college.



28.

**Title:** 50th NSS Day celebration

**No. of Participants:** 41

**Name of collaborating agency:** ANDC

**Report:** The Unit celebrated the 50th NSS Day on September 24, 2019 by organizing 'Disaster Management Training' by District Disaster Management Authority (South -East). The training was given by NDRF (National Disaster Response Force) team headed by SI Shakeel Ahmad. The NSS unit of ANDC released its first ever Newsletter Surabhi on this special day. The day ended with a plastic collection drive and Padyatra from the College Administrative Block to the nearby GiriNagar Park with self-made posters on Gandhian ideology.



29.

**Title:** Disaster management training workshop

**No. of Participants:** 80

**Name of collaborating agency:** District Disaster Management Authority (South -East)

**Report:** The Unit celebrated the 50th NSS Day on September 24, 2019 by organizing 'Disaster Management Training' by District Disaster Management Authority (South -East). The training was given by NDRF (National Disaster Response Force) team headed by SI Shakeel Ahmad.



30.

**Title:** Launch of NSS newsletter 'Surabhi'

**No. of Participants:** 41

**Name of collaborating agency:** ANDC

**Report:** The Unit celebrated the 50th NSS Day on September 24, 2019 by organizing 'Disaster Management Training' by the District Disaster Management Authority (South -East). The training was given by the NDRF (National Disaster Response Force) team headed by SI Shakeel Ahmad. The NSS unit of ANDC released its first ever Newsletter Surabhi on this special day. The day ended with a plastic collection drive and Padyatra from the College Administrative Block to the nearby GiriNagar Park with self-made posters on Gandhian ideology.



31.

**Title:** Padyatra on “ Gandhian Ideology” in area adjoining college

**No. of Participants:** 27

**Name of collaborating agency:** ANDC

**Report:** The Unit celebrated the 50th NSS Day on September 24, 2019 by organizing 'Disaster Management Training' by District Disaster Management Authority (South -East). The training was given by NDRF (National Disaster Response Force) team headed by SI Shakeel Ahmad. The NSS unit of ANDC released its first ever Newsletter Surabhi on this special day. The day ended with a plastic collection drive and Padyatra from the College Administrative Block to the nearby GiriNagar Park with self-made posters on Gandhian ideology.

**Acharya Narendra Dev College**  
(University of Delhi)

**NSS@ANDC**  
is celebrating  
**NSS DAY**  
**24TH SEPTEMBER, 2019**

---

**DISASTER MANAGEMENT TRAINING**  
BY  
NATIONAL DISASTER RESPONSE FORCE  
**09:45 AM ONWARDS | SEMINAR HALL**

---

**PLASTIC COLLECTION DRIVE**  
CONTRIBUTE YOUR PART TOWARDS  
RECYCLING & REUSING PLASTIC WASTE.

---

**PAD YATRA ON GANDHIAN IDEOLOGY**  
ADMIN BLOCK TO GIRI NAGAR PARK  
🕒 01:00 PM  
**EXHIBITION ON GANDHIAN IDEOLOGY**  
IN GIRI NAGAR PARK

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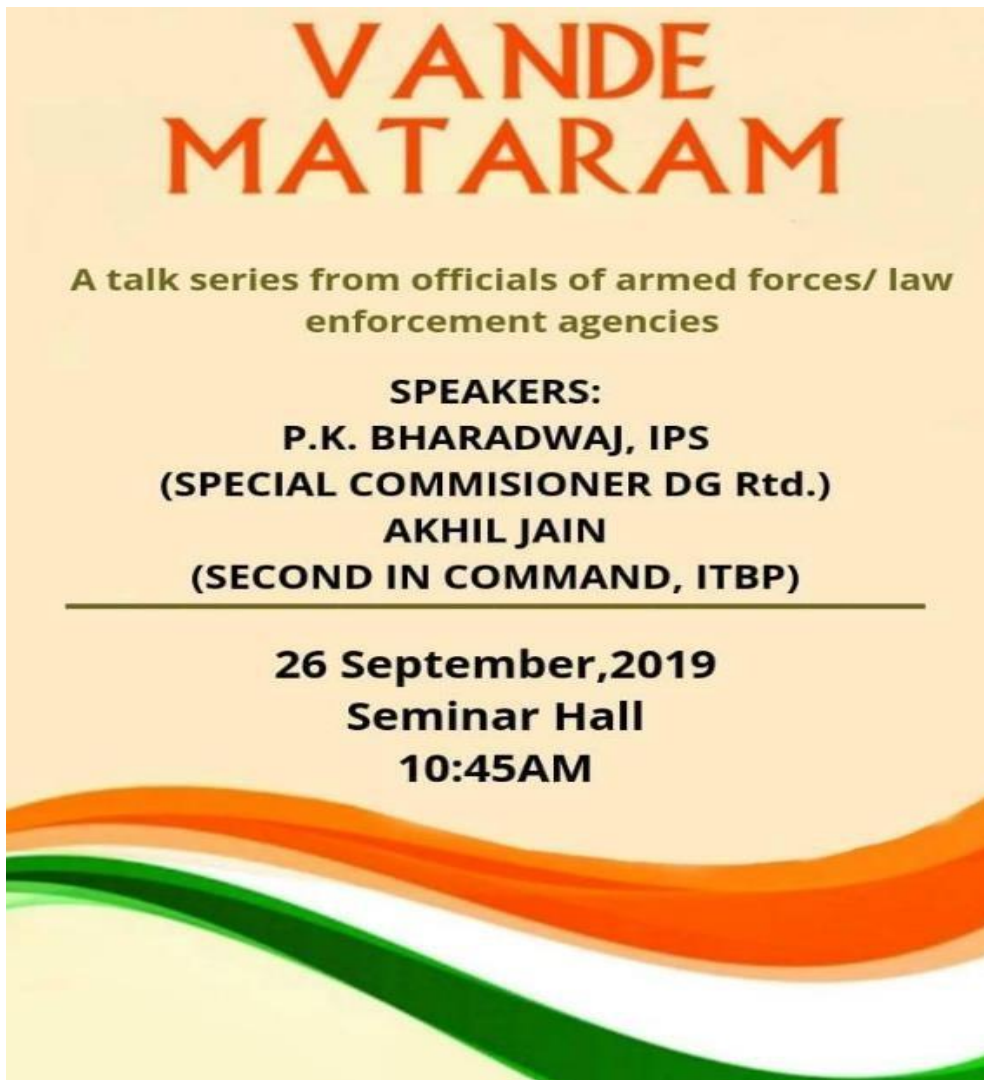
32.

**Title:** “ Vande Matram” Talk series

**No. of Participants:** 140

**Name of collaborating agency:** ANDC

**Report:** The NSS unit started a series of talks entitled Vande Matram, which had speakers from the Armed Forces and Law Enforcement Agencies. The first two speakers in the series were Mr Pradeep Kumar Bharadwaj, IPS, Special Commissioner (DG, retd) and Mr Akhil Jain, second in Command, Indo Tibetan Border Police who interacted with students on September 26, 2019 in the Seminar Hall of the college.





33.

**Title:** Door to door campaign for creating an awareness about the harm caused by single use plastics

**No. of Participants:** 15

**Name of collaborating agency:** ANDC

**Report:** On October 2, 2019, ANDC NSS unit carried out community mobilization in discouraging single use plastic and hence curb the plastic waste generation in adopted slums.



34.

**Title:** Door to door campaign about Voter's rights in adopted villages and slums

**No. of Participants:** 45

**Name of collaborating agency:** ANDC

**Report:** On January 25, 2020, the Unit observed Voter's Day by carrying out an extensive door to door campaign in adopted villages to spread the awareness about the voting rights and procedure.



35.

**Title:** Voter awareness rally

**No. of Participants:** 55

**Name of collaborating agency:** ANDC

**Report:** On January 27, 2020, NSS volunteers organized a Voter's awareness rally in Govindpuri, in association with District Election Officer, Kalkaji. Students also made a theme based rangoli in college campus to draw the attention of students to the issue.



36.

**Title:** FIT India Plog Run

**No. of Participants:** 50

**Name of collaborating agency:** ANDC

**Report:** The ANDC unit also observed Fit India Plog Run in collaboration with the Sports Committee of the college.



37.

**Title:** ‘Sahyog’ Diwali Mela for promoting NGO’s working for disabled, orphans and senior Citizens

**No. of Participants:** 36 + college

**Name of collaborating agency:** ANDC

**Report:** On October 16, 2019, the NSS unit of ANDC organized its annual event, ‘Sahyog’. Sahyog is a platform to inculcate and promote in the NSS volunteers and other college students, sensitivity towards the disabled persons.



38.

**Title:** Campus Cleanliness drive

**No. of Participants:** 50

**Name of collaborating agency:** ANDC

**Report:** From January 16-31, 2020, NSS unit observed third Swachhta Pakhwada as directed by University of Delhi. During this fortnight, NSS unit organized Swachhta Oath taking on January 16, Plog run on January 17, campus cleanliness drive on January 21 and 25, Group Discussion on Importance of cleanliness on January 23, Group discussion on Forest Conservation on January 24, and slogan writing activity on January 29, 2020.



39.

**Title:**Unity Day

**No. of Participants:**50

**Name of collaborating agency:**ANDC

**Report:**On October 31, 2019 the ANDC NSS Unit observed Unity Day. Unity pledge was taken by NSS volunteers followed by a run for unity in the area adjoining the college. An essay and poetry writing competition on the theme 'Unity and Social Media' was organized in which 50 students participated.



40.

**Title:** Activity on how to eradicate corruption and build new India

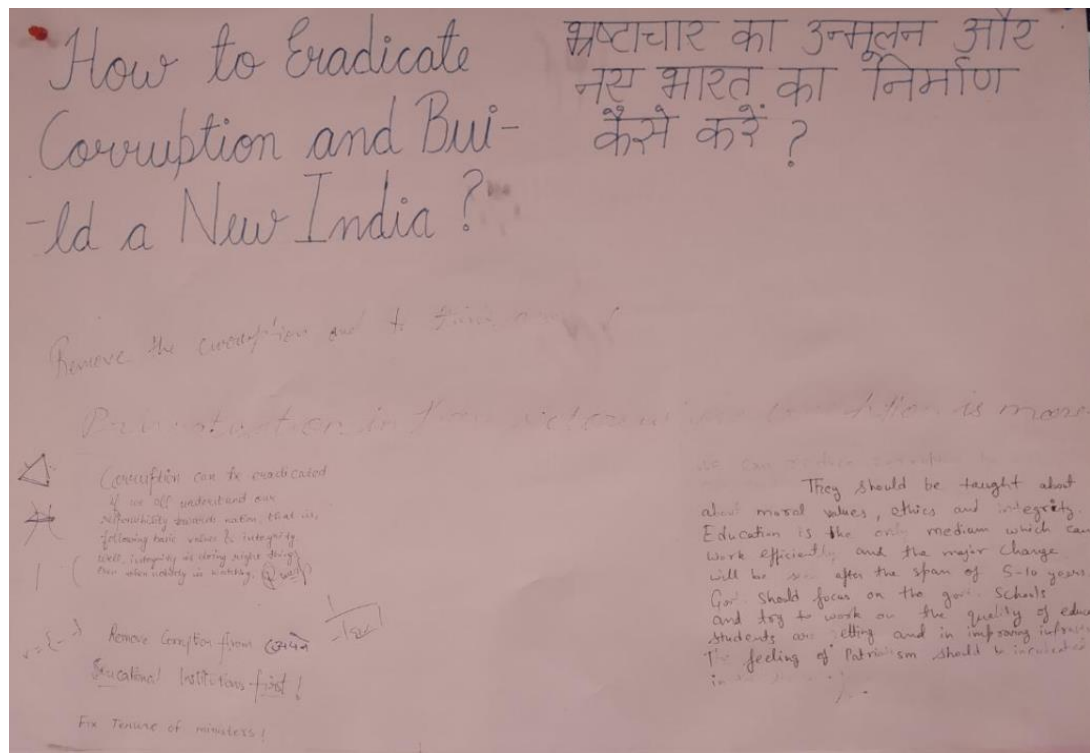
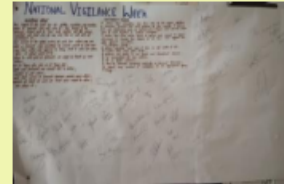
**No. of Participants:** open to all students

**Name of collaborating agency:** ANDC

**Report:**

### Vigilance Awareness Week

On November 4, 2019, during the Vigilance awareness week, NSS Volunteers took an initiative to get the Integrity Pledge signed by students of ANDC, by putting it on NSS notice board. Students were also asked to 'Express their views' on 'How to eradicate corruption and build new India, on the chart papers put up on NSS Board.





41.

**Title:** Participation in Walkathon at India Gate

**No. of Participants:** 6

**Name of collaborating agency:** ANDC

**Report:** On January 11, 2020, ANDC NSS volunteers participated in a Walkathon organized by Delhi Police at India Gate.



42.

**Title:** Road Safety Workshop

**No. of Participants:** 65

**Name of collaborating agency:** ANDC

**Report:** On January 16, 2020, a Road Safety Workshop was organized in the college campus in collaboration with Delhi Traffic Police and Indian Road Safety Campaign. A Pledge was also taken by the participants to follow traffic rules.



43.

**Title:** Awareness Rally on 'Beti Bachao Beti Padhao'

**No. of Participants:** 25

**Name of collaborating agency:** ANDC

**Report:**

The unit observed **National Girl Child Day** on **January 24, 2020** by organizing an awareness rally in Govindpuri area on the theme 'Beti Bachao Beti Padhao'. Students carried self-prepared placards for the rally. The rallies organized this way attracted the attention of residents and passerby who were thus forced to think over the issue highlighted through the placards.



<https://fb.watch/i9-0epdh74/?mibextid=2Rb1f>

44.

**Title:** Voter's Enrolment Camp

**No. of Participants:** 25

**Name of collaborating agency:** ANDC

**Report:** On January 28 and 29, 2020, a Voter's enrolment camp was set up to enroll new voters, to help existing voters to verify their voter's ID card online.



45.

**Title:** Swachhta Pakhwara

**No. of Participants:** 38

**Name of collaborating agency:** ANDC

**Report:**From January 16-31, 2020, NSS unit observed the third Swachhta Pakhwara as directed by University of Delhi. During this fortnight, NSS unit organized Swachhta Oath taking on January 16, Plog run on January 17, campus cleanliness drive on January 21 and 25, Group Discussion on Importance of cleanliness on January 23, Group discussion on Forest Conservation on January 24, and slogan writing activity on January 29, 2020.

[https://fb.watch/i9\\_5vkP7ps/?mibextid=RUbZ1f](https://fb.watch/i9_5vkP7ps/?mibextid=RUbZ1f)



46.

**Title:** Blood donation camp

**No. of Participants:** 110

**Name of collaborating agency:** Indian Red Cross society

**Report:** On February 24, 2020, Blood Donation Camp was organized in association with Indian Red Cross society in the college campus. Around 110 volunteers registered for the camp and those volunteers who were found fit for it, donated blood.



47.

**Title:** Door to Door Awareness Campaign about Covid 19 – causes and precautions in adopted villages

**No. of Participants:** 38

**Name of collaborating agency:** ANDC

**Report:**

In the **first week of March**, the NSS volunteers took an initiative to spread the awareness about the new viral infection due to Covid-19 in the adopted slums. The volunteers took pains to go to each door of those slum areas to help society know more about this emergent situation.



48.

**Title:** Online awareness campaigns about Covid 19 – short videos, quizzes, posters, poems, songs etc)

**No. of Participants:** 38

**Name of collaborating agency:** ANDC

**Report:** NSS ANDC organized various online awareness campaigns in order to inform people about Covid-19.





49.

**Title:** Recommendation of Aarogya Setu

**No. of Participants:** 23

**Name of collaborating agency:** ANDC

**Report:** In wake of rising COVID cases, NSS@ ANDC encouraged the use of Aarogya Setu app in order to make people aware of their surroundings on 16 June, 2020.



Acharya Narendra Dev College  
(University of Delhi)



Use Aarogya Setu

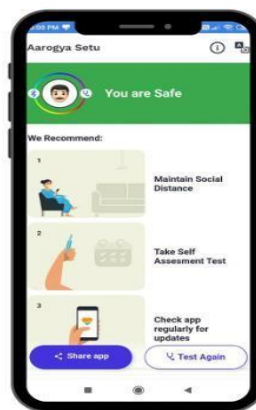


#### Feature of the App

- It tracks your interaction with someone who could have tested COVID-19 positive through a Bluetooth and GPS generated social graph
- It also suggests preventive measures and is available in several languages

#### Important

- Location must be kept on so the App can track the people around the user



Scan to Download  
Aarogya Setu  
App for iOS and Android

में सुरक्षित | हम सुरक्षित | भारत सुरक्षित

50.

**Title:** Spitting kills poster

**No. of Participants:** 24

**Name of collaborating agency:** ANDC

**Report:** In order to reduce the spread of coronavirus, the government banned public spitting. ANDC supported the action taken by the government and spread awareness on this grave issue in April 20, 2020.

**PLEDGE for LIFE**  
Tobacco Free Youth

**SPITTING KILLS !!**

राष्ट्रीय सेवा योजना  
NATIONAL SERVICE SCHEME

Spitting in public places has been banned by Government of India (GoI) as it spreads \*COVID-19

STATE GOVT. BANNED TOBACCO SALES & SPITTING DURING CORONA CRISIS

Join Campaign to Stop Spitting in Public Places and Save Lives

**NO SPITTING**

Criminal Offence under section 188 of IPC

COVID-19 For more details visit to <https://www.mohfw.gov.in/>

Follow us on: @pleg4life

**51.**

**Title:** COVID awareness in slums

**No. of Participants:** 30

**Name of collaborating agency:** ANDC

**Report:** In order to spread awareness about the COVID issue, NSS volunteers went to OKHLA slums to encourage the habitants to maintain social distance.



52.

**Title:** Blood donation to adopted thalassemia patients

**No. of Participants:** 6

**Name of collaborating agency:** ANDC

**Report:**

NSS@ANDC has always been active in organizing blood donation camps in the college premises where healthy ANDC student encouraged to come forward for blood donation. Through these camps, many students overcome their fear of blood donation for the first time. On **February 24, 2020, Blood Donation**



**Camp** was organized in association with **Indian Red Cross society** in the college campus. A



53.

**Title:** Corona prevention poster

**No. of Participants:** 10

**Name of collaborating agency:** ANDC

**Report:** In order to reduce the spread of coronavirus, NSS@ANDC spread awareness on this grave issue on 22 April, 2020 through poster making.



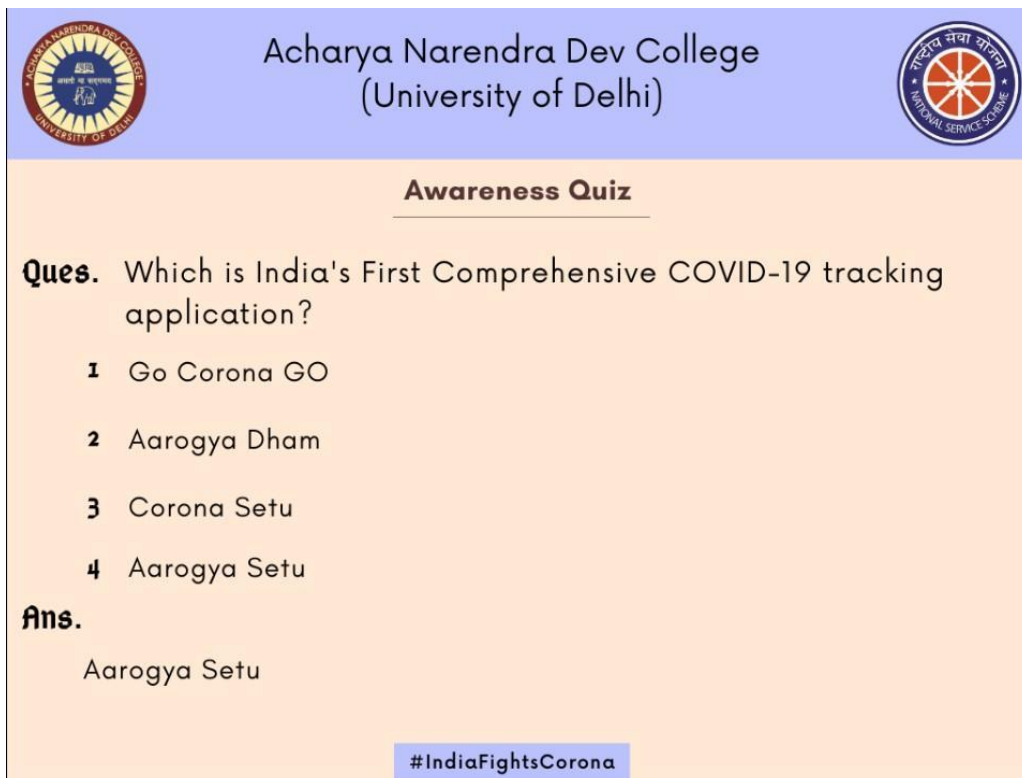
54.



**Title:** COVID awareness quiz

**No. of Participants:** 25

**Name of collaborating agency:** ANDC

**Report:** NSS@ANDC conducted a Covid awareness quiz on 15 April, 2020 to educate the students about the graveness of the disease.



 Acharya Narendra Dev College  
(University of Delhi) 

**Awareness Quiz**

**Ques.** Which is India's First Comprehensive COVID-19 tracking application?

- 1 Go Corona GO
- 2 Aarogya Dham
- 3 Corona Setu
- 4 Aarogya Setu

**Ans.**  
Aarogya Setu

#IndiaFightsCorona

55.

**Title:** How to make mask at home video

**No. of Participants:** 9

**Name of collaborating agency:** ANDC

**Report:** During the first wave of COVID-19 pandemic, volunteers undertook COVID JAN ANDOLAN to make students, faculty, and the common man aware of the do's and don'ts during the pandemic. These awareness programs highlighted the much-needed importance of maintaining self-hygiene and cleanliness and sensitized them about their duties during COVID pandemic. A series of online programs including posters, videos and discussions were carried out in October 2020.



56.

**Title:** COVID-19 Awareness Videos

**No. of Participants:** 10+

**Name of collaborating agency:** ANDC

**Report:** During the first wave of COVID-19 pandemic, volunteers undertook COVID JAN ANDOLAN to make students, faculty, and the common man aware of the do's and don'ts during the pandemic. These awareness programs highlighted the much-needed importance of maintaining self-hygiene and cleanliness and sensitized them about their duties during COVID pandemic. A series of online programs including posters, videos and discussions were carried out in October 2020.





57.

**Title:** Celebration of occasion of Hindi Diwas

**No. of Participants:** 25

**Name of collaborating agency:** ANDC

**Report:** To promote mother tongue and official languages, a three-minute video competition was held on the topic 'क्या हमारी भाषा हमारी बौद्धिक और वैचारिक क्षमता को प्रभावित करती है' on the occasion of Hindi Diwas, September 14, 2020.

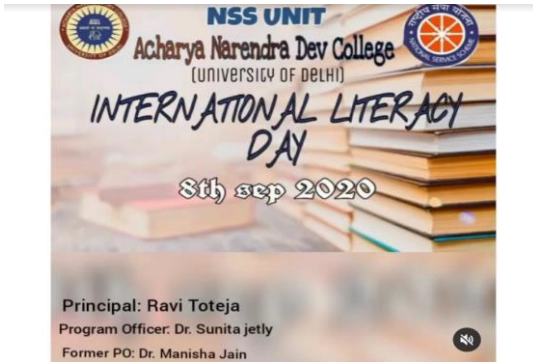
58.

**Title:** International Literacy day

**No. of Participants:** 30

**Name of collaborating agency:** ANDC

**Report:** The NSS wing had actively participated in the Delhi government's 'Youth for Education Program' through a series of five interactive webinars. These webinars were held on January 04, January 09, January 17, January 29 and April 19, 2021 and were presided over by Mr Rahul Tiwari, member, Education Task force Delhi Govt. Fifty-three student volunteers were selected to act as mentors for class 9-12 students of government schools. Various activities like video and poster making competitions were performed on International Literacy Day (September 08, 2020) and National Education Day (November 11, 2020) to observe the significance of education and literacy in the life of each individual.



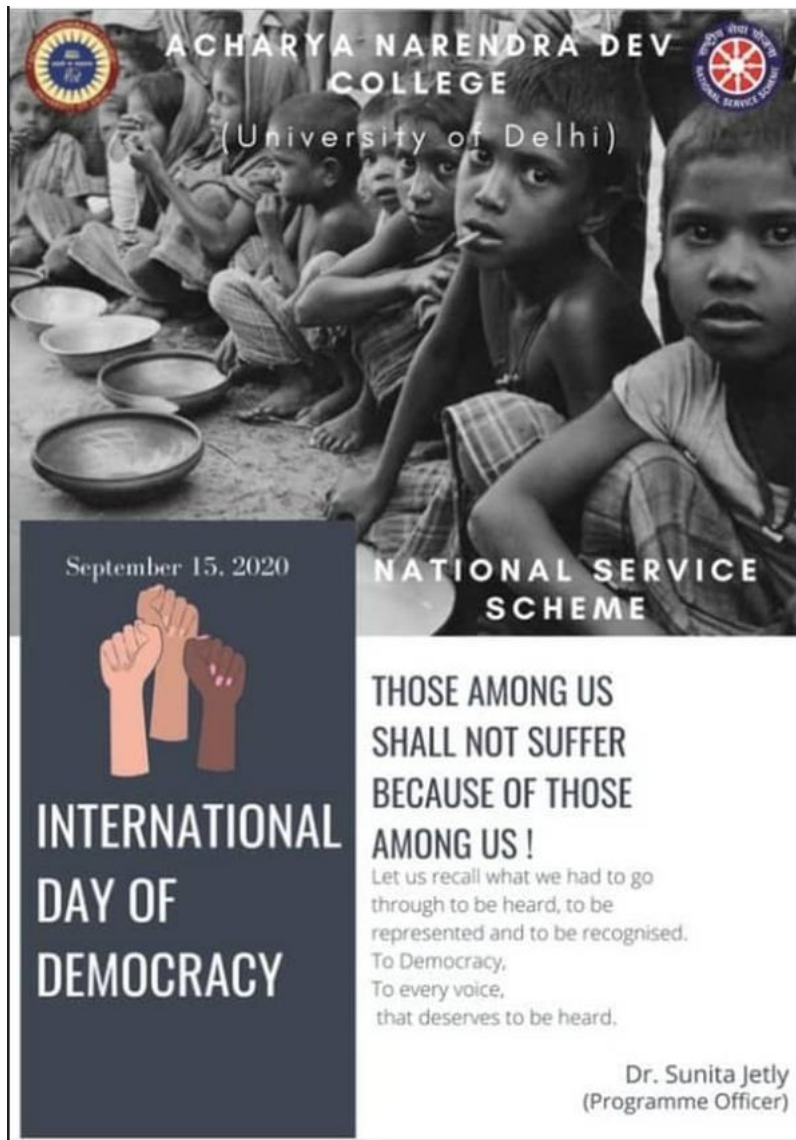
59.

**Title:** Online Awareness through posters on International Day of Democracy

**No. of Participants:** 10

**Name of collaborating agency:** ANDC

**Report:** On the occasion of \*International Democracy Day on 15th of September\* NSS ANDC team created online awareness that Freedom is the most precious gift to humankind and every civilian has the duty to preserve it.



60.

**Title:** Nutrition drive

**No. of Participants:** 60 +

**Name of collaborating agency:** ANDC

**Report:** Several activities of diverse nature were undertaken through webinars, videos and posters to spread awareness for good physical health across the year and in the “Poshan Maha” in September 2020.



61.

**Title:** Online Awareness through posters on the occasion of International day for the preservation of Ozone Layer

**No. of Participants:** 8

**Name of collaborating agency:** ANDC

**Report:** A digital Poster Competition was organized by team NSS on the occasion of World Ozone Day on September 16, 2020 with the motive to enlighten all about the importance of the ozone layer for all humans.

**NATIONAL SERVICE SCHEME**  
**ACHARYA NARENDRA DEV COLLEGE**  
**(UNIVERSITY OF DELHI)**  
wishes you all

International Day for the Preservation of the Ozone Layer

Save Our Sky Protect Green Earth

**REDUCE CARBON FOOTPRINT.**  
**LET'S STITCH OZONE LAYER.**  
**FOR EARTH, FOR FUTURE.**

Dr. Ravi Toteja (Principal)      Dr. Sunita Jetly (Program Officer)      Sumit Kumar (Student Coordinator)

nss\_andc      NSS ANDC      Source: Internet

62.

**Title:** Shiksha Parv – Webinar on National Education Policy by Education Ministry

**No. of Participants:** 70

**Name of collaborating agency:** ANDC

**Report:** On September 20, 2020, the UBA unit of ANDC organized a webinar on NEP 2020 with the NSS unit of the college at Vidyavati Mukand Lal Girls College, Ghaziabad to create awareness among staff and students of the college on New Education Policy 2020. The UBA unit of ANDC organized a webinar on NEP 2020 with the NSS unit of the college for UBA and NSS volunteers at ANDC on September 21, 2020 to help them understand the New Education Policy 2020 so that they can create awareness among their friends and classmates. Later on, UBA volunteers organized webinars on NEP 2020, for the Life Science students of ANDC on September 23, 2020 and for the Physical Sciences students of ANDC on September 24, 2020. On September 28, 2020, the UBA unit organized a webinar on NEP 2020 with the NSS unit of the college for Rajkiya Balika Inter College, Sector 51, Noida to make the staff and students of the college aware about the New Education Policy 2020.

**UNNAT BHARAT ABHIYAN**

**UNIVERSITY OF DELHI**

**NATIONAL SERVICE SCHEME**

**A webinar  
on  
National Education Policy (NEP) 2020**

**📅: 21 Sept, 2020** **🕒: 6 PM- 8 PM**

**Topic: Impact of NEP on present and future  
of the nation.**

**SPEAKER:**  
**Dr. Sunita Jetly**  
**(PO@NSS ANDC)**  
**(Associate Professor  
Bio-medical Science Department  
ANDC, DU)**

**Join Zoom meeting  
Meeting ID: 872 3446 8829  
Password: 842491**

63.

**Title: NSS Day - Webinar by Dr. Kersi Chavda, Consultant Psychiatrist on "COVID: living well inspite of it!!"**

**No. of Participants:** 100

**Name of collaborating agency:** ANDC

**Report:** On September 24, 2020, the 51<sup>st</sup> NSS Day started with a webinar by an eminent Consultant Psychologist Dr Kersi Chavda, who suggested interesting measures to cope with the anxiety, stress and depressions that have seeped into students due to COVID -19 and the lockdown in the wake of the pandemic . This was followed by the Cancer Prevention and Clean Yamuna webinar presided over by Dr S Khanna, President of Dharamshila Foundation and Dr Pragya Singh, Senior Manager at Dharamshila Cancer Foundation and Research Centre.

The poster is for a webinar organized by Acharya Narendra Dev College, University of Delhi. It features the college's logo and accreditation details (NAAC Grade 'A', NIRF All India Ranking 2020 - 18th). The main title is 'National Service Scheme Organizes A National Webinar on The COVID-19: living well inspite of it!!!'. Below this, it says '(Come on speak up, problems may get solved)'. A photo of Dr. Kersi Chavda is shown on the left, with his name and title 'Resource Person Dr. Kersi Chavda Consultant Psychiatrist' on the right. A 'Join on zoom' button with the link 'https://bit.ly/3kDXhdl' is also present. At the bottom, a dark red banner contains the date 'Date - 24th September, 2020' and time 'Time - 11:00 AM'. Contact information for Dr. Sunita Jetly (Program officer) and Manish Soni/Ritik Goyal is provided at the very bottom.

**Acharya Narendra Dev College**  
**University of Delhi**  
NAAC Accreditation Grade 'A' | NIRF All India Ranking 2020 - 18th

**National Service Scheme**  
Organizes  
**A National Webinar**  
on  
**The COVID-19: living well inspite of it!!!**  
*(Come on speak up, problems may get solved)*

**Resource Person**  
**Dr. Kersi Chavda**  
Consultant Psychiatrist

Join on zoom  
<https://bit.ly/3kDXhdl>

**Date - 24th September, 2020**      **Time - 11:00 AM**

Dr. Sunita Jetly  
(Program officer)

For Any Queries -  
Manish Soni (94136-95097)  
Ritik Goyal (87005-22790)

64.

**Title:** NSS Day – Session by Dharamshila Cancer foundation & Research Centre by founder of the institute - Clean Yamuna - Prevent Cancer

**No. of Participants:** 80

**Name of collaborating agency:** ANDC

**Report:** On September 24, 2020, the 51<sup>st</sup> NSS Day started with a webinar by an eminent Consultant Psychologist Dr Kersi Chavda, who suggested interesting measures to cope with the anxiety, stress and depressions that have seeped into students due to COVID -19 and the lockdown in the wake of the pandemic . This was followed by the Cancer Prevention and Clean Yamuna webinar presided over by Dr S Khanna, President of Dharamshila Foundation and Dr Pragya Singh, Senior Manager at Dharamshila Cancer Foundation and Research Centre.

The poster is for a Zoom webinar. At the top, it features the logos of Acharya Narendra Dev College (University of Delhi) and the National Service Scheme (NSS). The text reads: 'Acharya Narendra Dev College (University of Delhi) National Service Scheme in collaboration with Dharamshila Cancer Foundation and Research Centre is organising an online ZOOM WEBINAR ON CANCER PREVENTION & CLEAN YAMUNA- PREVENT CANCER'. The date and time are '24th September, 2020 Thursday @2pm'. Below this, there are two portrait photos of the speakers: Dr. S. Khanna and Dr. Pragya Singh. Under each photo is a purple box with their names and titles. At the bottom, it provides the webinar meeting ID (531 813 8109) and password (ERwqL8).

**Acharya Narendra Dev College**  
(University of Delhi)  
**National Service Scheme**  
in collaboration with  
**Dharamshila Cancer Foundation and  
Research Centre**  
is organising an online  
ZOOM WEBINAR ON  
**CANCER PREVENTION &  
CLEAN YAMUNA- PREVENT  
CANCER**  
**24th September, 2020 Thursday @2pm**

**DR. S. KHANNA**  
FOUNDER CUM PRESIDENT  
DHARAMSHILA CANCER  
FOUNDATION AND RESEARCH  
CENTRE

**DR. PRAGYA SINGH**  
SR. MANAGER – PROJECTS  
DHARAMSHILA CANCER  
FOUNDATION AND RESEARCH  
CENTRE

**WEBINAR**  
**MEETING ID :531 813 8109**  
**Password: ERwqL8**



65.

**Title:** Career opportunities in Air Force by wing Commander Sneha Singh

**No. of Participants:** 90

**Name of collaborating agency:** ANDC

**Report:** In the backdrop of the pandemic, motivational talk for students was organized by NSS@ANDC wherein Wing Commander Sneha Singh spoke on 'Career Opportunity in IAF' in a webinar on October 09, 2020.

**Acharya Narendra Dev College**  
(University of Delhi)



**National Service Scheme**  
Presents  
**Vande Matram Talk series-2**  
October 9, 2020

**Interactive Session:**  
**R.K Singh**  
Retired Group Captain  
**Role of Air Power in Current Indo China Face-off**  
3:00 PM to 4:00 PM

**Webinar:**  
**Sneha Singh**  
Wing Commander  
**Career opportunities in Indian Air Force**  
4:00 PM to 5:00 PM

Join us on Google meet:  
<https://meet.google.com/mff-xmrx-yuj>  
Live Webcast:  
<https://youtu.be/kJ4MXVgkfw>

Dr. Sunita Jetly  
(Program Officer)

Follow us  
 

For any queries -  
Manish (94136-95097)  
Niharika (8826834077)

66.

**Title:** Your kitchen is your health tool by Dr. Sheenu Sanjeev

**No. of Participants:** 60

**Name of collaborating agency:** ANDC

**Report:** Dr Sunita Jetly as convenor of NSS organized Talk on 'Your Kitchen is your health Tool' by Dr Sheenu Sanjeev on 7 October, 2020.

The poster is for a webinar titled "Your Kitchen is Your Health Tool". It is organized by the National Service Scheme Unit @ ANDC at Acharya Narendra Dev College, University of Delhi. The event is on October 7, 2020, at 4:30 P.M. The meeting ID is 890 5483 9469 and the passcode is 261463. The speakers are Dr. Sheenu Sanjeev (Clinical Nutritionist, Director and founder of Healthyfy Health and Education Institute & Research Council), Dr. Sunita Jetly (Program officer), and Dr. Ravi Toteja (Officiating Principal). The poster includes logos for ANDC and NSS UNIT, ANDC, and social media icons for Facebook and Instagram.

**ACHARYA NARENDRA DEV COLLEGE**  
University of Delhi  
NAAC Accreditation Grade 'A' | NIRF - 2020 All India Ranking 18<sup>th</sup>  
National Service Scheme Unit @ ANDC  
organizes  
a Webinar on  
**"Your Kitchen is Your Health Tool"**

**October 7, 2020**  
**Time: 4:30 P.M.**  
Meeting ID : 890 5483 9469  
Passcode: 261463

**Dr Sheenu Sanjeev**  
Clinical Nutritionist  
Director and founder of  
Healthyfy Health and  
Education Institute &  
Research Council

**Dr Sunita Jetly**  
(Program officer)

**Dr Ravi Toteja**  
(Officiating Principal)

**NSS UNIT, ANDC**

Follow us on :  
f i

67.

**Title:** Mera Sangharsh, Meri Jeet, Meri Kahani - Talk by various cancer survivors

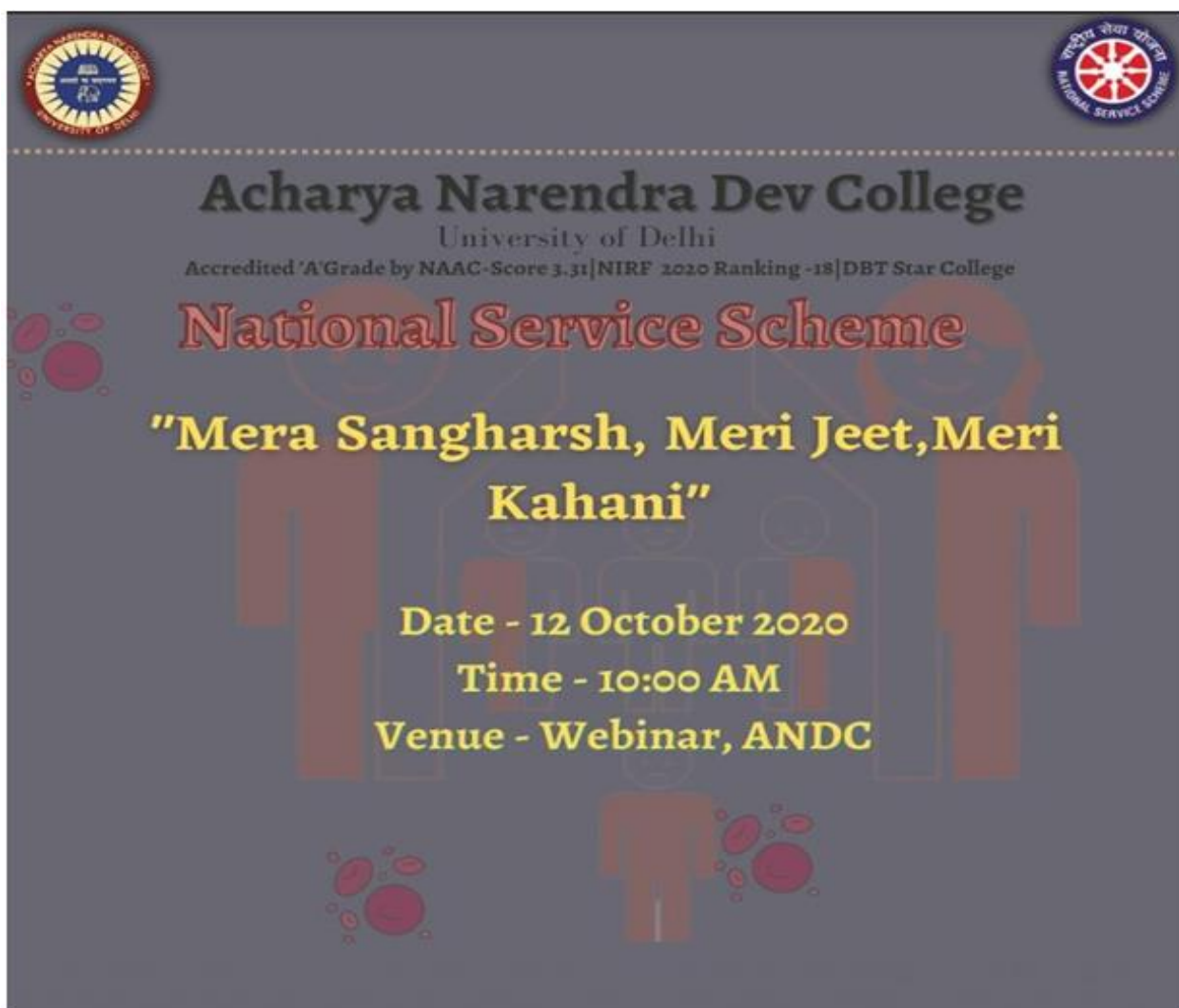
**No. of Participants:** 75

**Name of collaborating agency:** ANDC

**Report:** In Breast Cancer Awareness Month, a webinar was organized by the UBA-NSS unit of the college on 'Mera Sangharsh, Meri Jeet, Meri Kahani' on October 12, 2020. The purpose of the webinar was to inform every woman of the college and all those who had participated that 'The Best Protection is Early Detection' and early the Detection, Longer is the Protection. The following Breast Cancer Viranis, shared their actual stories with the audience:-

- Prof. Daman Saluja, Director, Dr B. R. Ambedkar Centre for Biomedical Research
- Mrs Kanchan Singh, Former General Secretary, Bhartiya Grameen Mahila Sangh
- Dr Indu Rampal, Former Senior Lecturer at Amity Institute of Corporate Communication.

It was followed by an interactive session with Dr Pawan Mehrotra (ANDC alumni- Department of Biomedical Science) Founder, Aarna Biomedical Products, Creator of Sampoori-Poorti System for post surgical prosthetic rehabilitation for breast cancer survivors.



68.

**Title:** Vigilance Week - Interactive Quiz on Anti-Corruption and Gender Sensitization

**No. of Participants:** 55

**Name of collaborating agency:** ANDC

**Report:** In the Vigilance Awareness Week from October 27 to November 02, 2020 with the theme of सतर्क भारत, समृद्ध भारत (Vigilant India, Prosperous India) in mind, various events were organized to emphasize the importance of integrity in public life and commitment to zero tolerance policy towards corruption

**ACHARYA NARENDRA DEV COLLEGE**  
UNIVERSITY OF DELHI  
NAAC Accreditation Grade 'A' | NIRF - 2020 All India Ranking 15

**National Service Scheme**  
Presents  
**INTERACTIVE QUIZ**

October 29, 2020 Thursday @4pm

**CORRUPTION**

**Theme: Anti Corruption and Gender Sensitization**

Dr. Ravi Toteja (Officiating Principal)      Dr. Sunita Jetly (Program Officer NSS)      Ritik : 8700522790      Niharika: 8826834077  
Shalini : 9728053005      Anindita: 8076535296

69.

**Title:** “Gender Par Charcha“ Group Discussion

**No. of Participants:** 80

**Name of collaborating agency:** ANDC

**Report:** In Vigilance Awareness Week-2020, a debate on ‘Gender Par Charcha’ was organised by the UBA-NSS unit of the college on October 30, 2020. Participants were allowed to express their views on ‘Equality is Human Right not Gender Right’. The idea was to record all the debates and to share the Hindi debates in village Whatsapp groups.

**ACHARYA NARENDRA DEV COLLEGE**  
(University of Delhi)  
NAAC Accreditation Grade 'A' | NIRF - 2020 All India Ranking 18<sup>th</sup>  
**NATIONAL SERVICE SCHEME**  
\$  
**UNNAT BHARAT ABHIYAN**  
Presents  
**“GENDER PAR CHARCHA”**  
Express your views on “Equality is Human Right not Gender Right”  
October 30, 2020  
Time- 4pm  
**CERTIFICATE OF APPRECIATION FOR WINNERS.**  
Registration link-  
<https://forms.gle/HU5ajSzpwBaKVKVu5>  
Dr. Ravi Toteja (Officiating Principal)    Dr. Pooja Bhagat (UBA Coordinator)    Dr. Sunita Jetley (Programme Officer)  
Ms. Sakshi Sharma (NSS & UBA Volunteer)    Ms. Pritika Kwatra (NSS & UBA Volunteer)

70.

**Title:** Covid appropriate behavior awareness

**No. of Participants:** 50

**Name of collaborating agency:** ANDC

**Report:** During the second wave of the COVID-19 pandemic, intense activities and initiatives for combating and assisting people were undertaken by NSS@ANDC. NSS Volunteers worked round the clock to reach out to university staff members and other people in distress and tried to help them in every possible manner like development of Chat Bot system by NSS volunteers to provide verified leads about COVID-19 resources and helped around 100 patients, tele-consultation with verified doctors, providing ration kits, organizing yoga series, plantation drives, project wellness to spread awareness on mental health issues like depression, loneliness, aggression, which arose due to the ongoing pandemic. ‘Tika Utsav’ was organized to spread awareness about the importance of vaccination.



71.

**Title:** Sahyog - Assisting NGOs working for differently abled in selling their products through Video Advertisements

**No. of Participants:** 25

**Name of collaborating agency:** ANDC

**Report:** The absence of actual Diwali celebrations, brought in the concept of virtual 'mela' by assisting NGOs working for the differently abled in selling their products through Video Advertisements two weeks prior to Diwali 2020. This helped these institutions to advertise and sell their home-made Diwali products for DU faculty and students



72.

**Title:** Group Discussion on “Improving the quality of life of indian farmers”

**No. of Participants:** 60

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC organized a Group Discussion on 23rd December, 2020 at 4 PM(Wednesday) through Google Meet Platform on the occasion of Farmer’s Day with the Theme: How to improve quality life of Indian farmers ?

**Acharya Narendra Dev College**  
University Of Delhi  
NAAC Accreditation Grade 'A' | NIRF-2020 All India Ranking 18

**National Service Scheme**  
presents  
A GROUP DISCUSSION  
ON THE OCCASION OF FARMER'S Day  
**How to Improve the Quality of Life of  
Indian Farmers**

**If You Ate Today, Thank A Farmer**  
December 23, 2020 Wednesday@4Pm  
Join US On Meet: gqr-rubh-hkk

**Dr. Ravi Toteja**  
(Officiating Principal)  
**Dr. Sunita Jetly**  
(Program officer)

**Miss. Niharika**  
(NSS Secretary)  
**Miss. Sakshi**  
(NSS Volunteer)



73.

**Title:** Human Rights Day

**No. of Participants:** 15

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC observed Human Rights Day on 10<sup>th</sup> December 2020.



74.

**Title:** Road Safety Week

**No. of Participants:** 60+

**Name of collaborating agency:** ANDC

**Report:** The theme for National Road Safety Week, January 01 to January 07, 2021 was Sadak Suraksha Jeevan Raksha. As road accidents are one of the leading causes of mortality and morbidity, road safety week was organized to re-iterate the importance of safe, sane and lane driving. Various activities like slogan writing, article writing and poster making competition, quiz etc. were organized in that week.

**ACHARYA NARENDRA DEV COLLEGE**  
UNIVERSITY OF DELHI  
NAAC ACCREDITATION GRADE 'A' | NIRF - 2020 ALL INDIA RANKING 18

**NATIONAL SERVICE SCHEME**  
presents

**SLOGAN/POSTER MAKING COMPETITION**  
1 January, 2021 @ 2:00 p.m.

Google Meet Link:  
<https://meet.google.com/wyu-gnge-hfn>

**ROAD SAFETY WEEK**  
JANUARY 1 - 7, 2021

Dr. Ravi Toteja  
(Principal)

Dr. Sunita Jetly  
(Program Officer)

75.

**Title:** Cloth Collection Drive – relief for needy people for winter

**No. of Participants:** 25

**Name of collaborating agency:** ANDC

**Report:** NSS unit organized a cloth collection drive from 31<sup>st</sup> Dec,2020. NSS requested to contribute by donating relief material in the form of clothes, dry ration, blankets, covers, shoes ,socks etc. Staff and students enthusiastically contributed and the relief material will be distributed in slums identified by NSS members.

**ACHARYA NARENDRA  
DEV COLLEGE  
UNIVERSITY OF DELHI**

**NSS@ANDC IS ORGANISING  
A CLOTH COLLECTION DRIVE  
FROM 31ST DEC 2020**

**Venue: ANDC's main staff room**

NSS requests you to contribute by donating relief material in the form of clothes, dry ration, blankets, covers, jackets, shoes, socks etc.

**Special Request: If you want, you can do monetary contributions**

Manish(94136 95097) Rahul (63972 80564)

76.

**Title:** Offline Vaccination Awareness in adopted village

**No. of Participants:** 20

**Name of collaborating agency:** ANDC

**Report:** During the second wave of the COVID-19 pandemic, intense activities and initiatives for combating and assisting people were undertaken by NSS@ANDC. NSS Volunteers worked round the clock to reach out to university staff members and other people in distress and tried to help them in every possible manner like development of Chatbot system on What's App (What's App number 8114474101) by NSS volunteers to provide verified leads about COVID-19 resources and helped around 100 patients, tele-consultation with verified doctors, providing ration kits, organizing yoga series, plantation drives, project wellness to spread awareness on mental health issues like depression, loneliness, aggression, which arose due to the ongoing pandemic. 'Tika Utsav' was organized to spread awareness about the importance of vaccination.



77.

**Title:** Plantation Drive on the occasion of National Youth Day

**No. of Participants:** 25

**Name of collaborating agency:** ANDC

**Report:** Plantation drives were undertaken round the year, January 12, 2020. Since the whole country was in lockdown, NSS volunteers undertook such plantation drives in their homes, in their nearby parks and gardens following the rules of wearing a mask and social distancing.

**Acharya Narendra Dev College**  
University of Delhi  
Accredited 'A' Grade by NAAC-Score 3.31 | NIRF 2020 Ranking -18 | DBT Star College

**National Service Scheme**

**Plantation Drive on National Youth Day**

**Date - 12 January 2020**  
**Time - 10:00 AM**  
**Venue - Front lawn, ANDC**

|   |   |  |                                       |
|---|---|--|---------------------------------------|
| <b>Dr. Ravi Toteja .</b><br>(Officiating Principal) | <b>Dr. Sunita Jetly</b><br>(Program Officer, NSS) | <b>Niharika Upadhyay</b><br>(President, NSS) | <b>Riya Rajput</b><br>(NSS Volunteer) |
|---|---|--|---------------------------------------|

78.

**Title:** Radio Jockey Competition

**No. of Participants:** 60

**Name of collaborating agency:** ANDC

**Report:** NSS unit organized Radio Jockey Competition on the occasion of Youth's Day on 20<sup>th</sup> January, 2021 at 5 p.m

**Acharya Narendra Dev College**  
University of Delhi

NAAC Accreditation Grade 'A' | NIRF-2020 All India Ranking 18

**National Service Scheme**  
Organizes  
**RADIO JOCKEY COMPETITION**  
ON THE OCCASION OF YOUTH'S DAY  
20 January, 2021 @ 5PM

**TO PARTICIPATE**  
REGISTER ON GOOGLE FORM  
[https://docs.google.com/forms/d/e/1FAIpQLSe\\_fsH-YWC04QKaM9sjD3QwRhK2s578hMtK2d9Kio4Re02IPw/viewform?usp=pp\\_urling](https://docs.google.com/forms/d/e/1FAIpQLSe_fsH-YWC04QKaM9sjD3QwRhK2s578hMtK2d9Kio4Re02IPw/viewform?usp=pp_urling)

**Dr. Ravi Toteja**  
(Officiating Principal)

**Dr. Sunita Jetly**  
(Program officer)

**Miss. Niharika**  
(Nss Secretary)

**Miss. Sakshi**  
(Nss Volunteer)

79.

**Title:** Vaccination Awareness through posters

**No. of Participants:** 10

**Name of collaborating agency:** ANDC

**Report:** Dr Sunita Jetly as convenor of NSS created Awareness on Vaccination in Villages in the month of June, 2021 through posters.

**Acharya Narendra Dev College**  
University of Delhi  
Accredited 'A' Grade by NAAC-Score 3.31|NIRF 2020 Ranking -18|DBT Star College

**National Service Scheme**

**"Vaccination awareness through poster"**

**Date - 12 June 2021**

|  |  |  |                                       |
|--|--|--|---------------------------------------|
| <b>Dr.Ravi Toteja .</b><br>(Officiating Principal) | <b>Dr. Sunita Jetly</b><br>(Program Officer,NSS) | <b>Niharika Upadhyay</b><br>(President, NSS) | <b>Riya Rajput</b><br>(NSS Volunteer) |
|--|--|--|---------------------------------------|

80.

**Title:** Taught underprivileged students of adopted village under Project VID IPSA

**No. of Participants:** 65

**Name of collaborating agency:** ANDC

**Report:** VID-IPSA:- The aim of the project was to educate the underprivileged children, especially the girl child, living in slums. NSS volunteers at ANDC took online as well as offline classes for the children of Okhla and 157 Govind Puri slums in February, 2021. A stationery distribution drive was also conducted on February 21, 2021 in Okhla village

**Acharya Narendra Dev College**  
*University Of Delhi*

**National Service Scheme**  
**Presents**  
**PROJECT**  
**VID IPSA**

**Our aim is to educate girl child and underprivileged children living in slums**

**OUR ACTIVITIES:** **04<sup>th</sup> Feb 2021**

- 1) Offline + Online teaching
- 2) Stationary Drive
- 3) Interactive Competition (in collaboration with NGOs)
- 4) Nukkad Natak + rallies + webinars
- 5) Girl education and women empowerment activities

**NSS VOLUNTEERS**

|          |           |
|----------|-----------|
| Aastha G | Ananya    |
| Devanshi | Sakshi S  |
| Kartikey | Vibha     |
| Kalyani  | Manas     |
| Sakshi   | Deepanshu |
| Prashant | Pratham   |

**DR.RAVI TOTEJA**  
**(PRINCIPAL)**

**DR.SUNITA JETLY**  
**(PROGRAM OFFICER)**

**NIHARIKA UPADHAYAY**  
**(PROJECT IN-CHARGE)**



81.

**Title:** Spread Awareness on the occasion of World Cancer Day

**No. of Participants:** 20

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC created awareness on World Cancer Day on 4<sup>th</sup> Feb, 2021 for supporting the fighters, admiring the survivors, honoring the taken and never losing hope.

**ACHARYA NARENDRA DEV COLLEGE**  
University of Delhi  
**National Service Scheme**

**World Cancer Day**  
4TH FEBRUARY  
THE FINAL YEAR OF  
I am and I will.  
Together, all of our actions matter.

It's time to make a change, let's be aware. Know the symptoms and get checked up today!

Supporting the fighters,  
admiring the survivors,  
honouring the taken and  
never losing hope.

**Dr. Ravi Toteja**  
OFFICIATING PRINCIPAL  
**Dr. Sunita Jetly**  
PROGRAM OFFICER

**Manish Soni**  
PRESIDENT (NSS UNIT)  
**Priyanka Sharma**  
NSS VOLUNTEER

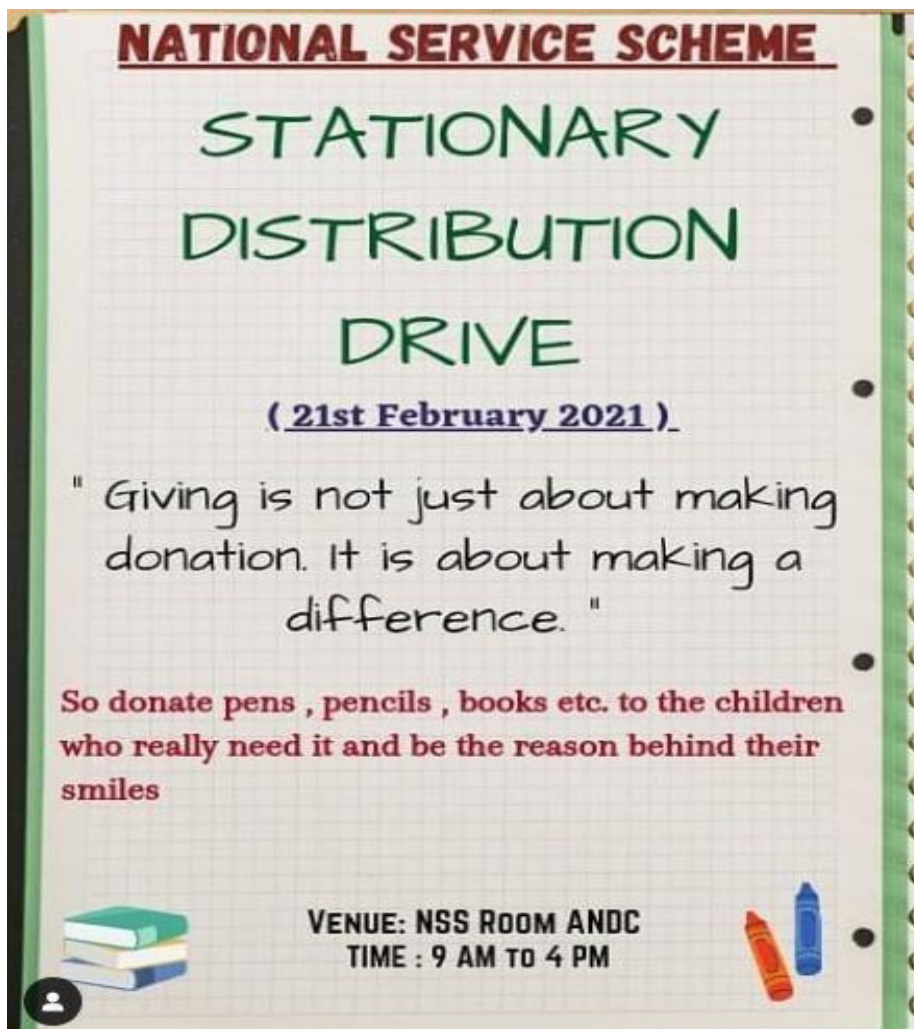
82.

**Title:** Stationary Distribution Drive under Project VID IPSA

**No. of Participants:** 25

**Name of collaborating agency:** ANDC

**Report:** VID-IPSA:- The aim of the project was to educate the underprivileged children, especially the girl child, living in slums. NSS volunteers at ANDC took online as well as offline classes for the children of Okhla and 157 Govind Puri slums. A stationery distribution drive was also conducted on February 21, 2021 in Okhla village.



83.

**Title:** Awareness on “Mental Health” under Project Wellness

**No. of Participants:** 15

**Name of collaborating agency:** ANDC

**Report:** Project Wellness-It was initiated with the aim of motivating students for practicing healthy habits and to attain better physical and mental health outcomes. Social Media handles were extensively used to spread the message through various activities.



84.

**Title:** Group Discussion on “Digital Life – A life behind the screen”

**No. of Participants:** 60

**Name of collaborating agency:** ANDC

**Report:** The NATIONAL SERVICE SCHEME under Project Wellness organized a Group Discussion on “Digital Life – A life behind the screen” on 10<sup>th</sup> February 2021 at 5 p.m online through Google Meet Platform.



**ACHARYA NARENDRA DEV COLLEGE**  
(UNIVERSITY OF DELHI)

NAAC Accreditation Grade 'A' | NIRF 2020 All India Ranking 18

**NATIONAL SERVICE SCHEME**  
PRESENTS  
**PROJECT WELLNESS**  
which is organising a GROUP DISCUSSION ON  
**DIGITAL LIFE - A LIFE BEHIND THE SCREEN**

**DATE - 10TH FEBRUARY 2021**  
**TIME - 5pm Onwards**  
**VENUE - GOOGLE MEET**

**DR. RAVI TOTEJA (PRINCIPAL)**   **DR. SUNITA JETLY (PROGRAM OFFICER)**   **MANISH SONI (NSS PRESIDENT)**   **VAIDIK & SHASHANK (NSS VOLUNTEER)**

85.

**Title:** Just-A-Minute Competition for Mental Health Awareness under Project Wellness

**No. of Participants:** 40

**Name of collaborating agency:** ANDC

**Report:** The National Service Scheme under Project wellness organized a Just A Minute (JAM) on the THEME “Mental Health Awareness” on 11th February 2021 at 3.30 pm through Google Meet.

**National Service Scheme**  
**Of**  
**Acharya Narendra Dev College**

Brings To You  
**JUST A MINUTE**  
**COMPETITION**  
**ON THE THEME**  
**MENTAL AWARENESS**

**DATE - 11 FEBRUARY 2021**  
**TIME - 03:30PM ONWARDS**  
**VENUE - GOOGLE MEET**

**ORGANISER -**  
**PRACHI & VIKAS**

**Dr. Ravi Toteja** OFFICIATING PRINCIPAL  
**Dr. Sunita Jetly** PROGRAM OFFICER  
**Manish Soni** PRESIDENT (NSS UNIT)

 [nss\\_andc\\_](https://www.instagram.com/nss_andc_)

**STAY HEALTHY**

86.

**Title:** Meri Kahani, Meri Zubani - Session stories narrated by cancer survivors on the occasion of National Women's Day

**No. of Participants:** 80

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC presented Session stories "Meri Kahani, Meri Zubani" narrated by cancer survivors on 13th Feb,2021 at 5 pm on the occasion of National Women's Day to celebrate 142th birth anniversary of "Sarojini Naidu"

**ACHARYA NARENDRA DEV  
COLLEGE  
UNIVERSITY OF DELHI**

**NATIONAL SERVICE SCHEME**

*Presents*

**"MERI KAHANI,  
MERI ZUBAANI"**

Date: 13 February 2021  
Time : 5:00 PM

**On occasion of NATIONAL WOMEN'S DAY we  
part of NSS@ANDC celebrating 142th birth  
anniversary of "SAROJINI NAIDU"**

Dr.Ravi Toteja (Principal)    Dr.Sunita Jetly (Program officer)    Manish Soni (President,NSS)    Krishna (NSSVolunteer)

87.

**Title:** Awareness on Government Schemes

**No. of Participants:** 50

**Name of collaborating agency:** ANDC

**Report:** The aim of the project was to spread awareness about diverse schemes among the beneficiary population of India so that they can make use of them in times of need and assistance to their families. Under this project, NSS organized a webinar on January 25, 2021 ‘Village Development Schemes and Role of NSS volunteers’ with Professor Ravindra Kanhere, Pro-Vice Chancellor, IGNOU as the main speaker who highlighted the significance of these schemes and role of NSS students. Volunteers created awareness posters and videos on various schemes launched by the government over the years. The masses were given information about the five pillars of ‘Atam Nirbhar Bharat’ mainly the following government schemes: Jan Dhan Yojana ,Pradhan Mantri Awas Yojana ,PM Gareeb Kalyan Yojana ,Atal Pension Yojana ,Skill India etc.

**GOVERNMENT SCHEMES FOR HEALTH**

|   |   |
|---|---|
| <p><b>1. PRADHAN MANTRI JAN AROGYA YOJANA</b></p> <p>PM-JAY is the largest health assurance scheme in the world which aims at providing a health cover of Rs. 5 lakhs per family per year.</p> <p>website- <a href="https://pmjay.gov.in">https://pmjay.gov.in</a></p>    | <p><b>2. RASHTRIYA SWASTHYA BIMA YOJANA</b></p> <p>It has been launched by Ministry of Labour and Employment, Government of India to provide health insurance coverage for Below Poverty Line (BPL) families. The objective of RSBY is to provide protection to BPL households from financial liabilities.</p> <p>Website- <a href="http://rsby.gov.in">rsby.gov.in</a></p> |
| <p><b>3. UNIVERSAL HEALTH INSURANCE SCHEME</b></p> <p>It is a strong opportunity for India to put its best foot forward and prescribe the right dose of healthcare to those who need it the most.</p> <p>Website- <a href="https://nhp.gov.in">https://nhp.gov.in</a></p> | <p><b>4. CENTRAL GOVERNMENT HEALTH SCHEME</b></p> <p>The Central Government Health Scheme (CGHS) is a health care facility scheme for the existing and former employees of the Central Government of India.</p> <p>website- <a href="https://cghs.gov.in">https://cghs.gov.in</a></p> <p>@nss andc</p>  |

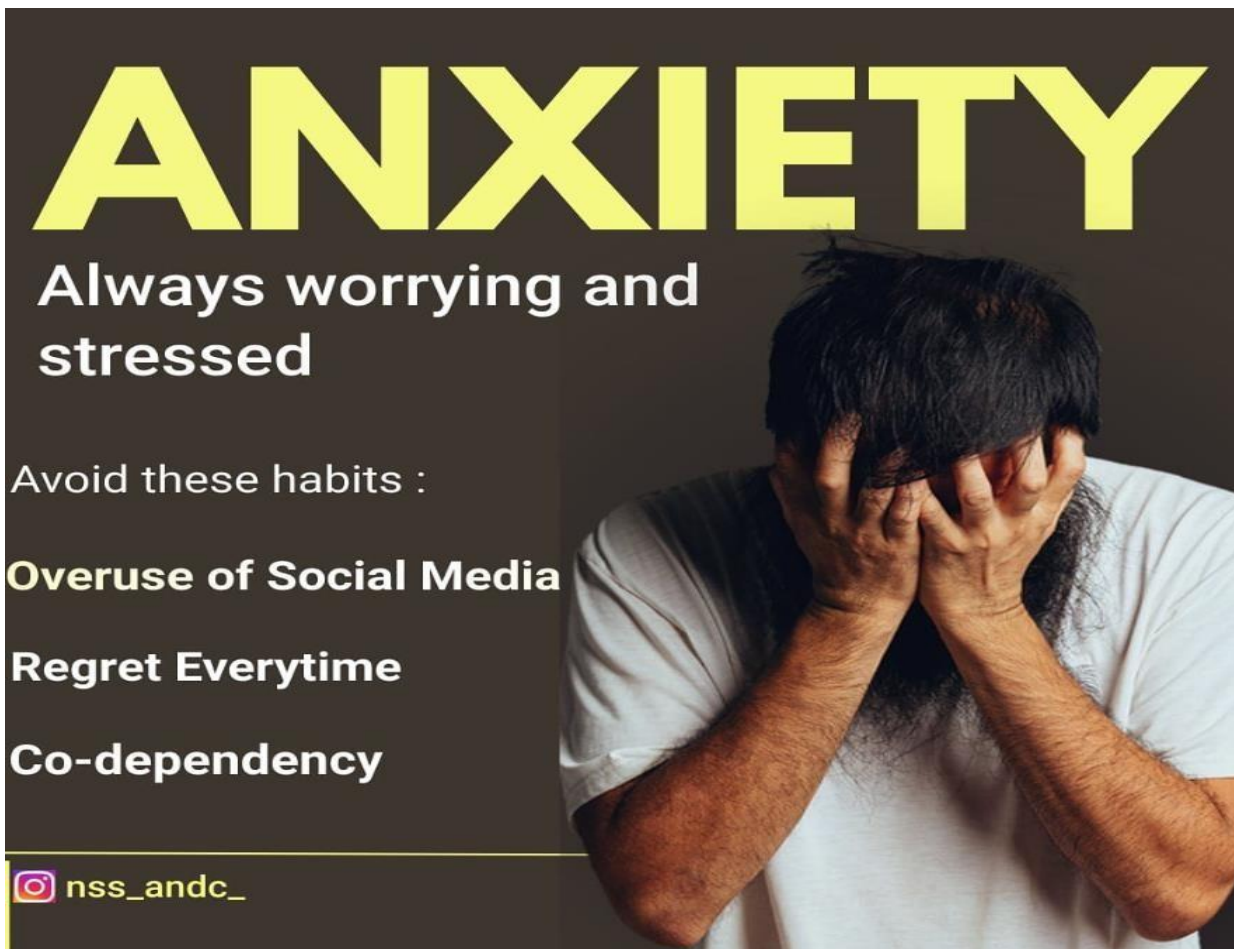
88.

**Title:** Mental Health awareness through Poster Drives on Anxiety, Mood, Bullying etc. Under Project Wellness

**No. of Participants:** 30+

**Name of collaborating agency:** ANDC

**Report:** During the second wave of the COVID-19 pandemic, NSS Volunteers worked round the clock to reach out to university staff members and other people in distress and tried to help them in every possible manner like development of Chat Bot system on Whatsapp by NSS volunteers to provide verified leads about COVID-19 resources and helped around 100 patients, tele-consultation with verified doctors, providing ration kits, organizing yoga series, plantation drives, project wellness to spread awareness on mental health issues like depression, loneliness, aggression, which arose due to the ongoing pandemic





89.

**Title:** Cloth Donation Drive

**No. of Participants:** 20

**Name of collaborating agency:** ANDC

**Report:** NSS unit organized a cloth collection drive from 31<sup>st</sup> Dec,2020. NSS requested to contribute by donating relief material in the form of clothes, dry ration, blankets, covers, shoes ,socks etc. Staff and students enthusiastically contributed and the relief material will be distributed in slums identified by NSS members.



90.

**Title:** Group Discussion on “Women turning out as great leader in modern world”

**No. of Participants:** 70

**Name of collaborating agency:** ANDC

**Report:** International Women’s Day was celebrated on March 08, 2021 with the theme ‘I am Generation Equality: Realizing Women's Rights’ through quiz competition, group discussion, essay writing etc.

**ACHARYA NARENDRA DEV COLLEGE**  
(UNIVERSITY OF DELHI)

NAAC Accreditation Grade 'A' | NIRF 2020 All India Ranking 18

**NATIONAL SERVICE SCHEME**  
presents

*International Women's Day  
Celebration 2021*

**GROUP DISCUSSION**

**TOPIC - WOMEN TURNING OUT AS GREAT  
LEADERS IN THE MODERN WORLD**

**DATE - 8 MARCH 2021**  
**TIME - 6:00 PM ONWARDS**  
**VENUE - GOOGLE MEET**

|  |                                 |
|--|---------------------------------|
| Dr. Ravi Toteja<br>(Officiating Principal) | Manish Soni<br>(President, NSS) |
| Dr. Sunita Jetly<br>(Programme Officer)    | Shalini<br>(NSS Volunteer)      |

91.

**Title:** Essay Competition on “The rise of women is not about the fall of men”

**No. of Participants:** 60

**Name of collaborating agency:** ANDC

**Report:** International Women’s Day was celebrated on March 08, 2021 with the theme ‘I am Generation Equality: Realizing Women's Rights’.An essay competition was held on the theme with the topic “The rise of women is not about the fall of men”.

**ACHARYA NARENDRA DEV COLLEGE**  
(UNIVERSITY OF DELHI)

NAAC Accreditation Grade 'A' | NIRF 2020 All India Ranking 18

**NATIONAL SERVICE SCHEME**  
presents

*International Women's Day  
Celebration 2021*

**ESSAY COMPETITION**

TOPIC - THE RISE OF WOMEN IS NOT ABOUT  
THE FALL OF MEN.

**DATE - 8 MARCH 2021**  
**entries valid till 9:00 pm today**

**SUBMIT YOUR ENTRIES : [nss@andc.du.ac.in](mailto:nss@andc.du.ac.in)**

|  |                                 |
|--|---------------------------------|
| Dr. Ravi Toteja<br>(Officiating Principal) | Manish Soni<br>(President, NSS) |
| Dr. Sunita Jetly<br>(Programme Officer)    | Shalini<br>(NSS Volunteer)      |

92.

**Title:** Thalassemia Camp : Screening for thalassemia

**No. of Participants:** 108

**Name of collaborating agency:** ANDC

**Report:** An offline thalassemia camp for screening of college youth was held on March 23, 2021. It was organized by Narchi.



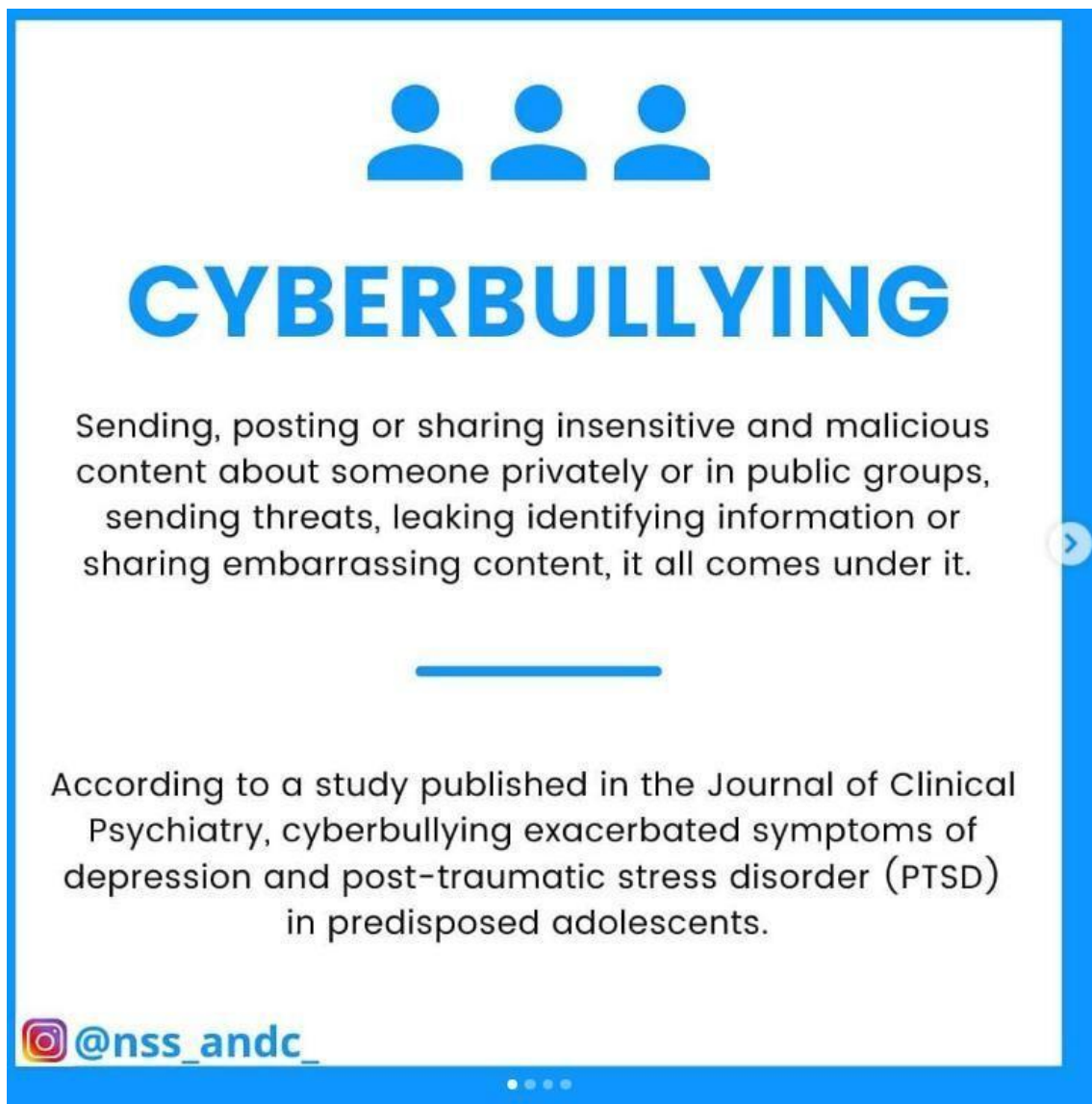
93.

**Title:** Poster Drive on Cyberbullying


**No. of Participants:** 15

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC created awareness about cyberbullying through posters in the month of February and March,2021



The poster features three blue person icons at the top. Below them, the word "CYBERBULLYING" is written in large, bold, blue capital letters. Underneath, a paragraph explains that sending, posting, or sharing insensitive and malicious content, threats, identifying information, or embarrassing content falls under cyberbullying. A horizontal blue line separates this from a second paragraph, which cites a study from the Journal of Clinical Psychiatry stating that cyberbullying exacerbates symptoms of depression and PTSD in adolescents. At the bottom left is the Instagram handle "@nss\_andc\_" and at the bottom center are four small blue dots.




# CYBERBULLYING

Sending, posting or sharing insensitive and malicious content about someone privately or in public groups, sending threats, leaking identifying information or sharing embarrassing content, it all comes under it.

---

According to a study published in the Journal of Clinical Psychiatry, cyberbullying exacerbated symptoms of depression and post-traumatic stress disorder (PTSD) in predisposed adolescents.

 @nss\_andc\_

••••

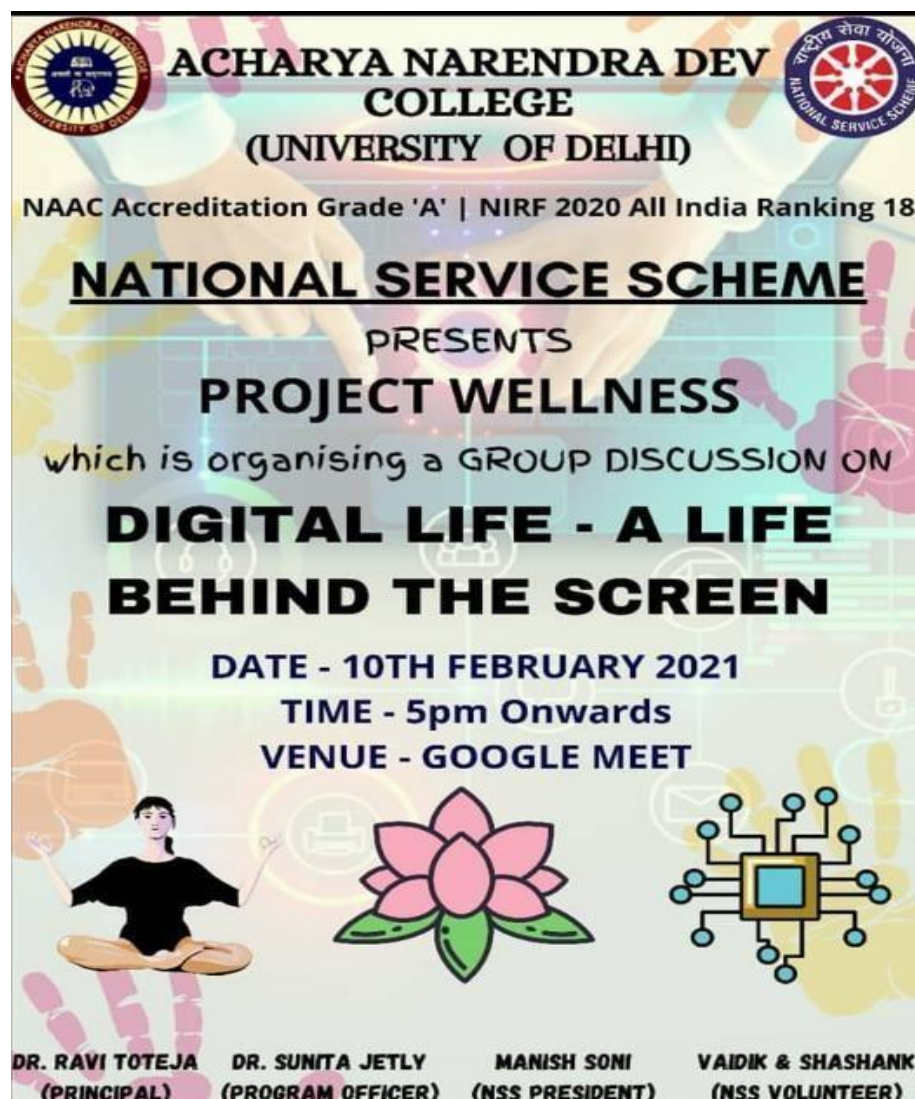
94.

**Title:** Group discussion on " Digital Life : A life behind the screen"

**No. of Participants:** 10

**Name of collaborating agency:** ANDC

**Report:** The NATIONAL SERVICE SCHEME under Project Wellness organized a Group Discussion on "Digital Life – A life behind the screen" on 10<sup>th</sup> February 2021 at 5 p.m online through Google Meet Platform.



**ACHARYA NARENDRA DEV COLLEGE**  
(UNIVERSITY OF DELHI)

NAAC Accreditation Grade 'A' | NIRF 2020 All India Ranking 18

**NATIONAL SERVICE SCHEME**  
PRESENTS  
**PROJECT WELLNESS**  
which is organising a GROUP DISCUSSION ON  
**DIGITAL LIFE - A LIFE BEHIND THE SCREEN**

DATE - 10TH FEBRUARY 2021  
TIME - 5pm Onwards  
VENUE - GOOGLE MEET

DR. RAVI TOTEJA (PRINCIPAL)    DR. SUNITA JETLY (PROGRAM OFFICER)    MANISH SONI (NSS PRESIDENT)    VAIDIK & SHASHANK (NSS VOLUNTEER)

95.

**Title:** Various events like- Quiz, JAM etc. On “Smartphones lead to depression & mental stress”

**No. of Participants:** 70

**Name of collaborating agency:** ANDC

**Report:** “It’s late at night, you should be getting ready to fall asleep, but instead you’re up, phone in hand, doom scrolling through your social media feeds. A 2017 study from the Journal of Child Development found that smartphones can cause sleep problems in teens, which led to depression, anxiety and acting out.” The NATIONAL SERVICE SCHEME under Project WELLNESS of Acharya Narendra Dev College, University of Delhi organised a Quiz Competition with the THEME- Smartphones lead to DEPRESSION and MENTAL HEALTH issues on 6th April 2021 at 5:00 pm online through Google Meet Platform.

**ACHARAYA NARENDRA DEV COLLEGE**  
**University of Delhi**  
NAAC Accreditation Grade 'A' | NIRF-2020 All India Ranking 18

**NATIONAL SERVICE SCHEME**  
**Presents**  
**Quiz Competition**  
**On**  
**“SMARTPHONES LEAD TO DEPRESSION AND MENTAL HEALTH ISSUES.”**

**Date- 6/04/2021**  
**Time- 5pm**  
**Venue- Google meet**

**Dr. Ravi Toteja** Principal  
**Dr. Sunita Jaitely** Programe Officer  
**Manish Soni** Nss President  
**Arun & Kalyani** Nss Volunteer

96.

**Title:** Webinar by Dr. Suchita Kalyani, Physiotherapist on “Good & Bad Postures & magic of physiotherapy”

**No. of Participants:** 80

**Name of collaborating agency:** ANDC

**Report:** Good posture can be successfully acquired only when the entire mechanism of the body is under perfect control. To create awareness about Posture on 7th April 2021-“World Health Day”, 6 -7 pm the National Service Scheme (NSS) Unit of Acharya Narendra Dev College organized a Webinar on “Good and Bad Posture and Magic of Physiotherapy” via Google Meet. The session was conducted by Dr. Suchita Kalyani who is a Physiotherapist. The webinar educated people about good and bad posture of the body and the ways to rectify it with the help of Physiotherapy



**ACHARYA NARENDRA DEV COLLEGE**  
(University of Delhi)  
NAAC Accreditation Grade 'A' NIRF-2020 All India Ranking 18

**NATIONAL SERVICE SCHEME**  
**Invites You To**  
**HEALTH AWARENESS SERIES - 2**  
**TOPIC - GOOD AND BAD POSTURE AND MAGIC OF PHYSIOTHERAPY ON POSTURE**

**Speaker-**  
**Dr. Suchita Kalyani**  
**(Physiotherapist)**

 **APRIL 7, 2021**  
 **6 PM Onwards**  
**Venue - Google Meet**   
<https://meet.google.com/ads-rpnt-hur>

|                                     |  |                                     |  |
|-------------------------------------|--|-------------------------------------|--|
| <b>Dr. Ravi Toteja</b><br>Principal | <b>Dr. Sunita Jetly</b><br>Program Officer | <b>Manish Soni</b><br>NSS President | <b>Ayush &amp; Suyash</b><br>NSS Volunteer |
|-------------------------------------|--|-------------------------------------|--|



97.

**Title:** Slogan writing competition on the occasion of World Health Day

**No. of Participants:** 30

**Name of collaborating agency:** ANDC

**Report:** On the auspicious occasion of World Health Day the National Service Scheme of Acharya Narendra Dev College, University of Delhi conducted a Slogan Writing Competition on 7th April, 2021 through Google Form in order to have a sense of awareness on health. The THEME for the competition is "HUMAN HEALTH".

**ACHARYA NARENDRA DEV COLLEGE**  
University of Delhi  
NAAC Accreditation Grade 'A' | NIRF-2020 All India Ranking 18

**NATIONAL SERVICE SCHEME**  
Presents  
**SLOGAN WRITING COMPETITION**  
On The Occasion of  
**WORLD HEALTH DAY**  
On The Theme  
**"HUMAN HEALTH"**  
DATE- 7<sup>th</sup> APRIL 2021  
"A healthy outside starts from the inside."  
- Robert Urich  
Submit your entries: <https://forms.gle/d7eLVWB88dbqDG2t6>  
Note: Form closes at 11:59 PM on April 7, 2021

|                              |                                     |                              |                                 |
|------------------------------|-------------------------------------|------------------------------|---------------------------------|
| Dr. Ravi Toteja<br>Principal | Dr. Sunita Jetly<br>Program Officer | Manish Soni<br>NSS President | Ayush & Suyash<br>NSS Volunteer |
|------------------------------|-------------------------------------|------------------------------|---------------------------------|

98.

**Title:** Tika Utsav



**No. of Participants:** 40

**Name of collaborating agency:** ANDC

**Report:** During the second wave of the COVID-19 pandemic, intense activities and initiatives for combating and assisting people were undertaken by NSS@ANDC. NSS Volunteers worked round the clock to reach out to university staff members and other people in distress and tried to help them in every possible manner like development of Chat Bot system on What's App (What's App number 8114474101) by NSS volunteers to provide verified leads about COVID-19 resources and helped around 100 patients, tele-consultation with verified doctors, providing ration kits, organizing yoga series, plantation drives, project wellness to spread awareness on mental health issues like depression, loneliness, aggression, which arose due to the ongoing pandemic. 'Tika Utsav' was organized to spread awareness about the importance of vaccination.

**ACHARYA NARENDRA DEV COLLEGE**  
**University of Delhi**  
NAAC Accreditation Grade 'A' | NIRF-2020 All India Ranking 18

**NATIONAL SERVICE SCHEME**  
*celebrates*  
**TIKA UTSAV**  
APRIL 11 - APRIL 14  
**#LargestVaccinationDrive**

 nss\_andc\_  
 NSS ANDC

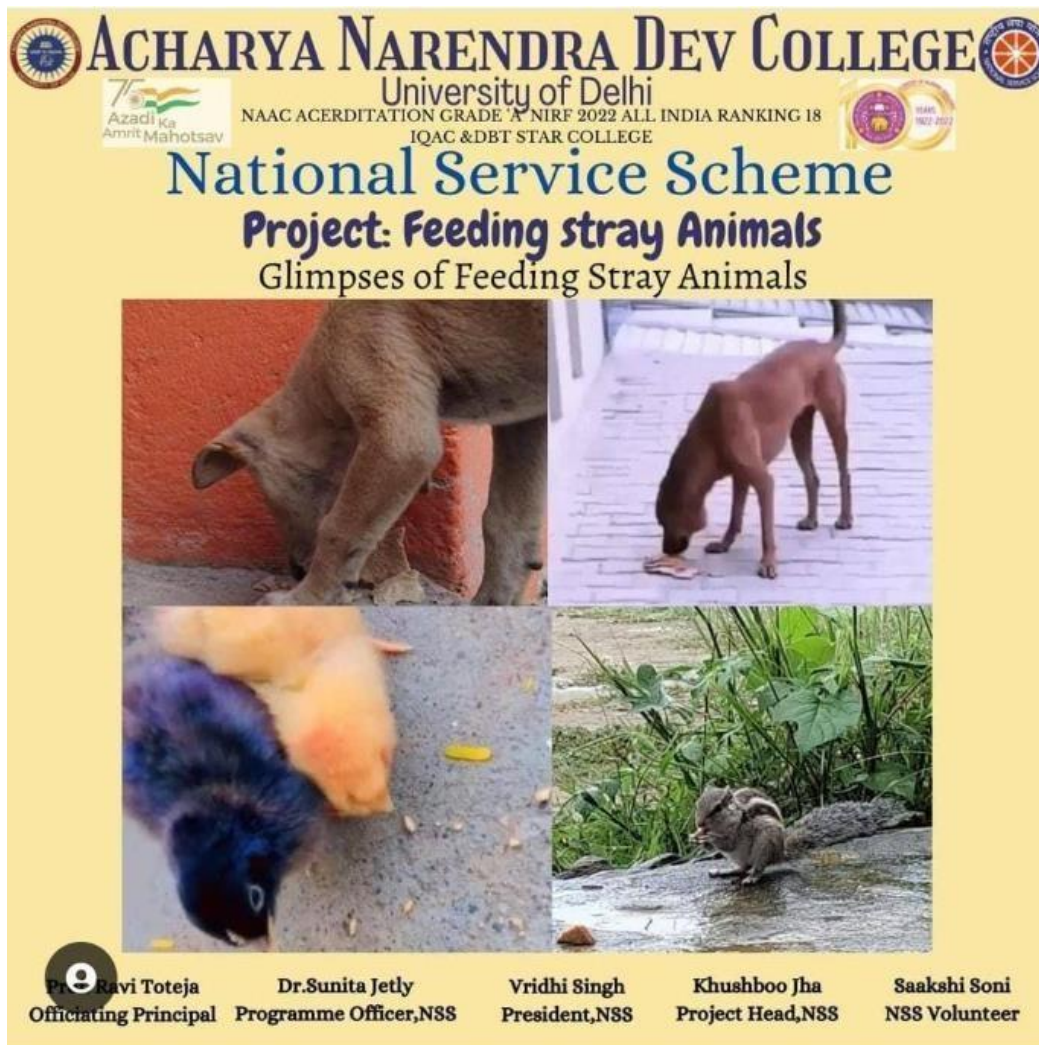
99.

**Title:** Daily Feeding Stray Animals under Project Feeding Stray Animals

**No. of Participants:** 35

**Name of collaborating agency:** ANDC

**Report:** National Service Scheme of Acharya Narendra Dev College, University of Delhi organized a POSTER MAKING COMPETITION\* on “TAKING CARE OF STRAY ANIMALS” on 10<sup>th</sup> and 11<sup>th</sup> February 2021. Best posters were posted on social media handles of the NSS unit.



100.

**Title:** Best Out of Waste Competition under Swachh Bharat Abhiyan

**No. of Participants:** 25

**Name of collaborating agency:** ANDC

**Report:** Swachh Bharat Abhiyan(SBA) is a country-wide campaign initiated by the Government of India in 2014. The NSS unit of Acharya Narendra Dev College under Project SBA conducted an inventive Best Out Of Waste competition on 10 April 2021. The participants showcased their creativity and made useful things out of waste materials from the household.

The poster features the logos of Acharya Narendra Dev College and the National Service Scheme at the top. The text reads: 'ACHARYA NARENDRA DEV COLLEGE University of Delhi NAAC Accreditation Grade 'A' NIRF-2020 All India Ranking 16'. Below this, it says 'NATIONAL SERVICE SCHEME Swachh Bharat Abhiyan Project Presents BEST OUT OF WASTE COMPETITION'. A quote from Narendra Modi is included: 'I come from a poor family, I have seen poverty. The poor needs respect, and it begins with cleanliness.' - Narendra Modi. At the bottom, it says 'Send your entries here: https://forms.gle/5x2LqdXrmMdiGf58' and 'NOTE- YOU CAN SUBMIT FORM TILL APRIL 10, 2021'. The footer lists the names and roles of the organizers: Dr. Ravi Toteja (Principal), Dr. Sunita Jetly (Program Officer), Niharika Upadhyay (NSS Secretary), and Ayush (NSS Volunteer).

ACHARYA NARENDRA DEV COLLEGE  
University of Delhi  
NAAC Accreditation Grade 'A' NIRF-2020 All India Ranking 16

**NATIONAL SERVICE SCHEME**  
**Swachh Bharat Abhiyan**  
**Project**  
**Presents**  
**BEST OUT OF WASTE COMPETITION**

"I come from a poor family, I have seen poverty. The poor needs respect, and it begins with cleanliness."  
- Narendra Modi

Send your entries here:  
<https://forms.gle/5x2LqdXrmMdiGf58>

**NOTE- YOU CAN SUBMIT FORM TILL APRIL 10, 2021**

Dr. Ravi Toteja    Dr. Sunita Jetly    Niharika Upadhyay    Ayush  
Principal    Program Officer    NSS Secretary    NSS Volunteer

101.

**Title:** Awareness through Poster drive related to vaccine

**No. of Participants:** 30

**Name of collaborating agency:** ANDC

**Report:** A series of online programs including posters, videos and discussions were carried out by NSS unit of the college to create awareness related to Covid 19 vaccine.

आचार्य नरेन्द्र देव कॉलेज,  
दिल्ली विश्वविद्यालय

राष्ट्रीय सेवा योजना  
उन्नत भारत अभियान

**टीकाकरण अभियान एक**

**वैक्सीन पंजीकरण कैसे करें?**

- 1) रजिस्ट्रेशन की व्यवस्था ऑनलाइन होगी।
- 2) रजिस्ट्रेशन में एक फॉर्म होगा जिसमें नाम, पता, उम्र, मेडिकल हिस्ट्री जैसी जानकारियां पूछी जाएंगी।
- 3) सारा डेटा फीड करने के बाद आपको एक फोटो पहचान-पत्र का चुनाव करना होगा जिसे वेरिफिकेशन के लिए इस्तेमाल किया जाएगा
- 4) फॉर्म सबमिट करने पर आपके रजिस्टर्ड मोबाइल नंबर पर SMS पहुंच जाएगा। आपके मोबाइल पर SMS भेजकर बताया जाएगा कि टीका कहां और कब लगेगा।
- 5) जब आप केंद्र पर पहुंचेंगे तो वेटिंग रूम में अपनी बारी का इंतजार करना होगा। नंबर आने पर आपको फोटो पहचान-पत्र दिखाना होगा।
- 6) वेरिफिकेशन पूरा होने के बाद आपको वैक्सीनेशन रूम में भेजा जाएगा।
- 7) यहां आपको ट्रेन्ड मेडिकल प्रफेशनल टीका लगाएंगे और ऑब्जरवेशन रूम में भेज देंगे।
- 8) टीका लगने के बाद कम से कम आधे घंटे तक केंद्र पर रहें। अगर किसी तरह की परेशानी महसूस हो तो वहां मौजूद हेल्थ ऑफिसर से कॉन्टैक्ट करें।
- 9) पहली डोज की तरह दूसरी डोज के लिए भी SMS भेजकर इन्फॉर्म किया जाएगा।

डॉ रवि टोटेजा (प्रधानाचार्य)  
आस्था गुप्ता (स्वयंसेवक)

डॉ सुनीता जेटली (कार्यक्रम अधिकारी)  
प्रथम मलिक (स्वयंसेवक)

डॉ पूजा भगत (कार्यक्रम अधिकारी)

102.

**Title:** Slogan writing competition on “Cleanliness is next to Godliness”

**No. of Participants:** 70

**Name of collaborating agency:** ANDC

**Report:** Due to the COVID-19 pandemic, the students who could not be a part of the on-site work under Project SBA, participated in online events, ‘Best out of Waste’, slogan writing and poster making competition on the topic ‘Cleanliness is next to Godliness’ on 16 April, 2021.

**ACHARYA NARENDRA DEV COLLEGE**  
**UNIVERSITY OF DELHI**

**NATIONAL SERVICE SCHEME**

Presents

**SWATCH BHARAT ABHIYAAN PROJECT**

**SLOGAN WRITING & POSTER MAKING COMPETITION**

On The Theme

**Cleanliness is next to Godliness**

**Last Date of Submission**  
**16<sup>th</sup> April 2021**

**Ek kadam swachhata ki ore**

Submit your entries here ↓  
<https://tinyurl.com/5bzhcb9w>

Dr. Ravi Toteja    Dr. Sunita Jetly    Niharika Upadhyay    Arunima & Vikas  
Principal    Program Officer    NSS Secretary    NSS Volunteer

103.

**Title:** Yoga Workshop by Acharya Swati Jha under Project Wellness

**No. of Participants:** 90

**Name of collaborating agency:** ANDC and NSUT

**Report:** NSS ANDC in collaboration with NSS NSUT Cell organized a seven day series of workshops from 14th -21 st June(excluding 20 th June) on the occasion of International Day of Yoga. Acharya Swati Jha conducted the informative sessions for promoting healthy and peaceful life.

**NSS ANDC in collaboration with NSS NSUT presents**  
**WORKSHOP**  
on the occasion of  
**International Day of Yoga**  
Promoting Common Yoga Protocol

Dr. Sunita Jetly  
(Program Officer)  
Dr. Praveen Saroha  
(Program Coordinator)  
Niharika (NSS President)  
Anuj (NSS President)

**Acharyaa Swati Jha**

E certificate will be provided(Those who attend the workshop daily)

14<sup>th</sup>-19<sup>th</sup> June  
2021  
1hr each  
21<sup>st</sup> June  
2021  
2hr session  
9Am  
Onwards

104.

**Title:** Group Discussion on “fears of getting Vaccination”

**No. of Participants:** 60

**Name of collaborating agency:** ANDC

**Report:** Dr Sunita Jetly as convenor of NSS conducted group discussion on 7<sup>th</sup> April,2021 on the topic “Fears of Getting Vaccination of Covid-19”

**Acharya Narendra Dev College**  
University of Delhi  
Accredited 'A' Grade by NAAC-Score 3.31 | NIRF 2020 Ranking -18 | DBT Star College

**National Service Scheme**

**"Fear of Getting Vaccinations of Covid-19"**

**Date - 07 April 2021**

|   |   |  |                                       |
|---|---|--|---------------------------------------|
| <b>Dr. Ravi Toteja .</b><br>(Officiating Principal) | <b>Dr. Sunita Jetly</b><br>(Program Officer, NSS) | <b>Niharika Upadhyay</b><br>(President, NSS) | <b>Riya Rajput</b><br>(NSS Volunteer) |
|---|---|--|---------------------------------------|



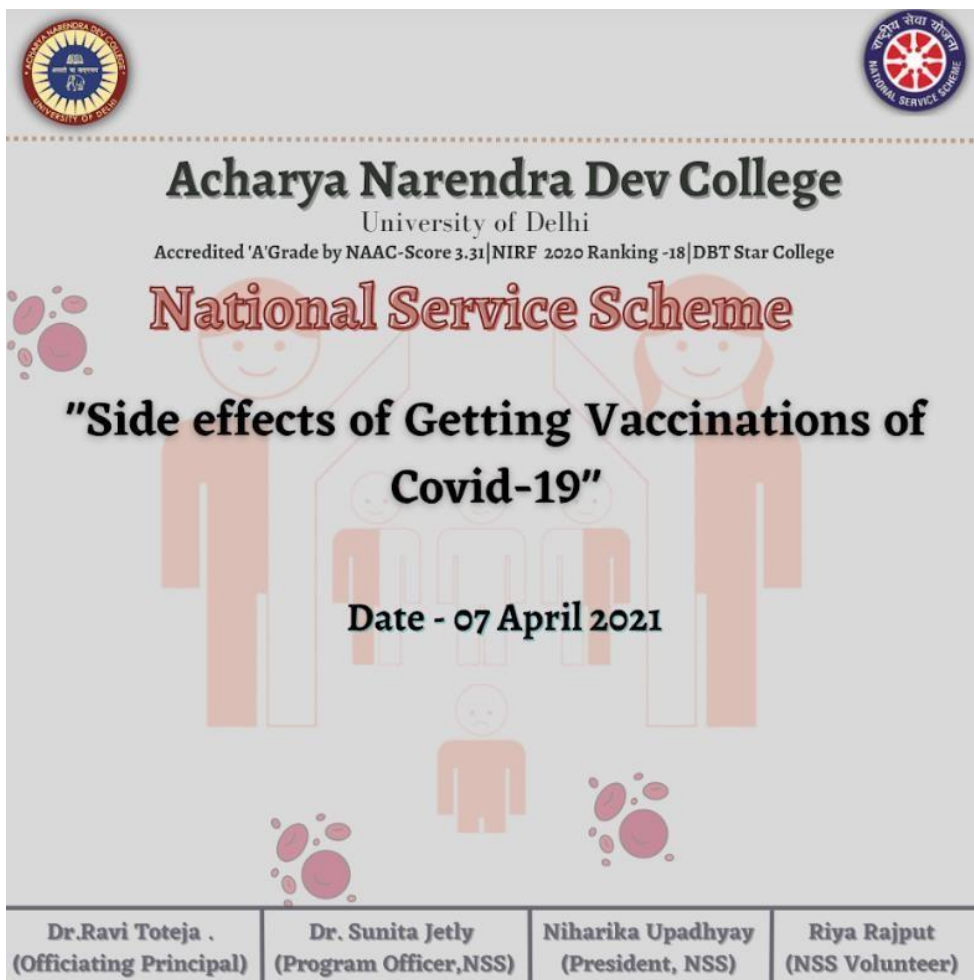
105.

**Title:** Group Discussion on “Side Effects of getting Vaccinations of Covid-19”

**No. of Participants:** 60

**Name of collaborating agency:** ANDC

**Report:** Dr Sunita Jetly as convenor of NSS conducted group discussion on 7<sup>th</sup> April,2021 on the topic “Side effects of Getting Vaccinations of Covid-19”.



**Acharya Narendra Dev College**  
University of Delhi  
Accredited 'A' Grade by NAAC - Score 3.31 | NIRF 2020 Ranking -18 | DBT Star College

**National Service Scheme**

**"Side effects of Getting Vaccinations of Covid-19"**

**Date - 07 April 2021**

|   |  |                                       |                                |
|---|--|---------------------------------------|--------------------------------|
| Dr.Ravi Toteja .<br>(Officiating Principal) | Dr. Sunita Jetly<br>(Program Officer, NSS) | Niharika Upadhyay<br>(President, NSS) | Riya Rajput<br>(NSS Volunteer) |
|---|--|---------------------------------------|--------------------------------|



106.

**Title:** Article writing competition on occasion of road safety week

**No. of Participants:** 40

**Name of collaborating agency:** ANDC

**Report:** The theme for National Road Safety Week, January 01 to January 07, 2021 was Sadak Suraksha Jeevan Raksha. As road accidents are one of the leading causes of mortality and morbidity, road safety week was organized to reiterate the importance of safe, sane and lane driving. Various activities like slogan writing, article writing and poster making competition, quiz etc. were organized in that week.

 **ACHARYA NARENDRA DEV COLLEGE**   
UNIVERSITY OF DELHI  
NAAC ACCREDITATION GRADE 'A' | NIRF - 2020 ALL INDIA RANKING 18

**NATIONAL SERVICE SCHEME**  
presents

**ARTICLE WRITING**  
**Submission Deadline: 6:00 p.m.**  
**2nd January, 2021**

*Submission through google form*

Link : <https://forms.gle/86uSQmNMZ6DH98ck8>

**ROAD SAFETY WEEK**  
JANUARY 1 - 7 , 2021

Dr. Ravi Toteja  
(Principal)

Dr. Sunita Jetly  
(Program Officer)

107.

**Title:** Webinar on “Cyber Crimes and Safety measures” by Dr. Gaurav Kumar

**No. of Participants:** 80

**Name of collaborating agency:** ANDC

**Report:** NSS unit organized a National Webinar on “Cyber Crimes and Safety measures” on 25th April,2021.Dr. Gaurav Kumar, a NSS JNU Alumni ,Social Entrepreneur

The poster is for a National Webinar titled "Cyber Crime and Safety Measures" organized by Acharya Narendra Dev College, University of Delhi. It features the logos of the college, the University of Delhi, and CollCom (Empowering youth through Community Service). The event is part of the National Service Scheme (NSS) and is held under Project Cyber Sanskar. The resource person is Dr. Gaurav Kumar, an NSS JNU Alumni, Social Entrepreneur, and Founder and Director of CollCom. The webinar is scheduled for 25th April, 2021 (Sunday) at 4 PM. A QR code is provided for registration. The poster also lists the names of the organizers: Dr. Ravi Toteja (Principal), Dr. Sunita Jetly (Program Officer), and Mr. Manish Soni (President NSS ANDC). The background of the poster includes images of a laptop, a calendar, a clock, and a notebook.

ACHARYA NARENDRA DEV COLLEGE  
UNIVERSITY OF DELHI  
NAAC Accreditation Grade 'A' NIRF-2020 All India Ranking 18

NATIONAL SERVICE SCHEME  
Cordially Invites you for a National Webinar  
On  
**Cyber Crime and Safety Measures**  
(Under Project Cyber Sanskar)

Resource Person  
**Dr. Gaurav Kumar**  
NSS JNU Alumni, Social Entrepreneur  
Founder and Director of CollCom

25th April, 2021  
(Sunday)

4 PM

Scan QR Code for registration

Dr. Ravi Toteja (Principal)  
Dr. Sunita Jetly (Program Officer)  
Mr. Manish Soni (President NSS ANDC)

108.

**Title:** 20 Days Yoga Series under Project Wellness

**No. of Participants:** 40

**Name of collaborating agency:** ANDC

**Report:** NSS ANDC not only believes in the power of Yoga but it gives emphasis on practicing it on a daily basis. To promote it the unit conducted a twenty days Yoga Series from April 1, 2021-April 20, 2021. Students actively participated and practiced it for a healthy life.



109.

**Title:** Awareness through Reel, Posters , Videos - Breaking Stereotype, Pride Month June

**No. of Participants:** 50

**Name of collaborating agency:** ANDC

**Report:** Every year in June the world celebrates Pride month dedicated to the LGBTQ+ community and their rights to live a dignified life. Pride month is about equality, teaching acceptance, education in Pride history and above all love. It's about being proud of who you are and no matter who you love. You don't have to BE GAY TO BE SUPPORTER you just have to be human !!!” With this Breaking Stereotype theme NSS unit created awareness through various activities and celebrated Pride Month June.



110.

**Title:** Webinar on the occasion of World Blood Donor Day by Dr. PK Gogoi

**No. of Participants:** 100

**Name of collaborating agency:** NGO Khoon

**Report:** NSS unit of ANDC conducted a webinar on June 14, 2021 at 7 p.m with expert hematologists Prof. (Dr.) P.K. Gogoi and Dr. Jina Bhattacharyya on the topic - “Blood Donation in India: A Year into the Pandemic”. The panel also had Trinayan Parasar, a thalassemia warrior and Amit Maloo, a superhero donor.



KHOON INVITES YOU TO AN INTERACTIVE SESSION ON  
**Blood Donation In India: A Year Into The Pandemic**

You can be a part of saving someone's life.  
In this webinar, we would discuss topics such as -

1. Blood donation pre and post COVID.
2. Health and benefits of donating blood.
3. Necessity of blood donation during a pandemic.

**JOIN US <sup>(••)</sup> LIVE**  
**MONDAY, 14<sup>TH</sup> JUNE AT 7 P.M.**



**Prof. (Dr.) P.K. GOGOI**  
MD, Dip Haem (London University),  
PDT in Oxford & Cambridge University, UK  
Clinical Haematologist &  
Haemato-oncologist.



**Dr. JINA BHATTACHARYYA**  
MBBS, MD (Medicine)  
DM (Clinical Haematologist)

| SPEAKERS | 1. Trinayan Parasar<br>Thalassemia Warrior | 2. Amit Maloo<br>Donated Blood Over 20+ Times |
|----------|--|---|
|----------|--|---|

111.

**Title:** Awareness through poster Drug Abuse and illicit trafficking

**No. of Participants:** 12

**Name of collaborating agency:** ANDC

**Report:** On the occasion of International Day against drug abuse and illicit trafficking i.e on 26<sup>th</sup> June,2021 the NSS Unit through posters created awareness to embrace life and say no to drugs to have a successful, replaced and happy life ahead.



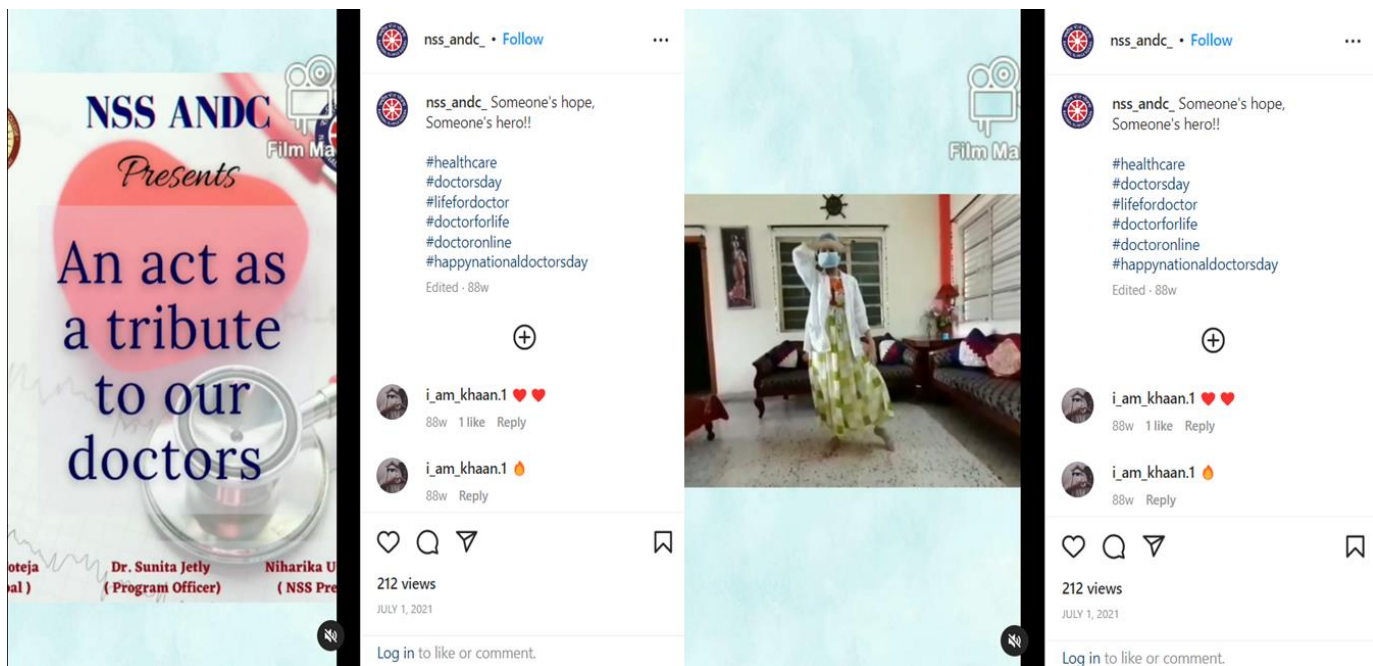
112.

**Title:** Reel giving tribute to doctors

**No. of Participants:** 5

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC made a reel and shared it on social media platforms as an act to give tribute to doctors



[https://www.instagram.com/tv/CQxU4e7jrs1/?utm\\_source=ig\\_web\\_copy\\_link](https://www.instagram.com/tv/CQxU4e7jrs1/?utm_source=ig_web_copy_link)



2021-22

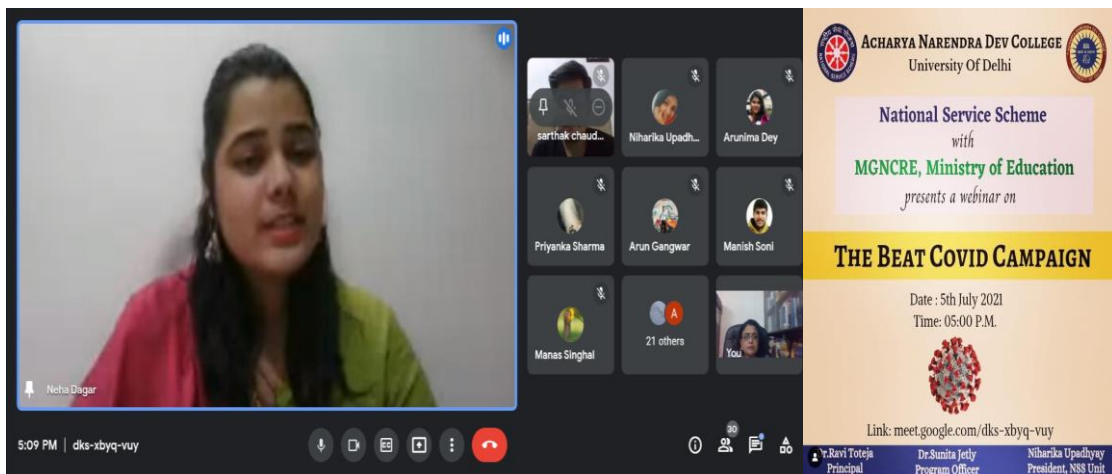
113.

**Title:** The Beat Covid Campaign

**No. of participants:** 76

**Name of collaborating agency:** MGNCRE, Ministry of Education

**Report:** The Beat Covid Campaign - MGNCRE, MINISTRY OF EDUCATION July 05, 2021 was conducted for inspiring students to undertake activities under VID IPSA. The aim of the project was to educate the underprivileged children, especially the girl child, living in slums.



114.

**Title:** Project “Ek Aashiyana inka bhi”

**No. of participants:** 70+

**Name of collaborating agency:** ANDC

**Report:** A webinar on Health and Medicinal plants was organized where Shri Rakesh Kumar gave knowledge about plants like Amrita Aloe Vera Tulsi etc on August 04, 2021. This year a project was initiated on July 15, 2021 called “Ek Ashiyana inka bhi” where the importance of the ecosystem of urban sparrows was highlighted through posters and discussion. World acclaimed Mr Rakesh Khatri ji taught the volunteers how to make a nest on July 21, 2021. Birds Photography Competition under Project “Ek Aashiyana inka bhi” for sparrows was organized for goading the cause further.



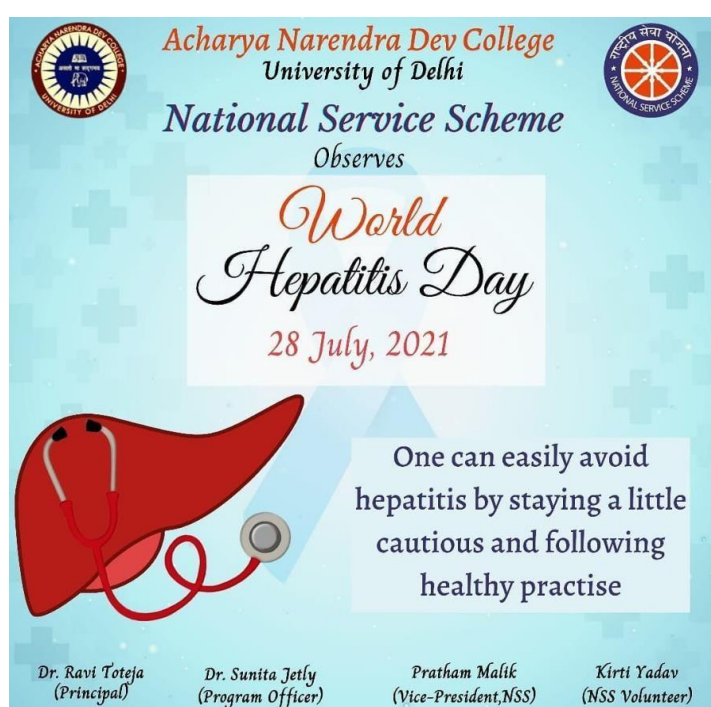
115.

**Title:** World Hepatitis Day through digital posters

**No. of participants:** 10

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC observed World Hepatitis Day on 28th July,2021 with a motive to educate everyone that it can be easily avoided by staying a little cautious and following healthy practices.



116.

**Title:** Webinar - Hepatitis can't wait

**No. of participants:** 82

**Name of collaborating agency:** ANDC

**Report:** NSS Unit of Andc organized a webinar on the occasion of World Hepatitis Day on 1st August,2021. Dr. Amit Kumar ,MBBS(MAMC),Department of Radiodiagnosis,KMMC,Mathura was the resource person .

The poster is for a webinar titled "Hepatitis can't wait!". It features logos for the National Service Scheme (NSS) and the Indian Health Education and Anand Care (IHE & ANDC) at the University of Delhi. The text on the poster includes:  
- Title: Hepatitis can't wait!  
- Occasion: ON THE OCCASION OF WORLD HEPATITIS DAY  
- Date and Time: 1ST AUGUST- 11AM  
- Speaker: DR. AMIT KUMAR, MBBS (MAMC), DMRD, DNB, FRCR, Department of Radiodiagnosis, KMMCH, Mathura  
- Contact information: @nssihe, @nss\_andc, 8860069161, 7678207162  
- A small illustration of a person holding a large orange umbrella.

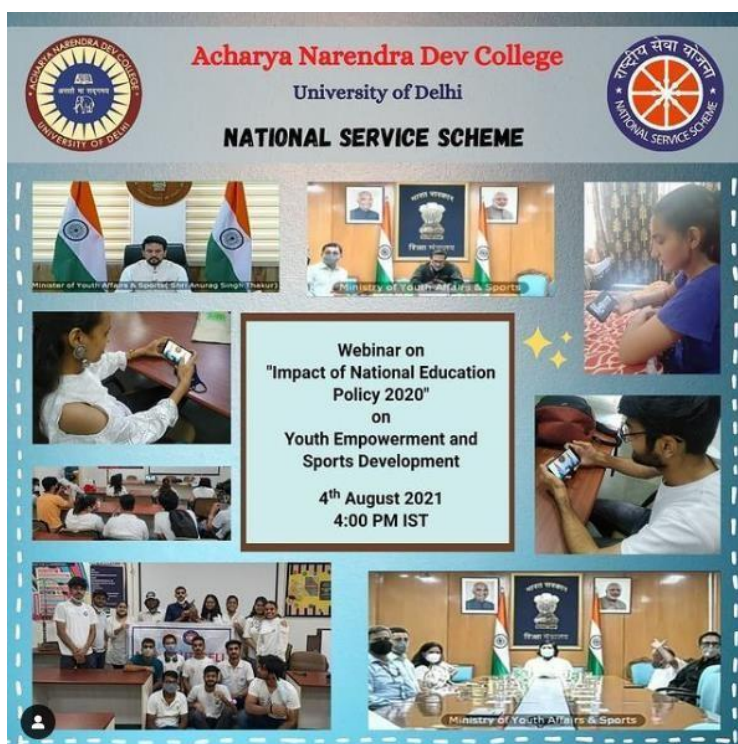
117.

**Title:** Webinar on Impact of National Education Policy on Youth Empowerment and Sports Development

**No. of participants:** 85

**Name of collaborating agency:** ANDC

**Report:** Students attended the speech on Celebrating One Year of National Education Policy 2020 by Honorable Prime Minister July 29, 2021. A Webinar on Impact of National Education Policy on Youth Empowerment and Sports Development was organized on August 04, 2021



118.

**Title:** Webinar on cancer prevention and adopting a healthy life style

**No. of participants:** 69

**Name of collaborating agency:** NSUT and Sanjeevani

**Report:** The Breast Cancer Month started with Webinar on cancer prevention and adopting a healthy life style in collaboration with Sanjeevani on August 04, 2021 followed by poster, reels, quiz, film screening on breast cancer prevention and detection.



**119 and 120.**

**Title:** Nukkad Natak on COVID Vaccination practice -15 days and Nukkad Natak on COVID Vaccination in NSUT Campus

**No. of participants:** 25

**Name of collaborating agency:** ANDC

**Report:** Post COVID-19, vaccination awareness was required and it was done by visiting the slums of Okhla and Govindpuri Village to educate them about the importance of timely vaccination. To increase this impact, a Nukkad Natak was prepared by NSS students and performed on stage on August 08 and 10, 2021 in Ohkla and Govindpuri Slums respectively.



121.

**Title:** Plogging drive

**No. of participants:** 20+

**Name of collaborating agency:** NSUT

**Report:** NSS unit of ANDC in association with NSS unit of NSUT did plogging drive on 16th August, 2021 at NSUT campus for the benefit of environment





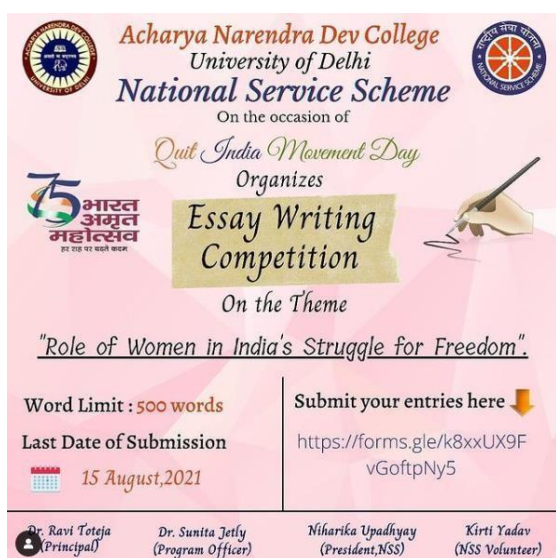
122.

**Title:** Essay Writing Competition- Role of women in India's freedom struggle

**No. of participants:** 60

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC on the occasion of Quit India Movement Day organises an Essay Writing Competition on the theme “Role of Women in India’s Struggle for Freedom” on Independence day. Students actively participated in the competition.



**Acharya Narendra Dev College**  
University of Delhi  
**National Service Scheme**  
On the occasion of  
*Quit India Movement Day*  
Organizes  
**Essay Writing Competition**  
On the Theme  
"Role of Women in India's Struggle for Freedom".

Word Limit : 500 words  
Last Date of Submission  
15 August, 2021

Submit your entries here ↓  
<https://forms.gle/k8xxUX9FvGofpNy5>

Dr. Ravi Toteja (Principal)  
Dr. Sunita Jetly (Program Officer)  
Niharika Upadhyay (President, NSS)  
Kirti Yadav (NSS Volunteer)

123.

**Title:** Interactive quiz based on quotes and beliefs of Freedom Fighter

**No. of participants:** 65+

**Name of collaborating agency:** ANDC

**Report:** To celebrate 75 years of Independence NSS unit of ANDC organised an Interactive Quiz based on famous quotes and beliefs of our Freedom Fighters on 15th August,2021 at 6.00 p.m via Google Meet.

**Acharya Narendra Dev College**  
University of Delhi  
**National Service Scheme**  
on the occasion of

**CELEBRATING 75 YEARS OF INDEPENDENCE**

**Interactive Quiz**  
based on famous quotes and beliefs of our Freedom Fighters

**# आज़ादी का अमृत महोत्सव**

**GOOGLE MEET :** [meet.google.com/men-wras-jwt](https://meet.google.com/men-wras-jwt)

**DATE :** 15 AUGUST 2021  
**TIME :** 6:00 P.M.

**Prof. Ravi Toteja** (Officiating Principal)  
**Dr. Sunita Jetly** (Program Officer)  
**Rajat Sharma** (Secretary, NSS)  
**Ankush Rana** (NSS Volunteer)

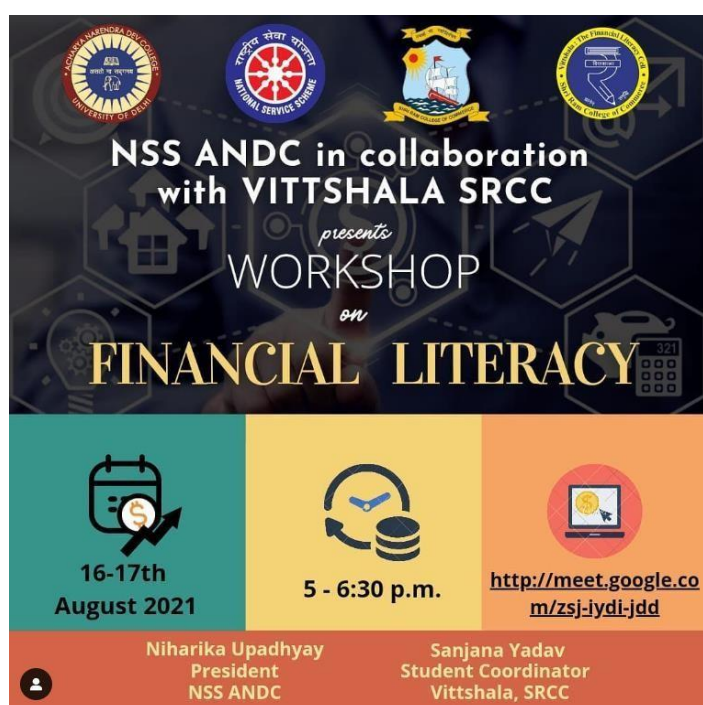
124.

**Title:** Workshop on Financial Literacy

**No. of participants:** 70

**Name of collaborating agency:** Vittshala SRCC

**Report:** A Workshop on Financial Literacy in collaboration with Vittshala, SRCC, University of Delhi was organized on August 17, 2021. To add fun to studies a Slum visit on Children's Day was organized to interact with children.



The poster features logos at the top for Anna University, National Service Scheme, Vittshala SRCC, and the Department of Financial Literacy. The main text reads: "NSS ANDC in collaboration with VITSHALA SRCC presents WORKSHOP ON FINANCIAL LITERACY". The bottom section is divided into three colored boxes: a teal box with a calendar icon for "16-17th August 2021", a yellow box with a clock and coins icon for "5 - 6:30 p.m.", and an orange box with a laptop icon for the Google Meet link "<http://meet.google.com/zsj-iydi-jdd>". At the bottom, it lists "Niharika Upadhyay, President, NSS ANDC" and "Sanjana Yadav, Student Coordinator, Vittshala, SRCC".

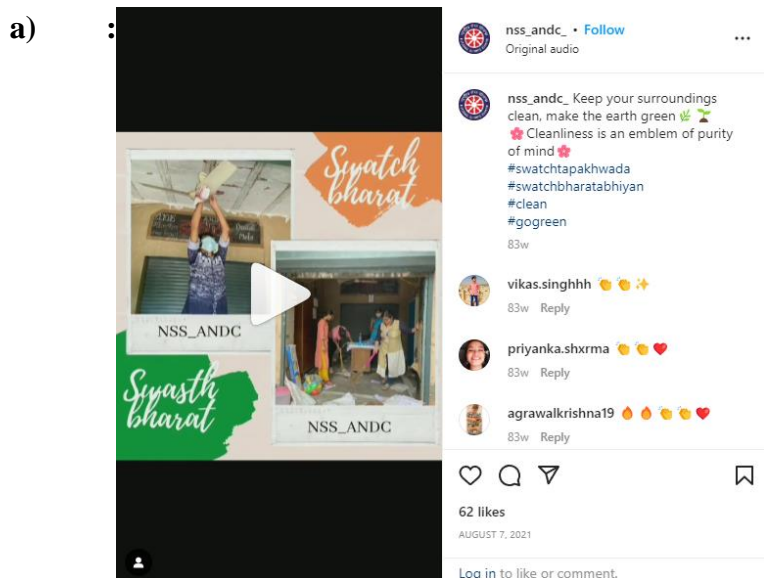
125.

**Title:** Swachhta Pakhwada - Pledge Taking Ceremony

**No. of participants:** 50

**Name of collaborating agency:** ANDC

**Report:** Volunteers performed various activities to reemphasize the importance of sanitation and cleanliness especially in the milieu of this pandemic. The first attempt under this project was the offline cleaning drive of NSS Room and surrounding inside the college. Several such cleanliness drives inside the college were undertaken from August till December. Swachhta Pakhwada was celebrated with posters and video making and it culminated with Pledge Taking Ceremony on August 18, 2021



[https://www.instagram.com/reel/CSQuugwBjVm/?utm\\_source=ig\\_web\\_copy\\_link](https://www.instagram.com/reel/CSQuugwBjVm/?utm_source=ig_web_copy_link)

126.

**Title:** Group Discussion on Sanskrit and Science are Synonymous on the occasion of World Sanskrit Day

**No. of participants:** 60

**Name of collaborating agency:** ANDC

**Report:** To promote mother tongue and official languages poster awareness was done on World Sanskrit Day on August 22, 2021 followed by Group Discussion on “Sanskrit and Science are Synonymous” on August 23, 2021.

**Acharya Narendra Dev College**  
University of Delhi

**NATIONAL SERVICE SCHEME**  
organizes

**Group Discussion on**  
**(SANSKRIT AND SCIENCE ARE SYNONYMOUS)**  
on the Occasion of  
**WORLD SANSKRIT DAY**  
2021

**DATE: 23/08/21**      **TIME: 5:00 PM – 6:00 PM**  
**GOOGLE MEET LINK:** <https://meet.google.com/fuz-qojm-rsf>

Prof. Ravi Toteja (Officiating Principal)      Dr. Sunita Jetly (Program Officer)      Rajat Sharma (Secretary, NSS)      Ankush Rana (NSS Volunteer)

127.

**Title:** Nature Cure for Diabetes

**No. of participants:** 110

**Name of collaborating agency:** Ayuryoga Life Institute

**Report:** NSS unit of ANDC organised a two day webinar on Nature Cure for Diabetes on 25th -26th August 2021 from 5.00-7.00 pm in collaboration with other NSS units of different colleges and Universities along with Ayur Yoga Life Institute.

Dr. Satya Lakshmi, Dr. Sankaran, Darryl D'Souza, Sashi Sarda, Dr. Tulika Sanadhya were the resource persons.



The poster features logos of six participating institutions at the top: Ayuryoga Life Institute, Acharya Narendra Dev College, Faculty of Business Studies, University of Delhi, NSU, and NSS Unit of ANDC. The main text reads: "NSS, ACHARYA NARENDRA DEV COLLEGE, UNIVERSITY OF DELHI UNDER THE AEGIS OF DBT STAR SCHEME IN COLLABORATION WITH AYURYOGA LIFE INSTITUTE. Invites you for a webinar on NATURE CURE FOR DIABETES". Below this, five circular portraits of speakers are shown with their names and titles: Dr. Satya Lakshmi (Director - NIN Pune), Dr. Sankaran (Editor - TQHM), Darryl D'Souza (Nature Cure Practitioner), Sashi Sarda (Yogacharya), and Dr. Tulika Sanadhya (Nature Cure Practitioner). A central banner indicates the dates: "5:00- 7:00 PM 25TH - 26TH AUGUST 2021". At the bottom, there are portraits of Prof. Ravi Toteja (Principal, ANDC, DU) and Dr. Sunita Jetly (Program Officer - NSS ANDC), along with the Ayuryoga Life Institute logo and the slogan "भारत की आज़ादी का अमृत महोत्सव". The registration link "ENROLL NOW AT WWW.NSS.AYURYOGA.LIFE" is provided at the bottom.

128.

**Title:** FIT India Freedom Run of 75th Azaadi ka Amrit Mahotsav

**No. of participants:** 53

**Name of collaborating agency:** ANDC

**Report:** It was initiated with the aim of motivating students for practicing healthy habits and to attain better physical and mental health outcomes. Social Media handles were extensively used to spread the message through various activities like posters on World Mental Health Day and FIT India Run, Art of Mind Control session under Project Wellness and Nasha Mukti Pledge. Volunteers also participated in FIT India Run on 28th August,2021 and obtained an appreciation certificate for the same.



129.

**Title:** Stray Snapx, A photography competition under Project Stray Animals

**No. of participants:** 50

**Name of collaborating agency:** ANDC

**Report:** Stray Snapx” a photography competition was held on September 05, 2021. Stray animals whose responsibility volunteers had taken were fed year-round.





130.

**Title:** Nutrition Drive in adopted villages

**No. of participants:** 35

**Name of collaborating agency:** ANDC

**Report:** NSS Unit of ANDC organises Nutrition Drive on 7th September,2021 to make people aware about the benefits of nutrition for healthy living and encourage them to avoid unhealthy food and consume nutritious food for a good and disease free living.



131.

**Title:** Poshan Abhiyan Quiz

**No. of participants:** 40

**Name of collaborating agency:** ANDC

**Report:** POSHAN Abhiyaan is the flagship programme of Government of India to improve the nutritional outcomes for children, adolescents, pregnant women and lactating mothers. National Nutrition Mission named as the Hon'ble Prime Minister's overarching scheme for Holistic Nutrition –POSHAN Abhiyaan was launched as a multi-ministerial convergence mission. NSS participated in this vision through gamut of activities ranging from Nutrition Drive Poster and videos, Poshan Abhiyan Quiz (8 September, 2021) and Yoga for nutrition workshop to make India malnutrition free.

**Acharya Narendra Dev College**  
University of Delhi  
**National Service Scheme**  
under  
*Poshan Abhiyan*  
organizes  
**Interactive Quiz**  
*Topic : Food Fortification*

08th September, 2021 06:00 PM  
<http://meet.google.com/kiz-awuh-sxq>

Prof. Ravi Toteja (Officiating Principal) | Dr. Sunita Jetly (Program Officer) | Niharika Upadhyay (President, NSS) | Kirti Yadav (NSS Volunteer)

Q-2 What is the chemical name for Vitamin B5?  
A-Ascorbic acid  
B-Pantothenic acid  
C-Acetic acid  
D-Hydrocholric acid

KIRTI is presenting

You | Sneha Singhal left | ihu | 31 others

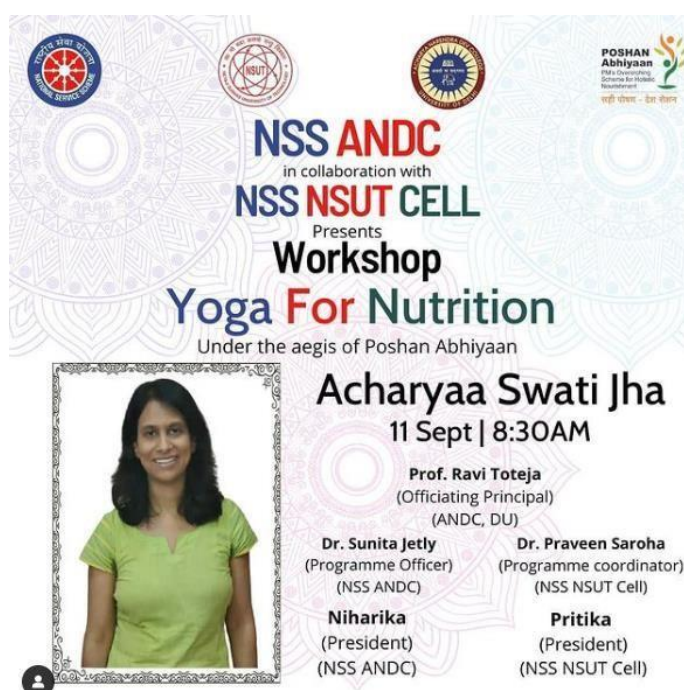
132.

**Title:** Yoga for nutrition workshop – NSUT

**No. of participants:** 896

**Name of collaborating agency:** NSUT Cell

**Report:** In order to sustain the interest of Volunteers, a Workshop on Yoga for nutrition was held on September 11, 2021 and the significance of Surya Namaskar on January 13, 2022 was presented through the posters.



**NSS ANDC**  
in collaboration with  
**NSS NSUT CELL**  
Presents  
**Workshop**  
**Yoga For Nutrition**  
Under the aegis of Poshan Abhiyaan

**Acharyaa Swati Jha**  
11 Sept | 8:30AM

**Prof. Ravi Toteja**  
(Officiating Principal)  
(ANDC, DU)

**Dr. Sunita Jetly**  
(Programme Officer)  
(NSS ANDC)

**Dr. Praveen Saroha**  
(Programme coordinator)  
(NSS NSUT Cell)

**Niharika**  
(President)  
(NSS ANDC)

**Pritika**  
(President)  
(NSS NSUT Cell)

133.

**Title:** e-Poster Making Competition on World Ozone Day

**No. of participants:** 55

**Name of collaborating agency:** ANDC

**Report:** International Day for the Prevention of Ozone Layer (September 16, 2021) was observed by posters on social media handles and e-Poster competition was organized on September 17, 2021.



134.

**Title:** UMANG'21 - 2 Day Inter College Fest Project Presentation Competition

**No. of participants:** 70

**Name of collaborating agency:** Gargi College

**Report:** September 23, 2021, the 52<sup>nd</sup> NSS Day was celebrated as 2-day event (September 23-24, 2021) Inter college Fest “UMANG’21 which had many competitions like - Project Presentation Competition, Panel Discussion with Eminent Personalities”, group Discussion on “Gandhian Approach towards Nature Cure” and Integrity Knowledge : A Relay Quiz followed by a Blood Donation Camp.



135.

**Title:** Group Discussion on "Gandhian Approach towards Nature Cure"

**No. of participants:** 60

**Name of collaborating agency:** ANDC

**Report:** Nss unit of ANDC conducted a group Discussion on “Gandhian approach towards nature cure” on the occasion of NSS Day i.e 24 th September, 2021 from 2.00 p.m to 4.00 p.m via Google Meet.

**Acharya Narendra Dev College**  
University of Delhi  
**National Service Scheme**  
presents  
**Group Discussion**  
on  
**"Gandhian approach towards nature cure"**  
on the occasion of  
**NSS Day**  
(24th September, 2021)

24th September, 2021 2:00P.M. - 4:00P.M.  
<http://meet.google.com/vvc-ynms-bfr>

Prof. Ravi Toteja (Participating Principal) Dr. Sunita Jetly (Program Officer, NSS) Devanshi Saini (Project Head, NSS) Dhaval Arora (Volunteer, NSS)

#Azadi ka Amrit Mahotsav




136.

**Title:** Integrity Knowledge: A Relay Quiz

**No. of participants:** 40

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC organises a relay quiz “Integrity Knowledge: A relay quiz” on the occasion of NSS Day i.e on 24 th September,2021 via google meet from 5 p.m to 7 p.m.






**Acharya Narendra Dev College**  
University of Delhi

**National Service Scheme**  
organizes

*"Integrity Knowledge:  
A relay quiz"*

on the occasion of  
**NSS Day**  
(24th September, 2021)

 24th September, 2021  5:00P.M. - 7:00P.M.

 <http://meet.google.com/zwr-cdiz-soq>

**For further queries contact:**  
Kunal- 95607 94817  
(NSS Volunteer)  
Krishna-98391 50188  
(NSS Volunteer)

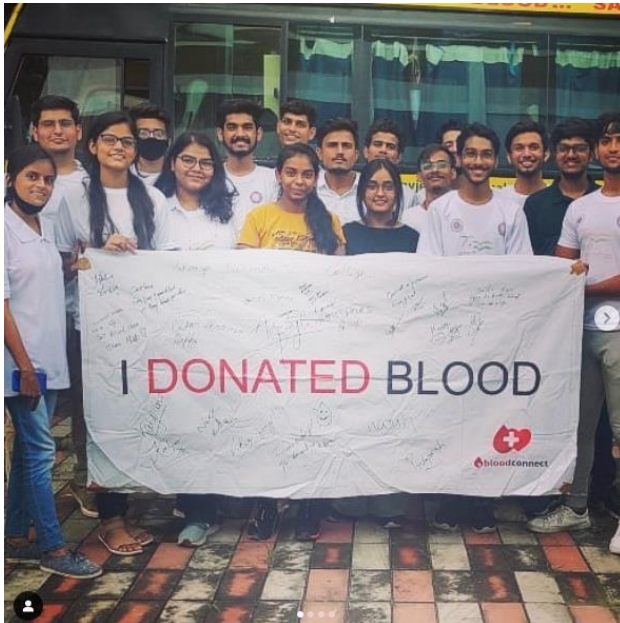
137.

**Title:** Blood Donation Camp

**No. of participants:** 30

**Name of collaborating agency:** ANDC

**Report:** A Blood Donation Camp (September 24, 2021), Blood Donation Awareness Rally & camp; Blood Donation Awareness Quiz (March 23, 2022) was organized. We have adopted five Thalassemic Girls, living in post COVID-19. Since, there is a huge requirement of blood for the patient in India, such activities will motivate the students to donate the blood.





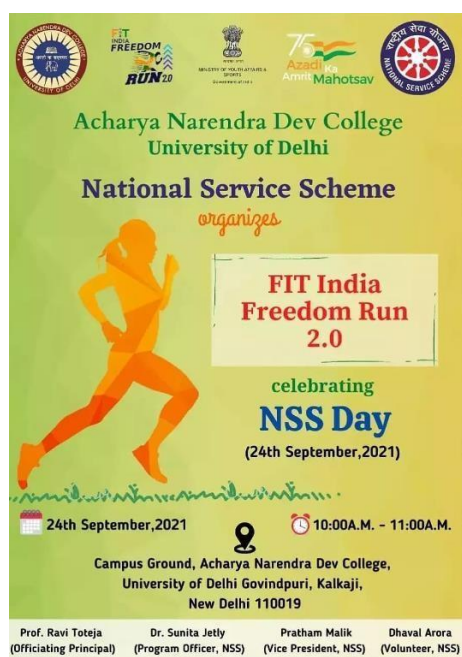
138.

**Title:** FIT India Freedom Run 2.0

**No. of participants:** 964

**Name of collaborating agency:** ANDC

**Report:** It was initiated with the aim of motivating students for practicing healthy habits and to attain better physical and mental health outcomes on 24 September, 2021. Social Media handles were extensively used to spread the message through various activities like posters on World Mental Health Day and FIT India Run, Art of Mind Control session under Project Wellness and Nasha Mukti Pledge. Volunteers also participated in FIT India Run and obtained an appreciation certificate for the same.



139.

**Title:** Feeding Stray Animal (for 1 month) - 1 under Project Stray Animal

**No. of participants:** 20

**Name of collaborating agency:** ANDC

**Report:** NSS unit under Project Feeding Stray Animals organised a photography competition “STRAY SNAPX” on 15 th September, 2021 on the theme -Capturing the beauty of stray animals .



140.

**Title:** Youth Panel Discussion

**No. of participants:** 115

**Name of collaborating agency:** ANDC

**Report:** Youth panel discussion was organised by NSS, ANDC on the occasion of Gandhi Jayanti via online mode at 4 pm.



141.

**Title:** Dandi Run/ Walk on Gandhi Jayanti

**No. of participants:** 964

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC organized Dandi Run/Walk on the auspicious occasion of Gandhi Jayanti on 2nd October,2021



142.

**Title:** Art of Mind Control session under Project Wellness

**No. of participants:** 40

**Name of collaborating agency:** YMCA

**Report:** NSS unit of ANDC in collaboration with Folk-Youth Empowerment Club organises a webinar on “ART OF MIND CONTROL” on 12th Oct,2021 at 04.00 p.m via Zoom. Sh. Pandava Sakha Dasa was the guest speaker.

**NSS JCBUST, YMCA CELL**  
*with collaborating units*

*in collaboration with*  
**FOLK -Youth Empowerment Club**  
*organizes a webinar on*

**ART OF MIND CONTROL**

**Sh. Pandava Sakha Dasa**  
Guest Speaker

12 Oct, 2021  
04:00 PM  
Zoom

*Faculty coordinators:*  
Dr Pradeep Kumar Dimal  
Dr Bindu Mangla  
Dr Umesh  
Mr Nitin Panwar

@nssjcbustbd @NSSYMCA

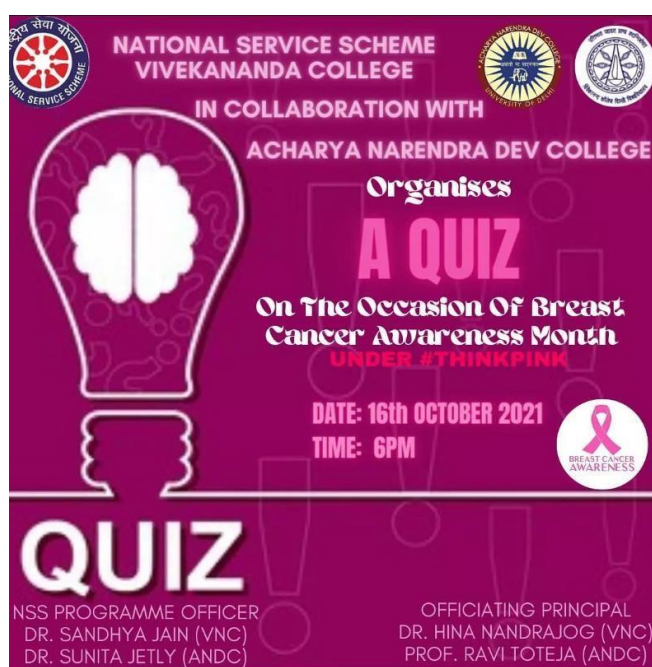
143.

**Title:** Quiz on the Occasion of Breast Cancer Awareness Month

**No. of participants:** 544

**Name of collaborating agency:** Vivekananda college

**Report:** NSS unit of Vivekananda College in Collaboration with Acharya Narendra Dev College organises a quiz on the occasion of Breast Cancer Awareness Month on 16th October 2021 at 6 p.m



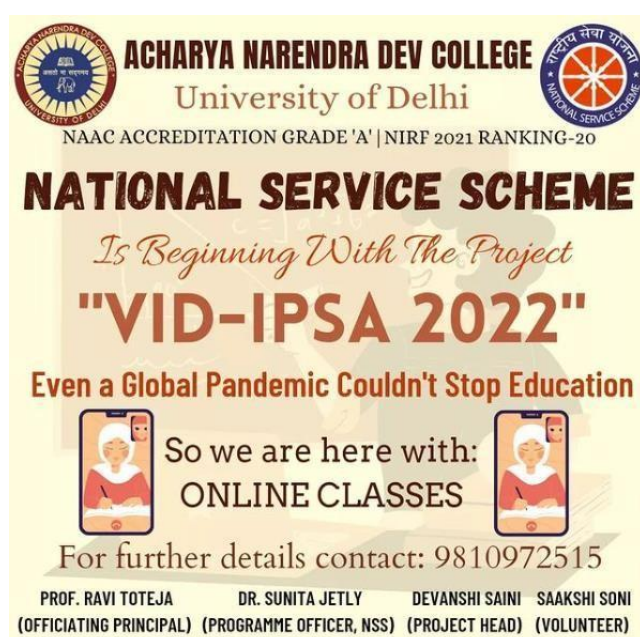
144.

**Title:** Online Teaching and Fun session under Project VID IPSA

**No. of participants:** 73

**Name of collaborating agency:** ANDC

**Report:** The aim of the project was to educate the underprivileged children, especially the girl child, living in slums. NSS volunteers at ANDC took online as well as offline classes for the children of Okhla and GovindPuri slums on 24 January, 2022.



**ACHARYA NARENDRA DEV COLLEGE**  
University of Delhi  
NAAC ACCREDITATION GRADE 'A' | NIRF 2021 RANKING-20

**NATIONAL SERVICE SCHEME**  
*Is Beginning With The Project*  
**"VID-IPSA 2022"**  
Even a Global Pandemic Couldn't Stop Education

So we are here with:  
**ONLINE CLASSES**

For further details contact: 9810972515

PROF. RAVI TOTEJA    DR. SUNITA JETLY    DEVANSHI SAINI    SAAKSHI SONI  
(OFFICIATING PRINCIPAL) (PROGRAMME OFFICER, NSS) (PROJECT HEAD) (VOLUNTEER)

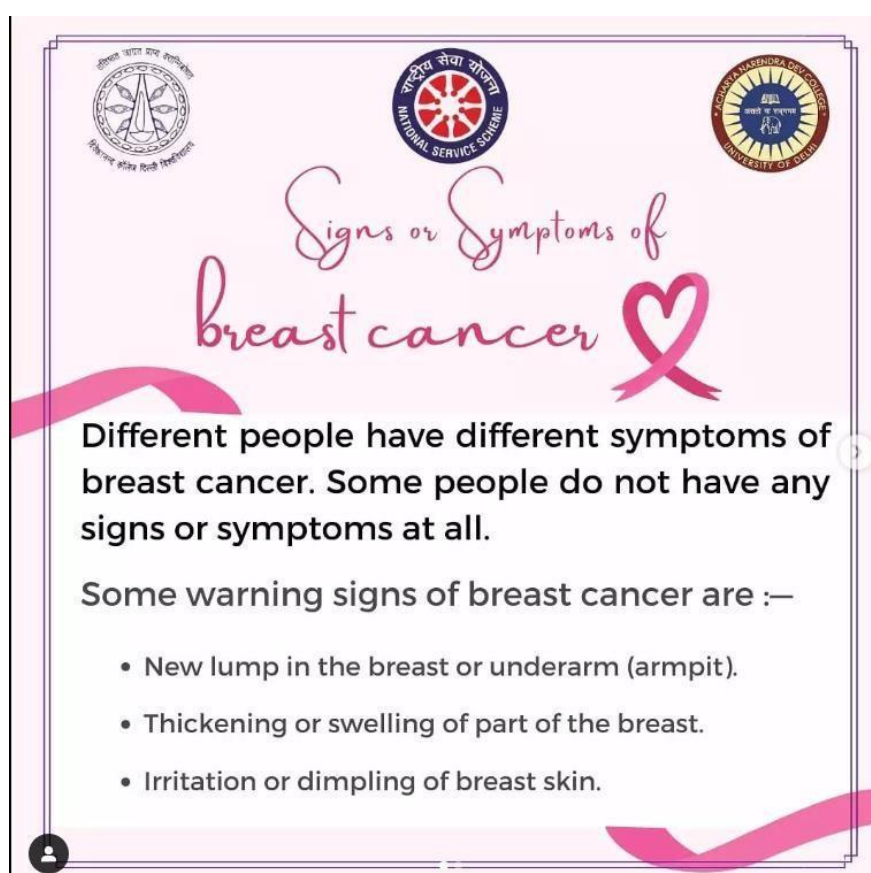
145.

**Title:** Awareness on Breast Cancer through Posters

**No. of participants:** 700

**Name of collaborating agency:** ANDC

**Report:** For the purpose of sharing information and promoting awareness of breast cancer to women the NSS unit of ANDC took initiatives through poster drives in the month of October which is designated month for Breast Cancer Awareness.





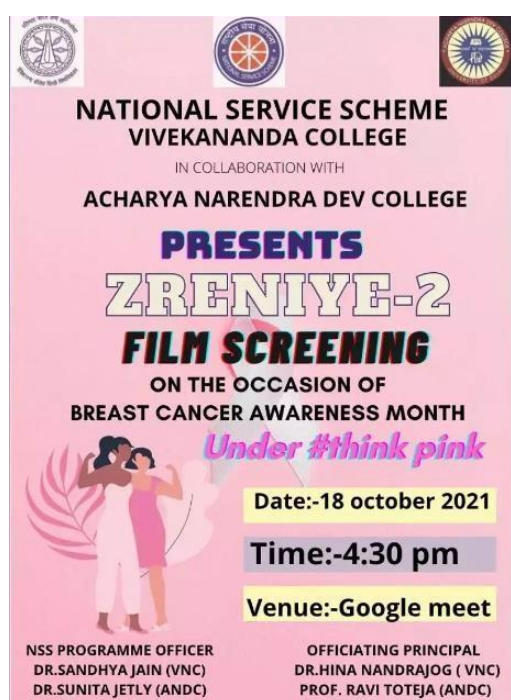
146.

**Title:** Film Screening on Breast Cancer

**No. of participants:** 561

**Name of collaborating agency:** ANDC and Vivekanand College

**Report:** NSS unit of Vivekananda College in collaboration with ANDC presents FILM Screening of “ZRENIYE-2” on the occasion of Breast Cancer Awareness Month on 18th October 2021 via Google Meet at 4.30 pm.



The poster is for a film screening event. At the top, there are three logos: the NSS logo, the Vivekananda College logo, and the Acharya Narendra Dev College logo. Below the logos, the text reads: "NATIONAL SERVICE SCHEME VIVEKANANDA COLLEGE IN COLLABORATION WITH ACHARYA NARENDRA DEV COLLEGE PRESENTS ZRENIYE-2 FILM SCREENING ON THE OCCASION OF BREAST CANCER AWARENESS MONTH Under #think pink". The event details are listed in three colored boxes: "Date:-18 october 2021" (yellow), "Time:-4:30 pm" (grey), and "Venue:-Google meet" (yellow). At the bottom, there are two columns of names: "NSS PROGRAMME OFFICER DR.SANDHYA JAIN (VNC) DR.SUNITA JETLY (ANDC)" and "OFFICIATING PRINCIPAL DR.HINA NANDRAJOG ( VNC) PROF. RAVI TOTEJA (ANDC)". On the left side of the poster, there is an illustration of two women, one in a white sari and one in a pink dress, standing together.

**NATIONAL SERVICE SCHEME  
VIVEKANANDA COLLEGE**  
IN COLLABORATION WITH  
**ACHARYA NARENDRA DEV COLLEGE**  
**PRESENTS**  
**ZRENIYE-2**  
**FILM SCREENING**  
ON THE OCCASION OF  
BREAST CANCER AWARENESS MONTH  
*Under #think pink*

**Date:-18 october 2021**  
**Time:-4:30 pm**  
**Venue:-Google meet**

NSS PROGRAMME OFFICER  
DR.SANDHYA JAIN (VNC)  
DR.SUNITA JETLY (ANDC)

OFFICIATING PRINCIPAL  
DR.HINA NANDRAJOG ( VNC)  
PROF. RAVI TOTEJA (ANDC)

147.

**Title:** Poetry Competition on occasion of Maharishi Valmiki Jayanti

**No. of participants:** 15

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC organized Poetry Competition on the occasion of Maharishi Valmiki Jayanti with the theme : “Mann ki Abhivyakti” on 20 October, 2021.



Acharya Narendra Dev College  
University of Delhi  
National Service Scheme

organises

**POETRY  
COMPETITION**

on the occasion of  
*Maharishi Valmiki Jayanti*

*Theme: मन की अभिव्यक्ति*

Deadline for submission :  
20th October, 2021

Prof. Ravi Toteja (Coordinating Principal) Dr. Sunita Jetly (Program Officer) Niharika Upadhyay (President, NSS) Aayushi Kushwaha (Volunteer, NSS)

148.

**Title:** Quiz Competition on Green Cracker

**No. of participants:** 50+

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC conducted a quiz competition on Green Crackers on October 23,2021 via Google Forms to create awareness related to its benefits.



149.

**Title:** Surrounding Cleanliness under Project SBA

**No. of participants:** 50+

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC always encourages cleanliness .Time to time cleanliness drive is initiated .



**Acharya Narendra Dev College**  
University of Delhi  
NAAC Accreditation Grade 'A' Score-3.31 NIRF 2020 All India Ranking-181 IQAC and DBT Star College

**National Service Scheme**  
*Presents Glimpses of*  
**Cleanliness Drive 2.0**

Prof. Ravi Toteja (Officiating Principal)    Dr. Sunita Jetly (Programme Officer, NSS)    Vridhi Singh (President)    Khushboo Jha (Project Head)    Riya Rajput (NSS Volunteer)

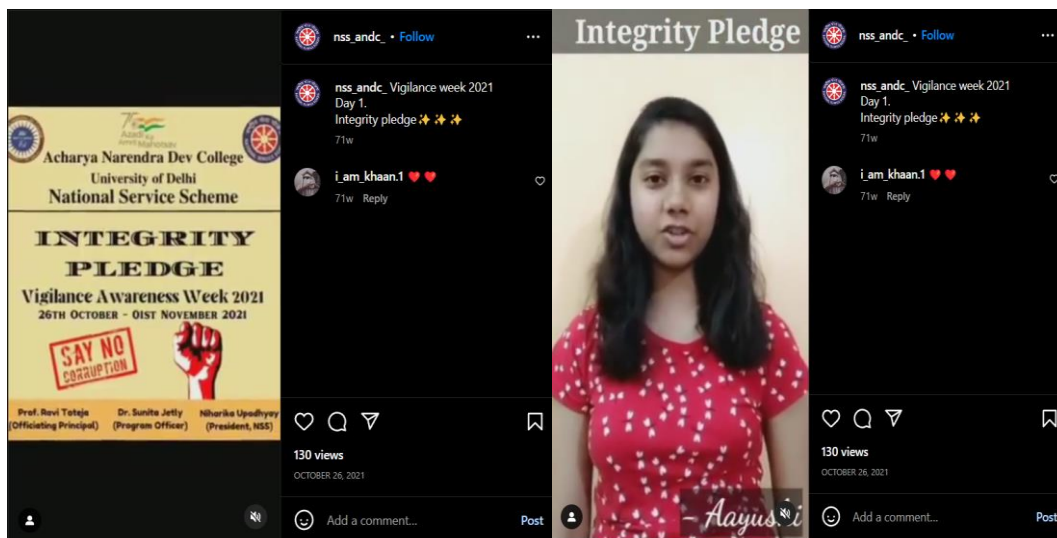
150.

**Title:** Integrity Pledge

**No. of participants:** 30

**Name of collaborating agency:** ANDC

**Report:** In Vigilance Awareness Week from October 26-November 01, 2021 with great enthusiasm and active participation several activities were organized this year with the theme – “Independent India @ 75: Self Reliance with Integrity”. The week started with Integrity Pledge Video on October 26, 2021 followed by Group Discussion on “Independent India @ 75 : Self Reliance with Integrity, slogan writing, intriguing discussion on “Relevance of Sardar Vallabh Bhai Patel in Today’s World on the Occasion National Unity Day.



151.

**Title:** Group Discussion on "Independent India @ 75 : Self Reliance with Integrity"

**No. of participants:** 150

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC conducted group discussion on the theme- "Independent India @75:Self Reliance with Integrity" on 27th October, 2021 from 6.00-7.00 p.m via Google Meet during Vigilance Week 26th -1st November.

**Acharya Narendra Dev College**  
(University of Delhi)  
NAAC Accreditation Grade 'A' | NIRF - 2020 All India Ranking 20  
**National Service Scheme**  
Presents  
**"Group discussion"**  
Theme- Independent India @ 75 :  
Self Reliance with Integrity

Date : 27th October, 2021      Time : 6:00 -7:00 P.M.  
Platform : Google Meet  
Link : <http://meet.google.com/vvh-afkg-ffm>

**Prof. Ravi Toteja**      **Dr. Sunita Jetly**      **Kirti & Khushi**  
(Officiating Principal)      (Program Officer)      (Students' coordinator)

**Vigilance Week**  
26th - 1st November  
Theme : "Independent India @ 75 : Self Reliance with Integrity"  
Day 2  
27th October  
#AmuratMahotsav

152.

**Title:** Workshop with a real time breast cancer survivor

**No. of participants:** 550

**Name of collaborating agency:** ANDC and Vivekananda College

**Report:** NSS students reached to people at grassroot level to motivate them to have lifestyle changes which can prevent cancer. The Breast Cancer month culminated in an inspiring workshop with a real time breast cancer survivor Dr. Neeti Leekha Chhabra on October 28, 2021.

**NATIONAL SERVICE SCHEME**  
**VIVEKANANDA COLLEGE**  
**ACHARYA NARENDRA DEV COLLEGE**

Organises  
**WORKSHOP**  
With A real time Breast Cancer Survivor

**#ThinkPink**

**Dr. Neeti Leekha Chhabra**  
Founder of Yes to life breast cancer survivor & Ted x speaker

Meeting ID: 880 0680 9468  
Passcode: 605172:

28.10.2021  
5pm  
Zoom

Programme Officers  
Dr. Sandhya Jain(VNC)  
Dr. Sunita Jetly (ANDC)

Officiating Principals  
Dr. Hina Nandrajog (VNC)  
Prof. Ravi Toteja(ANDC)

153.

**Title:** Slogan Writing Competition on "Independent India @ 75 : Self Reliance with Integrity"

**No. of participants:** 156

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC conducted slogan writing competition on the theme- "Independent India @75:Self Reliance with Integrity" on 29th October, 2021 via Google Meet during Vigilance Week 26th -1st November.

**Acharya Narendra Dev College**  
(University of Delhi)  
NAAC Accreditation Grade 'A' | NIRF - 2021 All India Ranking 20

**National Service Scheme**

**Slogan writing competition**

Theme- Independent India @ 75 : Self Reliance with Integrity

Date : 29th October, 2021

Registration Link : [https://docs.google.com/forms/d/1trdVpluYirFg8nYwOmEs3ldFaal\\_ew\\_EkYs9kCH3OqAo/](https://docs.google.com/forms/d/1trdVpluYirFg8nYwOmEs3ldFaal_ew_EkYs9kCH3OqAo/)

Prof. Ravi Toteja (Officiating Principal) Dr. Sunita Jetly (Program Officer) Devanshi Saini (Project Head) Vridhi & Nisha (Student Coordinators)

**Acharya Narendra Dev College** **UNIVERSITY OF DELHI** **राष्ट्रीय सेवा योजना** **NATIONAL SERVICE SCHEME**

Vigilance Week  
26<sup>th</sup> October -1 November

Theme : "Independent India @ 75 : Self Reliance with Integrity"

Day 4  
29<sup>th</sup> October

#Amurat Mahotsav



154.

**Title:** Group Discussion on "Relevance of Sardar Vallabh Bhai Patel in Today's World on the Occasion National Unity Day


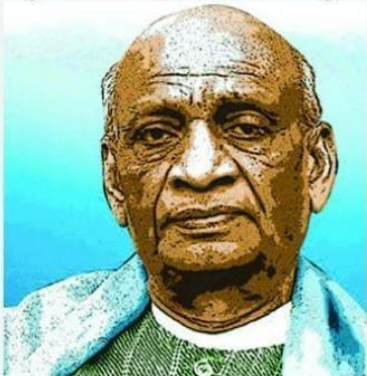
**No. of participants:** 40

**Name of collaborating agency:** ANDC

**Report:** In Vigilance Awareness Week from October 26-November 01, 2021 with great enthusiasm and active participation several activities were organized this year with the theme – “Independent India @ 75: Self Reliance with Integrity”. The week started with Integrity Pledge Video on October 26, 2021 followed by Group Discussion on quote “Independent India @ 75 : Self Reliance with Integrity, slogan writing, intriguing discussion on &quot;Relevance of Sardar Vallabh Bhai Patel in Today’s World on the Occasion National Unity Day.

**"GROUP DISCUSSION"**

**NATIONAL UNITY DAY**  
**(31 OCTOBER 2021)**



**TOPIC – RELEVANCE OF SARDAR VALLABHBHAI  
PATEL IN TODAY'S WORLD**

**TIME – 1:00 P.M    DATE – 31 OCTOBER 2021**

**MEET LINK – <http://meet.google.com/vvh-afkg-ffm>**

|   |  |                                       |                           |
|---|--|---------------------------------------|---------------------------|
| Prof.(Dr.) Ravi Toteja<br>(Officiating Principal) | Dr.Sunita Jetly<br>(Program Officer,NSS) | Niharika Upadhyay<br>(President, NSS) | Taruna<br>(NSS Volunteer) |
|---|--|---------------------------------------|---------------------------|

155.

**Title:** Rashtriya Ekta Diwas Pledge

**No. of participants:** 30

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC organises Rashtriya Ekta Diwas Pledge on National Unity Day via Google Meet on 31st October ,2021 from 12.30 p.m onwards

**Acharya Narendra Dev College**  
University of Delhi  
**National Service Scheme**  
ORGANISES  
**RASHTRIYA EKTA DIWAS PLEDGE**  
ON  
**NATIONAL UNITY DAY**  
Platform: Google Meet  
Date: 31st October, 2021  
Time: 12:30 pm onwards  
Link: <http://meet.google.com/vvh-afkg-ffm>  
Prof. Ravi Toteja (Officiating Principal)    Dr. Sunita Jetly (Programme Officer)    Niharika Upadhyay (President, NSS)    Aayushi Kushwaha (Volunteer, NSS)

156.

**Title:** Cleanliness Drive in Pochanpur Village, Dwarka

**No. of participants:** 100+

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC initiated cleanliness drive in Pochanpur Village, Dwarka .



157.

**Title:** Thalassemia Camp organized in NSUT

**No. of participants:** 60+

**Name of collaborating agency:** ANDC

**Report:** Thalassemia Screening was undertaken on November 11, 2021 at ANDC and NSUT campus for the awareness and screening of the youth for any carrier stage of Thalassemia in collaboration with team of Maulana Azad Medical College. The NSS is doing this series of Thalassemia Awareness since 2020 under the guidance of Prof. (Dr) Seema Kapoor and Dr Ranjana under the aegis of State Blood Cell.



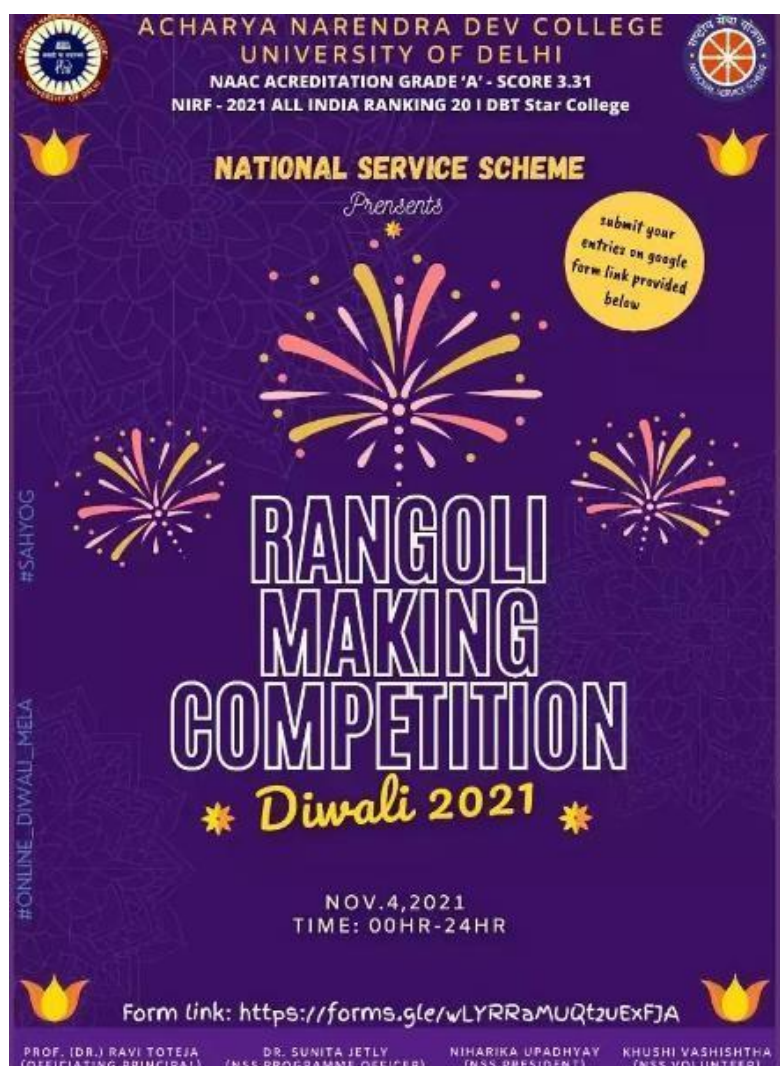
158.

**Title:** Rangoli making competition under Sahyog

**No. of participants:** 24

**Name of collaborating agency:** ANDC

**Report:** The absence of actual Diwali celebrations, brought in the concept of virtual 'mela' by assisting NGOs working for the differently abled in selling their products through Video Advertisements two weeks prior to Diwali 2021. Project headed by Dr Sarita Agarwal helped these institutions to advertise and sell their home-made Diwali products for DU faculty and students. Diya Decorating and Rangoli making Competition under Diwali Mela-Sahyog was also organized.




159.


**Title:** Kahaani Bezubaano ki meri Zubaani (Individual story with stray animal) under Project Stray Animal



**No. of participants:** 28

**Name of collaborating agency:** ANDC

**Report:** NSS, ANDC organized an event of storytelling namely, Kahaani Bezubaano ki meri Zubaani (Individual story with stray animal) was organized on 6 September, 2021

 Acharya Narendra Dev College  
University of Delhi

 राष्ट्रीय सेवा योजना  
NATIONAL SERVICE SCHEME

*Kahani Bezubaano  
ki Meri Zubaani*

Theme : Individual story with stray animals.

Under project  
Feeding stray animals

Registration link : <https://forms.gle/em6Qkp56VNPir4mh9>  
For further queries contact : Devanshi Saini (98109 72515)

Prof. Ravi Toteja (Principal)      Dr. Sunita Jetly (Program Officer)      Devanshi Saini (Project Head)      Kirti Yadav (NSS Volunteer)

160.

**Title:** Story Writing competition on the occasion on Children Day

**No. of participants:** 15

**Name of collaborating agency:** ANDC

**Report:**To mark the Birth Anniversary of Pandit Jawaharlal Nehru the NSS unit conducted a story writing contest on the theme:One day I woke up and suddenly saw Pandit Nehru on my study table.Students actively participated in the contest.

**Acharya Narendra Dev College**  
University of Delhi  
**National Service Scheme**

PRESENTS

**STORY WRITING CONTEST**

to mark the Birth Anniversary of  
**PANDIT JAWAHARLAL NEHRU**

**THEME: One day I woke up and suddenly saw Pandit Nehru on my study table....**

**Maximum word limit:**  
250 words

**Deadline for submission:**  
14th November, 2021

Prof. Ravi Toteja (Organizing Principal)    Dr. Sunita Jetly (Program Officer)    Niharika Upadhyay (President, NSS)    Aayushi Kushwaha (Volunteer, NSS)

161.

**Title:** Cloth collection Drive

**No. of participants:** 20+

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC organises Cloth Donation Drive 2021 for the needy and underprivileged people from 25th November to 25th December.



The poster is for a 'Cloth Donation Drive 2021' organized by Acharya Narendra Dev College, University of Delhi, under the National Service Scheme (NSS). It features the college and NSS logos at the top. The central text reads 'CLOTH DONATION DRIVE 2021' in large blue letters, with the date 'DATE: 25TH NOVEMBER - 25TH DECEMBER' below it. Illustrations include a man holding a shirt, a woman with a basket of clothes, and a pile of clothes on a hanger. The slogan 'GIVE YOUR OLD CLOTHES A SECOND CHANCE' is written in green and red, and a pink cursive message says 'Donate your usable clothes to the under privileged'. At the bottom, four names and roles are listed: Prof. Ravi Totija (Officiating Principal), Dr. Sunita Jetly (Program Officer), Niharika Upadhyay (President, NSS), and Aayushi Kushwaha (Volunteer, NSS).

Acharya Narendra Dev College  
University of Delhi  
National Service Scheme  
*organises*  
**CLOTH DONATION  
DRIVE 2021**  
DATE: 25TH NOVEMBER - 25TH DECEMBER  
*Donate your usable clothes  
to the under privileged*  
**GIVE YOUR  
OLD CLOTHES  
A SECOND CHANCE**  
Prof. Ravi Totija (Officiating Principal) Dr. Sunita Jetly (Program Officer) Niharika Upadhyay (President, NSS) Aayushi Kushwaha (Volunteer, NSS)



162.

**Title:** Interaction with HIV Infected orphaned children

**No. of participants:** 6

**Name of collaborating agency:** ANDC

**Report:** NSS volunteers interacted with HIV Infected orphaned children .Children discussed their problems and shared their feelings with the volunteers on 1st December,2021



163.

**Title:** AIDS day rally with HIV infected orphaned children

**No. of participants:** 6

**Name of collaborating agency:** ANDC

**Report:** NSS volunteers arranged a rally on 1st December,2021with HIV infected orphaned children of Desire Society to mark the World Aids Day.



164.

**Title:** Cloth donation Event – Donated and interacted with underprivileged children

**No. of participants:** 6

**Name of collaborating agency:** ANDC

**Report:** NSS unit of ANDC organises Cloth donation Event on 25th December,2021 where volunteers interacted with underprivileged children in addition to supporting them with clothes.



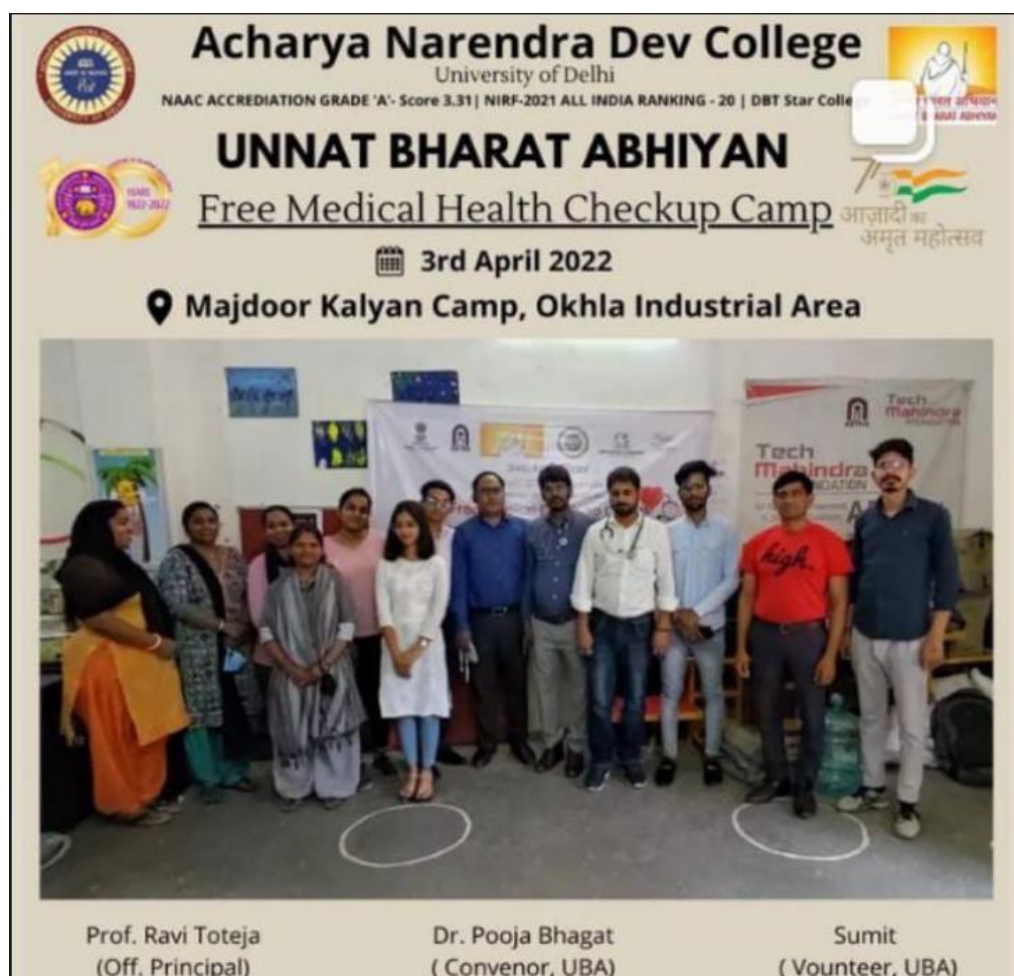
165.

**Title:** Free medical health check-up camp in Okhla slum

**No. of participants:** 115

**Name of collaborating agency:** ANDC

**Report:** Under UNNAT BHARAT ABHIYAN NSS unit organises Free Medical Health Checkup Camp on 3rd April 2022 in Okhla Industrial Area for labourers. People happily took advantage from the camp.



**Acharya Narendra Dev College**  
University of Delhi  
NAAC ACCREDITATION GRADE 'A' - Score 3.31 | NIRF-2021 ALL INDIA RANKING - 20 | DBT Star College

**UNNAT BHARAT ABHIYAN**  
Free Medical Health Checkup Camp  
3rd April 2022  
Majdoor Kalyan Camp, Okhla Industrial Area

75th  
आज़ादी का  
अमृत महोत्सव

Tech Mahindra  
EDUCATION

Prof. Ravi Toteja  
(Off. Principal)

Dr. Pooja Bhagat  
(Convenor, UBA)

Sumit  
(Vounteer, UBA)

166.

**Title:** Cancer awareness camp

**No. of participants:** 563

**Name of collaborating agency:** Dr B.R. Ambedkar Centre for Biomedical Research and Delhi School of Public health, IOE University of Delhi

**Report:** A series of four offline cancer awareness programs at NOIDA's Nithari Village and Geja Village, Nehru Nagar Delhi's Sanga Mitra BaudhVihar, and Shakti Shalini, with the support of the Department of Science and Technology in collaboration with Dr B.R. Ambedkar Centre for Biomedical Research and Delhi School of Public health, IOE University of Delhi on April 1, May 15, May 29, June 23, November 7 JHU 2022, respectively. The cardmaking contest commemorating World Cancer Day on February 4, 2022, was an additional awareness-creating activity. NSS students reached out to grassroots people to stimulate lifestyle changes that could prevent cancer. Breast Cancer Month started with a webinar on cancer prevention and adopting a healthy lifestyle in collaboration with Sanjeevani, followed by posters, videos, quizzes, and film screenings on breast cancer prevention and detection on October 4, 2021. Breast Cancer Month ended with an inspirational workshop with Dr Neeti Leekha Chhabra, Real-time Breast Cancer Survivor on October 28, 2021.

**Cancer Awareness Series**  
By DSPH, ACBR, ANDC Univ of Delhi  
FUNDED BY NCSTC-DST GOV OF INDIA  
Cancer Awareness/कैंसर जागरूकता  
Prof. Diptiman Saha  
Principal Investigator  
Director-Dr. B. R. Ambedkar Centre For Biomedical Research  
Joint Director-Delhi school of Public health-Univ. of Delhi  
Dr. Sunita Jolly  
Co-Principal Investigator  
Associate Professor  
Dept. of Biomedical Science  
Program Officer@NSS - ANDC  
Acharya Narendra Dev College  
Univ. Of Delhi  
Mrs Aman Khanna  
Social activist  
President  
Shri-Living Humanly Foundation

| DATE                       | EVENT  | PLACE   |
|----------------------------|--|---|
| 17 April 2022              |  | Nithari Village NCR   |
| 15 <sup>th</sup> May 2022  |  | Geja Village NCR  |
| 29 <sup>th</sup> May 2022  | Cancer Awareness on women, generalist and student Breast Cancer, Oral Cancer, Cervix Cancer, Prostate cancer | Baudh Vihar Delhi, Sanga Mitra, Baudh Shakti Delhi, Nithari Village |
| 23 <sup>rd</sup> June 2022 |  | Geja Village NCR  |
| 29 <sup>th</sup> June 2022 |  | Acharya Narendra Dev College  |

Present Glimpses of Cancer Awareness Series  
25th June, 2022  
Dr. Ramani Datta

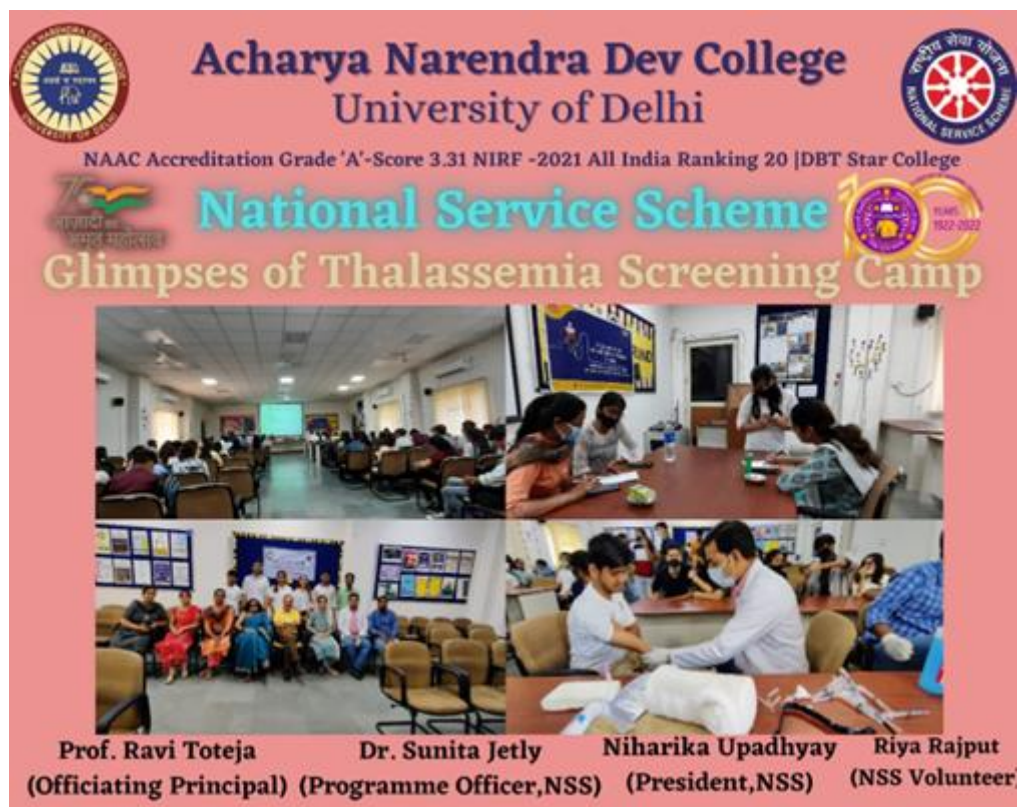
167.

**Title:** Thalassemia Awareness and Screening

**No. of participants:** 216

**Name of collaborating agency:** Maulana Azad Medical college and BHOR- Living humanly foundation

**Report:** Thalassemia screening was performed on May 23, 2022, and November 11, 2021, at ANDC and NSUT campuses respectively in collaboration with the team of Maulana Azad Medical College, to raise awareness and screen youth for any thalassemia carrier state. NSS has been organizing this Thalassemia Awareness Series since 2020 under the direction of Professor (Dr) Seema Kapoor and Dr Ranjana of Maulana Azad Medical college under the aegis of the State Blood Cell Foundation, where every person screened was given refreshments and food was served to Doctors and their team. The handshake partner of this series is the Bhor Living Humanly Foundation.



168.

**Title:** Vaccination Awareness Drive

**No. of participants:** 18

**Name of collaborating agency:** ANDC

**Report:** Awareness of the need for COVID vaccination was created by visiting the slums of Okhla and Govindpuri village from July 22-25, 2021 to educate them on the importance of timely vaccination. To increase impact, a Nukkad Natak prepared by NSS students was held on August 8, 2021, and August 10, 2021, in the slums of Okhla and Govindpuri respectively. The staging of the same Natak in competition at NSUT brought them laurels and applause. These awareness programs have also emphasized the integral importance of personal hygiene and cleanliness to prevent new COVID cases. As part of the Delhi Government's "StepOne" program, on May 1, 2022, a webinar was organized on 'Human infrastructure to Combat Covid-19 Pandemic in India: An Awareness Campaign on Plasma Donation'. Students were inspired through the Beat campaign - MGNCRE, Ministry of Education July 5, 2021, on a Workshop on Covid Helper's Skills for the student community.



169.

**Title:** Blood donation awareness rally

**No. of participants:** 95

**Name of collaborating agency:** Bloodconnect foundation

**Report:** NSS held a webinar on the occasion of World Blood Donor Day, in partnership with NGOKhoonon on June 14, 2021, where Dr. PK Goi held an informational lecture on do's and don'ts of blood donation. A blood donation awareness video was made in partnership with Dhvani to raise awareness periodically. This was complemented by a blood donation camp on September 24, 2021, a blood donation awareness rally, and a blood donation awareness quiz held on March 23, 2022. Our college has adopted five thalassemia girls, and the huge demand for blood donation in India necessitated continually motivating students to Donate blood.

**NSS ANDC**  
in collaboration with  
**Bloodconnect foundation**  
On the occasion of  
**Saheedi Divas**  
(23rd March, 2022)

Organizes  
**Blood Donation Awareness Rally**  
(Within the college campus)  
and  
**Quiz**  
on blood donation

Venue: Seminar Hall  
Time: 1 pm

75  
आजादी का  
अमृत महोत्सव

**QUIZ**

Prof. Ravi Toteja  
(Officiating Principal)

Dr. Sunita Jetly  
(Programme Officer)

Niharika Upadhyay  
(President, NSS)

Kirti Yadav  
(Nss Volunteer)





170.

**Title:** International Yoga Day celebrations

**No. of participants:** 2317

**Name of collaborating agency:** Netaji Subhas University of Technology

**Report:** The 7th International Day of Yoga was enthusiastically celebrated. The yoga enthusiasm began on June 14-17, led by Acharya Swati Jha education students on various asanas, and pranayama in collaboration with the Netaji Subhas University of Technology. From June 17 to June 21, 2022, a five-day online yoga workshop was held with the Nature Ayuyoga Institute, and six other colleges (BITS Pilani, Shivaji college, Aryabhata College, NSUT, Delhi College of Arts and Commerce and Shri Venkateshwara College collaborated. The introductory session was conducted by Smt Shashi Sharda, followed by an introduction to meditation by Shree Naveen Kumar H and an introduction to YOGA by Smt. Varsha for 4 days wherein Tratak kriya for the relaxing the eyes of students was especially taught. Vice-Chancellor of Babasaheb Bhimrao Ambedkar University attended the 7<sup>th</sup> IYD celebrations. The Ministry of Aayush presented a letter of appreciation to the NSS Unit and Program Officer for the successful implementation of the Yoga Workshop. To maintain the interest of volunteers, a workshop on yoga for nutrition was held on September 1, 2022, and also the significance of Surya Namskar was disseminated through posters.



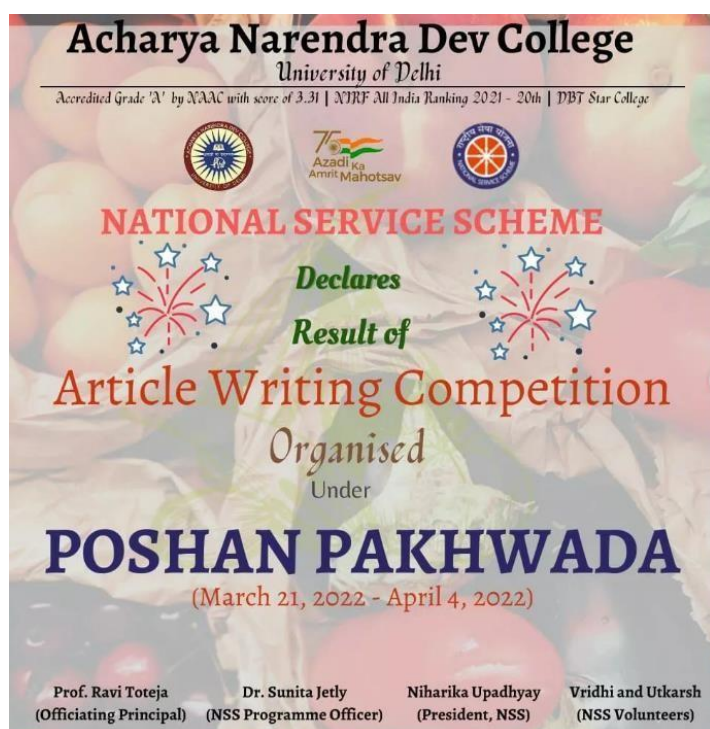
171.

**Title:** Poshan Abhiyan

**No. of participants:** 60

**Name of collaborating agency:** ANDC

**Report:** POSHAN Abhiyaan or Holistic Nutrition or National Nutrition Mission is the flagship program of the Government of India to improve the nutritional outcomes of children, adolescents, and pregnant and lactating women. NSS has engaged in this vision through a series of activities from Nutrition Drive posters and videos, Poshan Abhiyan quizzes, and a Yoga workshop on Nutrition to help in eliminating Malnutrition in India.



172.

**Title:** Swachh Bharat Abhiyan

**No. of participants:** 22

**Name of collaborating agency:** (Birla house) ANDC

**Report:** Volunteers have carried out various activities to re-emphasize the importance of hygiene and cleanliness, especially amid this pandemic. The first effort in this project was an offline clean-up campaign for the NSS room and the surrounding area inside the college. Several cleaning campaigns inside the college were carried out from August to December. Swachhta Pakhwada was celebrated with posters and videos which culminated in a pledge ceremony on August 18, 2021. Volunteers from NSS also carried out an external clean-up campaign in and around Pochanpur village, Dwarka on October 30, 2021, and the Clean India campaign at Birla House, New Delhi on October 20, 2021



[https://www.instagram.com/tv/CV7L5PphD2Z/?utm\\_source=ig\\_web\\_copy\\_link](https://www.instagram.com/tv/CV7L5PphD2Z/?utm_source=ig_web_copy_link)

173.

**Title:** Card Making Competition on World Cancer Day

**No. of participants:** 35

**Name of collaborating agency:** ANDC

**Report:** Cancer Day aims to prevent millions of deaths each year by raising awareness and education about cancer, and pressing governments and individuals across the world to take action against the disease. "Cancer cannot cripple love; it cannot shatter hope, it cannot conquer the spirit." The card making competition held on 4th February, 2022 was a small effort to bring smile on all those cancer patients who are not only suffering physically but also fighting mentally every day.



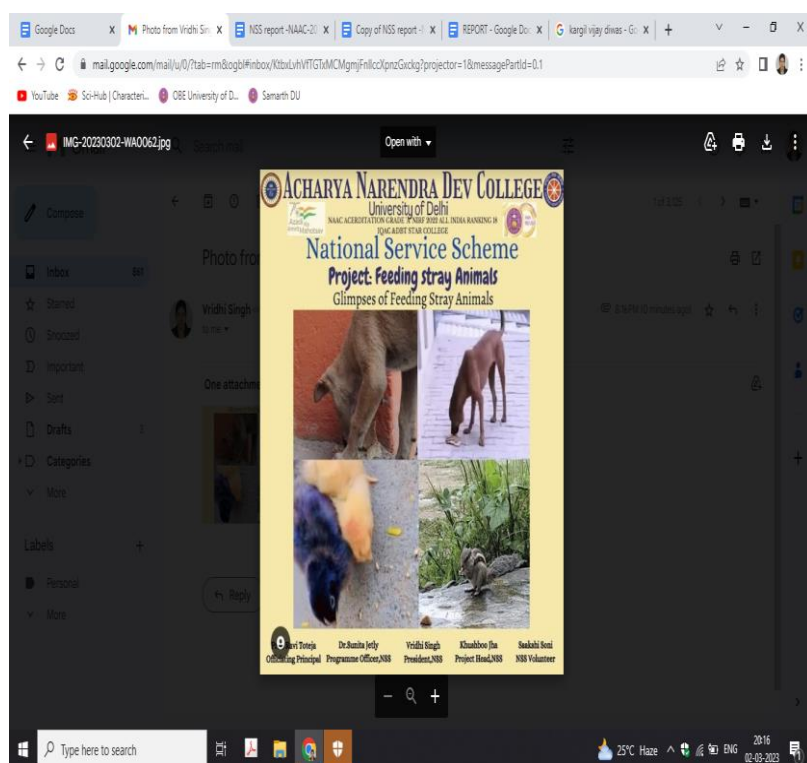
174.

**Title:** Project Feeding Stray Animals

**No. of participants:** 15

**Name of collaborating agency:** ANDC

**Report:** Kahaani Bezubaano ki meri Zubaani(Personal Stories with Stray Animals) was held on November 11, 2021, and the Stray Snapx photography contest was organized on September 5, 2021. Stray animals that volunteer agreed to feed during the COVID time were fed year-round this year also.



175.

**Title:** National Road Safety Week

**No. of participants:** 58

**Name of collaborating agency:** ANDC

**Report:** The whole country celebrated National Road Safety Month 2021 instead of Road Safety Week, from January 11 2022 to January 18 2022, on the theme "Sadak Suraksha- Jeevan Raksha". As road accidents are one of the leading causes of mortality and morbidity in India NSS conducted several activities to create road traffic safety awareness through surveys during road safety week, REEL making contest, Quiz & Drawing contest, MEME making, Cartoon and Caricature on Road Safety, through stories and a short film about road safety.



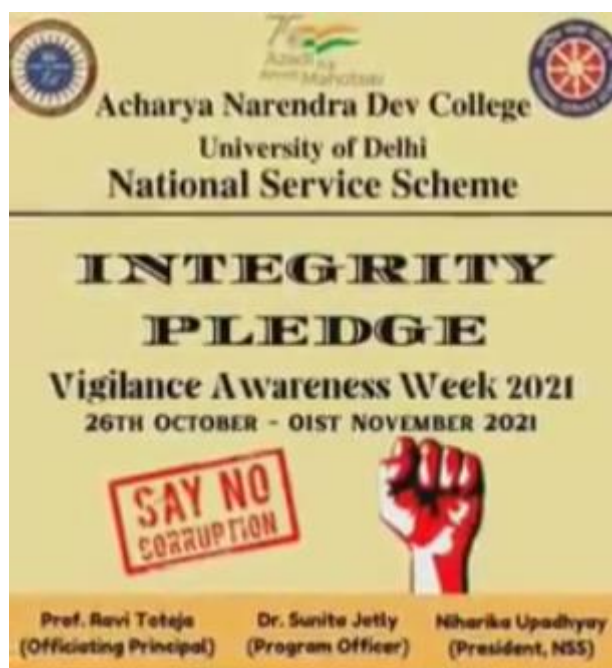
176.

**Title:** Vigilance Awareness Week

**No. of participants:** 2317

**Name of collaborating agency:** ANDC

**Report:** During the Vigilance Awareness Week from October 26, 2021, to November 1, 2021, several activities were organized with enthusiasm and active participation to promote this year's theme, "Independent India @ 75: Self Reliance with Integrity." The week begins with the Integrity Pledge video on October 26, 2021, followed by a group discussion on "Independent India @ 75: Self Reliance with Integrity," writing a slogan, and an insightful discussion on "Sardar Vallabh Bhai Patel's relevance in today's world on the occasion of National Unity." A pledge ceremony was undertaken on October 31, 2021- Rashtriya Ekta Diwas.



<https://fb.watch/iaaerXofil/>

177.

**Title:** Promotion of Hindi Language (Hindi Diwas)

**No. of participants:** 53

**Name of collaborating agency:** ANDC

**Report:** On January 10, 2022, a poster emphasizing the importance of Hindi was shared on a social media platform, on the occasion of Hindi Diwas. On February 21, 2022, International Mother Language Day was celebrated by a slogan-making contest that emphasized the importance of the mother tongue in daily life and education.





178.

**Title:** Sahyog Mela

**No. of participants:** 3000

**Name of collaborating agency:** ANDC

**Report:** In the absence of actual Diwali celebrations, NSS introduced the concept of virtual "mela" by NGOs working for the differently-abled to sell their products through video ads two weeks before Diwali 2021. A project led by Dr Sarita Agarwal helped these institutions promote and sell homemade Diwali products to DU teachers and students. A competition for Diya decoration and rangoli making under Diwali Mela Sahyog was also organized.



179.

**Title:** Article writing on occasion of International Day of Women and Girls in science

**No. of participants:** 53

**Name of collaborating agency:** ANDC

**Report:** The Article Writing Competition was held on October 11, 2021, on the occasion of International Women's and Girls' Science Day. International Women's Day was celebrated on March 8, 2022, through a group discussion under the theme of "Today's Gender Equality for a Sustainable Tomorrow." Also commemorated on January 3, 2022, was our revered Savitri bai Jyotirao Phule, a woman who helped establish the first school for girls in India.

**Acharya Narendra Dev College**  
University of Delhi  
Accredited 'A' Grade by NAAC score-3.31 | All India NIRE 2021 Ranking-20 | DBT star college

**NATIONAL SERVICE SCHEME**

Declares the  
**Winners**  
Of

**ARTICLE WRITING COMPETITION**  
Organised on the occasion of  
**International Day of Women and Girls in Science**

**2**  
**SAAKSHI SONI**  
(ANDC)

**1**  
**KAPIL SHARMA**  
(ANDC)

**3**  
**ANJALI**  
(ANDC)

Prof. Ravi Toteja (Officiating Principal) | Dr. Sumita Jetly (Programme Officer, NSS) | Niharika Upadhyay (President, NSS) | Alisha Khan, Vridhi Singh (NSS Volunteers)




180.

**Title:** Pride Month

**No. of participants:** 54

**Name of collaborating agency:** ANDC


**Report:** In June 2022 NSS ANDC for the first time celebrated Pride month to celebrate lesbian, gay, bisexual, transgender, and queer (LGBTQ) social and self-acceptance, achievements, legal rights, and pride. Under this a lot of poster awareness drives were done and also informative short videos and acceptance videos were made and spread through our social media handles. One of the videos was seen by a vast audience with 2000+ views and 200+ engagement through likes and comments


**Acharya Narendra Dev College**  
University of Delhi

NAAC ACCREDITATION GRADE 'A'- Score 3.31 | NIRF-2021 ALL INDIA RANKING - 20 | DBT Star College

**NATIONAL SERVICE SCHEME**  
*Observes*  
**Pride Month**

 **1ST JUNE 2022 - 30TH JUNE 2022**

**All for Love, Love For all...**

 **F. RAVI TOTEJA**  
(Initiating Principal)

**DR. SUNITA JETLY**  
( Programme Officer, NSS )

**VRIDHI SINGH**  
( President, NSS )

**KAPIL SHARMA**  
(NSS Volunteer)

181.

**Title:** Poster Making Competition on Safer Internet Day

**No. of participants:** 67

**Name of collaborating agency:** ANDC

**Report:** The Poster making Competition was held on February 8th, 2022 on the occasion of Safer Internet Day. Safer Internet Day was celebrated on February 8th 2022, through a innovative Poster making competition on the theme of "Together for a better Internet". This competition was aim to create awareness about safer internet practice as many cases of internet frauds are seen in the country. Overall, the event was successfully organised.



182.

**Title:** Calligraphy competition on occasion of Vasant Panchmi

**No. of participants:** 45

**Name of collaborating agency:** ANDC

**Report:** The Calligraphy Competition was held on February 5th, 2022, on the occasion of Vasant Panchami. Vasant Panchami was celebrated on 5th February, 2022, through a Calligraphy Competition. Calligraphy in both hindi and english was accepted in the competition. A shlok was given to the participants and they were asked to write that in calligraphy. Overall, it was a successful competition organized.



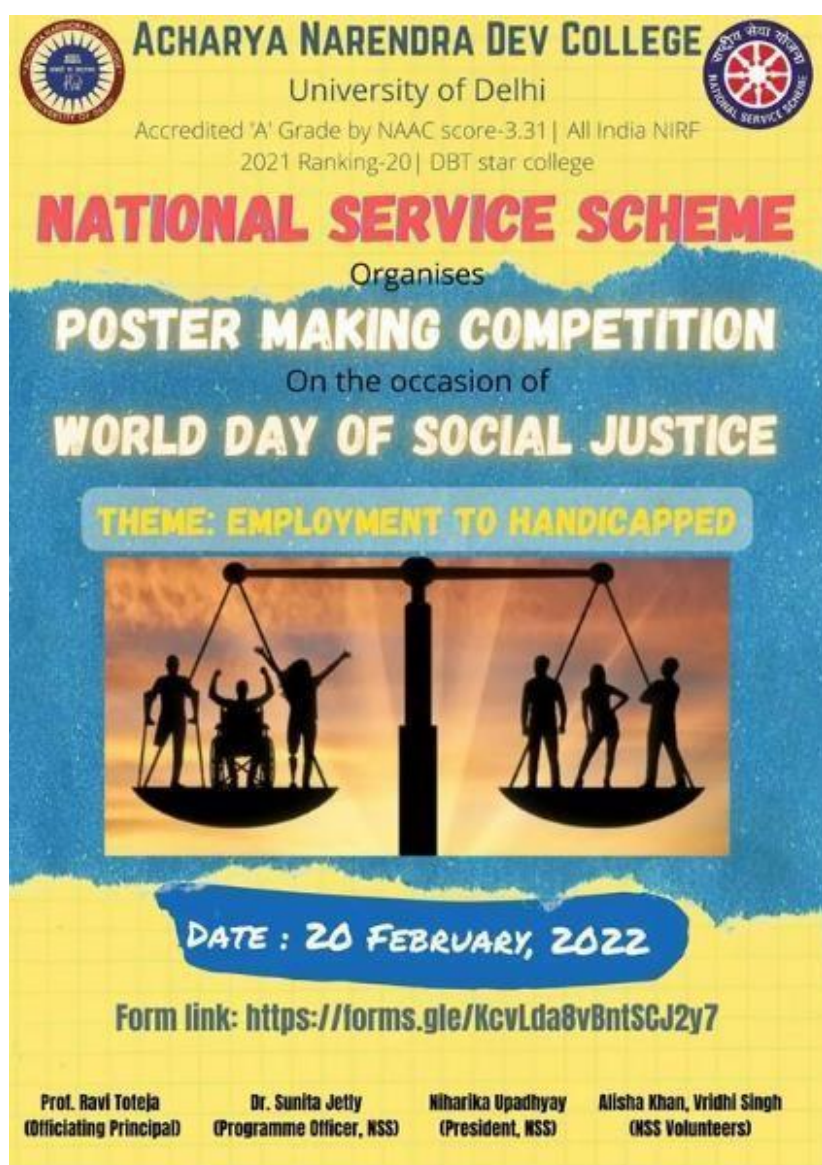
183.

**Title:** Poster making Competition of the occasion of World Day of Social Justice

**No. of participants:** 62

**Name of collaborating agency:** ANDC

**Report:** The Poster making Competition was held on 20th February, 2022 on the occasion of World day of social justice on the theme "Employment To Handicapped". The competition was aimed to aware people that equality is needed for all to make our country a better place to live. The physically or mentally challenged people should also be treated equally to a normal individual. Overall, the competition was successfully organised.



184.

**Title:** Picture Interpretation Competition on National Science Day

**No. of participants:** 35

**Name of collaborating agency:** ANDC

**Report:** The picture interpretation competition was held on 28th February, 2022 on the occasion of National science day to create awareness about the importance and progress of science in modern world. The mode of conduction was online . Google form with pictures was given to the participants and asked to submit with answers . Overall, the event was successfully organized.

**ACHARYA NARENDRA DEV COLLEGE**  
**UNIVERSITY OF DELHI**  
NAAC ACCREDITATION GRADE 'A' | NIRF - 2021 ALL INDIA RANKING 20

**NATIONAL SERVICE SCHEME**

organises

**PICTURE INTERPRETATION  
COMPETITION**

ON

**NATIONAL SCIENCE DAY  
(28TH FEBRUARY, 2022)**

**DATE: 28TH FEBRUARY, 2022**  
**TIME: 00HRS. - 24HRS.**  
**PLATFORM: GOOGLE FORMS**

**Form Link:**  
<https://forms.gle/zRT5nP38VHkWMYL27>

**PROF. RAVI TOTEJA** (OFFICIATING PRINCIPAL)    **DR. SUNITA JETLY** (PROGRAMME OFFICER)    **NIHARIKA UPADHYAY** (PRESIDENT, NSS)    **AAYUSHI & UTKARSH** (VOLUNTEER, NSS)

185.

**Title:** Online Live Quiz Competition on National Voter's Day

**No. of participants:** 62

**Name of collaborating agency:** ANDC

**Report:** Online live quiz competition was held on January 25, 2022 on the occasion of National voter's day to create awareness among participants for the importance of voting in our country. This quiz competition also aim to enhance the knowledge of people about voting . This competition was conducted online through an app name quizizz where the participants had to answer through online polling.

The image contains two promotional posters for an online live quiz competition organized by the National Service Scheme (NSS) at Acharya Narendra Dev College, University of Delhi. Both posters feature the college's logo and accreditation details: NAAC ACCREDITED GRADE 'A', NIRF 2021 ALL INDIA RANK-20, and DBT STAR COLLEGE.

**Left Poster (Registration):**  
Title: NATIONAL SERVICE SCHEME organizes ONLINE LIVE QUIZ COMPETITION on the occasion of NATIONAL VOTER'S DAY (25 JANUARY)  
Date: 25 /01/2022  
Time: 04 PM Onwards  
Registration form link: <https://forms.gle/3Lu4DPa7c4NB459Z8>

**Right Poster (Results):**  
Title: NATIONAL SERVICE SCHEME ONLINE LIVE QUIZ COMPETITION on the occasion of NATIONAL VOTER'S DAY (25 JANUARY)  
Section: RESULTS  
Winners:  
1st Prize: SHUBH SANYADHKAR (1st year, ANDC)  
2nd Prize: VAIDIK THAKRE (2nd year, ANDC)  
3rd Prize: VEDIKA GUPTA (1st year, ANDC)

**Organizing Staff (Bottom of both posters):**  
Prof. Ravi Toteja (Officiating Principal), Dr. Sunita Jetly (NSS Programme Officer), Niharika Upadhyay (NSS President), Kapil & Swati (NSS Volunteer)



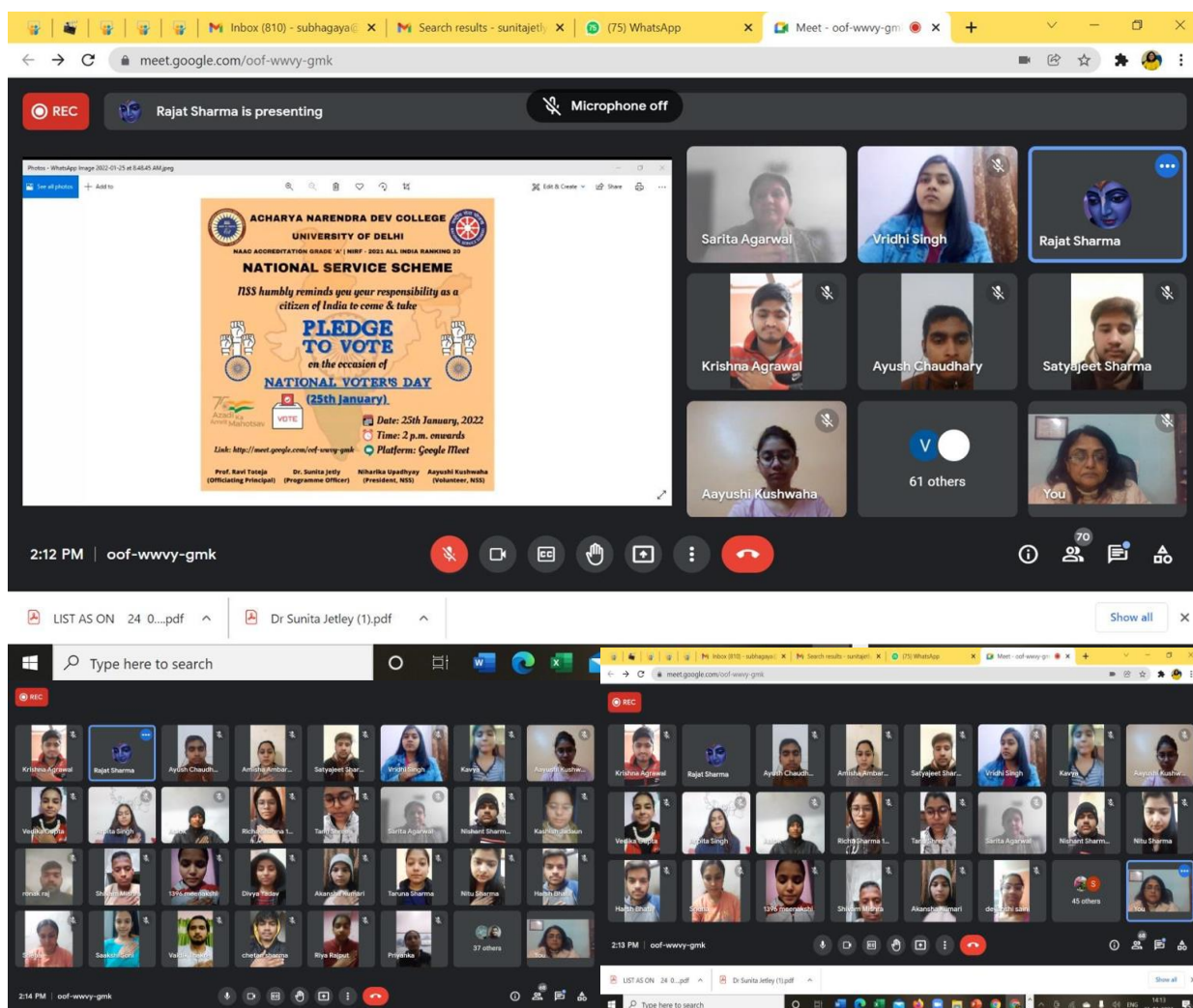
186.

**Title:** Pledge to vote on National Voter's Day

**No. of participants:** 2317

**Name of collaborating agency:** ANDC

**Report:** Pledge to vote was organized on 25 January, 2022 to humbly remind all their responsibility as a citizen of India. The Pledge was organized online in a Google meet platform where participants was asked to take a pledge to vote together. It helps to create the awareness among the youth for the importance of vote in our country. Overall, it was a successful event organised .



187.

**Title:** Speech Competition on National Youth Day

**No. of participants:** 55

**Name of collaborating agency:** ANDC

**Report:** Speech competition was held on January 9,2022 on the occasion of National Youth day.The main aim of organizing this competition was to aware today's youth about their importance in the development of our nation. Youth is the future of our nation and they play the most important role in empowering the society and changing the world. While this competition we got the chance to listen ideas and views of youth for the development of our country. National Youth Day is celebrated on 12th January every year in our country to honor the birth anniversary of Swami Vivekananda Ji. It is also known as Vivekananda Jyanti.

**Acharya Narendra Dev College**  
University of Delhi  
ACCREDITED 'A' GRADE BY NAAC-score 331  
NIRF 2021 Ranking-20 | DBT star college

**National Service Scheme**  
Conducts  
**SPEECH COMPETITION**  
ON  
**NATIONAL YOUTH DAY**

**DATE: 09 JANUARY, 2022**  
**TIME: 11:00 AM ONWARDS**  
**PLATFORM: GOOGLE MEET**

**Form Link: <https://forms.gle/vvHMJSbRK4j2vfh37>**

**Prof.(Dr.)Ravi Toteja**  
(Officiating Principal)

**Dr.Sunita Jetly**  
(NSS programme officer)

**Niharika Upadhyay**  
(President, NSS)

**Vridhi Singh, Alisha Khan**  
(NSS Volunteers)


188.


**Title:** Unveiling through tales

**No. of participants:** 25

**Name of collaborating agency:** ANDC

**Report:** Unveiling through tales was organized on January 16, 2022 on the theme of Sadak Suraksha - Jeevan raksha to know about the safety on road through the tales. This competition was organized in online mode through Google meet in which the participant had to share their view on road safety through story and their personal experience.


**Acharya Narendra Dev College**  
University of Delhi  
Accredited 'A' Grade by NAAC- Score 3.31  
NIRF-2021 All India Ranking 20 | DBT Star College

**National Service Scheme**  
Presents

**UNVEILING THROUGH TALES**  
(एक कहानी हमारी जुबानी)

On Theme  
**Sadak Suraksha-Jeevan Raksha**

Registration link:- <https://forms.gle/M2x5owWKytVsWUht9>

 16th January, 2022  
04:00 PM

Prof. Ravi Toteja (Officiating Principal)    Dr. Sunita Jetly (Program Officer)    Niharika Upadhyay (Nss, President)    Kirti Yadav (NSS, Volunteer)

189.

**Title:** Story writing competition on occasion of Children's Day

**No. of participants:** 25

**Name of collaborating agency:** ANDC

**Report:** Story writing competition was held on 14 November 2021 on the occasion of children's day i.e birth anniversary of Jawaharlal Nehru ,this competition was organized to honour this great personality and the theme of this competition was "one day I woke up and saw pandit Nehru on my study table".

**Acharya Narendra Dev College**  
University of Delhi  
**National Service Scheme**

PRESENTS

**STORY WRITING CONTEST**

to mark the Birth Anniversary of  
**PANDIT JAWAHARLAL NEHRU**

**THEME: One day I woke up and suddenly saw Pandit Nehru on my study table....**

**Maximum word limit:**  
250 words

**Deadline for submission:**  
14th November, 2021

Prof. Ravi Toteja  
(Participating Principal)

Dr. Sunita Jetly  
(Program Officer)

Niharika Upadhyay  
(President, NSS)

Aayushi Kushwaha  
(Volunteer, NSS)

190.

**Title:** Quiz competition on Green Cracker, Team Development as a Leader Project Ukiyo

**No. of participants:** 91

**Name of collaborating agency:** ANDC

**Report:** Quiz competition on Green cracker was organized on October 23,2021 under SAHYOG, online Diwali mela to create awareness about the crackers among the people ,this competition was organized in online mode through Google meet on a app name Quizizz in which the participants had to answer the questions through online polling.

**Acharya Narendra Dev College**  
University of Delhi  
ACCREDITED 'A' GRADE BY NAAC- Score 3.31  
NIRF 2021 Ranking-20 | DBT Star College

**National Service Scheme**  
conducts  
**Quiz Competition**  
**ON GREEN CRACKERS**

**Date: October 23, 2021**  
**Platform: Google forms**  
**Form Link: <https://forms.gle/kwLGGaokbmqvvnvWe7>**

**Prof. (Dr.) Ravi Toteja**  
(Officiating Principal)

**Dr. Sunita Jetly**  
(NSS Programme Officer)

**Niharika Upadhyay**  
(President, NSS)

**Vridhi Singh**  
(NSS Volunteer)

#ONLINE\_DIWALI\_MELA  
#SAHYOG

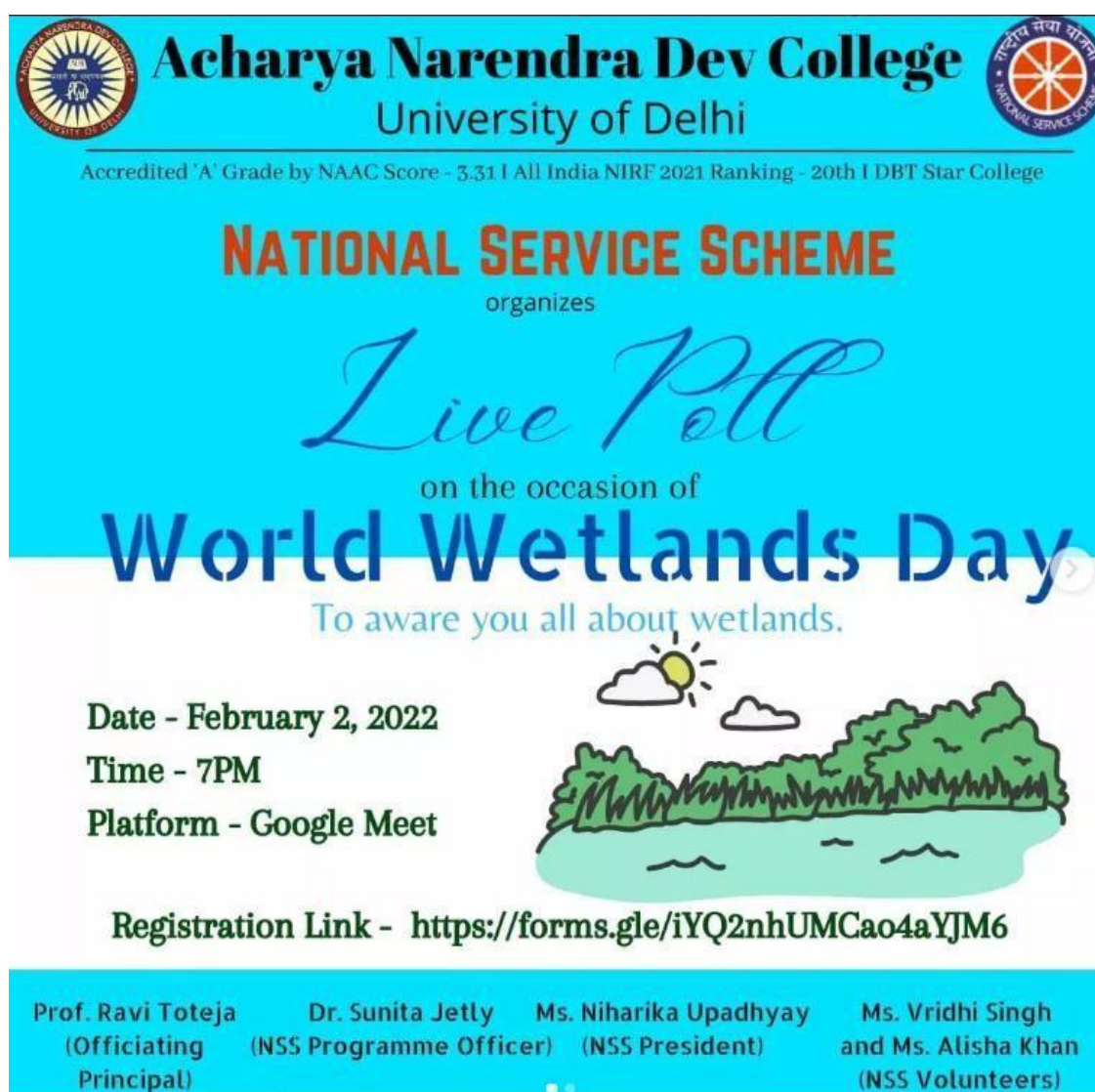
191.

**Title:** World Wetland Day Live poll

**No. of participants:** 20

**Name of collaborating agency:** ANDC

**Report:** World Wetlands Day is celebrated every year on 2nd February, aims to raise global awareness about the vital role of wetlands for people and the planet. This day also marks the date of the adoption of the Convention on Wetlands on 2 February 1971, in the Iranian city of Ramsar. A live poll was conducted under this in which volunteers participated enthusiastically. The aim of conducting this event was to educate people about the importance of wetlands.



**Acharya Narendra Dev College**  
University of Delhi

Accredited 'A' Grade by NAAC Score - 3.31 | All India NIRF 2021 Ranking - 20th | DBT Star College

**NATIONAL SERVICE SCHEME**  
organizes

*Live Poll*  
on the occasion of  
**World Wetlands Day**  
To aware you all about wetlands.

**Date - February 2, 2022**  
**Time - 7PM**  
**Platform - Google Meet**

**Registration Link - <https://forms.gle/iYQ2nhUMCao4aYJM6>**

Prof. Ravi Toteja (Officiating Principal)    Dr. Sunita Jetly (NSS Programme Officer)    Ms. Niharika Upadhyay (NSS President)    Ms. Vridhi Singh and Ms. Alisha Khan (NSS Volunteers)

192.

**Title:** National Education Day

**No. of participants:** 20

**Name of collaborating agency:** ANDC

**Report:** National Education Day of India has been celebrated every year since 2008 on November 11 on the occasion of Maulana Abul Kalam Azad birth anniversary. We observe this day and through this we want to spread the importance of education in life of an individual.

**Acharya Narendra Dev College**  
University of Delhi

ACCREDITED 'A' GRADE BY NAAC WITH SCORE OF 3.31  
NIRF 2021 ALL INDIA RANKING 20 | DBT Star College

**National Service Scheme**  
Observes

**NATIONAL EDUCATION DAY**  
(11TH NOVEMBER, 2021)

"Educationists should build the capacities of the spirit of inquiry, creativity, entrepreneurial and moral leadership among students and become their role model."

- Maulana Abdul Kalam Azad

**Prof. Ravi Toteja**  
(Officiating Principal)

**Dr. Sunita Jetly**  
(Program Officer)

**Niharika Upadhyay**  
(President, NSS)

**Krishna**  
(NSS Volunteer)

193.

**Title:** Poem Recitation on Kargil Vijay Diwas

**No. of participants:** 97

**Name of collaborating agency:** ANDC

**Report:** Kargil Vijay Diwas or Kargil Victory Day is celebrated every year on July 25 to commemorate the historic victory of India over Pakistan in the Kargil war in 1999. Poem Recitation was conducted by the NSS team to remember all the brave soldiers who fought for us. Students participated eagerly and through their poem their bravery was portrayed.

ACHARYA NARENDRA DEV COLLEGE  
University of Delhi

NATIONAL SERVICE SCHEME  
*presents*  
Poem Recitation  
*on the occasion of*  
KARGIL VIJAY DIWAS

Date - 25th July 2021  
Time - 6 pm  
Venue- Google meet

Dr. Ravi Toteja  
Principal

Dr. Sunita Jetly  
Program officer

Niharika Upadhyay  
NSS President



194.

**Title:** Webinar on Health and Medicinal plant by Shri Rakesh Kumar

**No. of participants:** 73

**Name of collaborating agency:** ANDC

**Report:** Medicinal plants such as Aloe, Tulsi, Neem, Turmeric and Ginger cure several common ailments. These are considered as home remedies in many parts of the country. The webinar was conducted on 21 July, 2021 to give knowledge to people about the medicinal plants and how they can be used to cure diseases.



आचार्य नरेंद्र देव कॉलेज  
दिल्ली विश्वविद्यालय  
राष्ट्रीय सेवा योजना

प्रस्तुत करते हैं  
ऑनलाइन वेबिनार

मुख्य वक्ता :  
श्री राकेश कुमार

विषय: कोरोना संकट में  
औषधीय पादप ही विकल्प

21 जुलाई, 2021 | 4:00 सायं

<http://meet.google.com/cts-ydbp-xjx>

प्रो. रवि तोतेजा (प्राचार्य) डॉ. सुनीता जेटली (कार्यक्रम अधिकारी) निहारिका उपाध्याय (अध्यक्षा, एनएसएस) रजत शर्मा (सचिव, एनएसएस)

## Additional Activities

### 1. Ecoville

**ACHARYA NARENDRA DEV COLLEGE**  
University of Delhi  
NAAC Grade 'A' | NIRF Ranking 2021 - #20 | DBT STAR College  
invites participation in  
**"ECOVILLE"**  
Igniting Young Minds  
an outreach program for school students  
on **February 27, 2022**

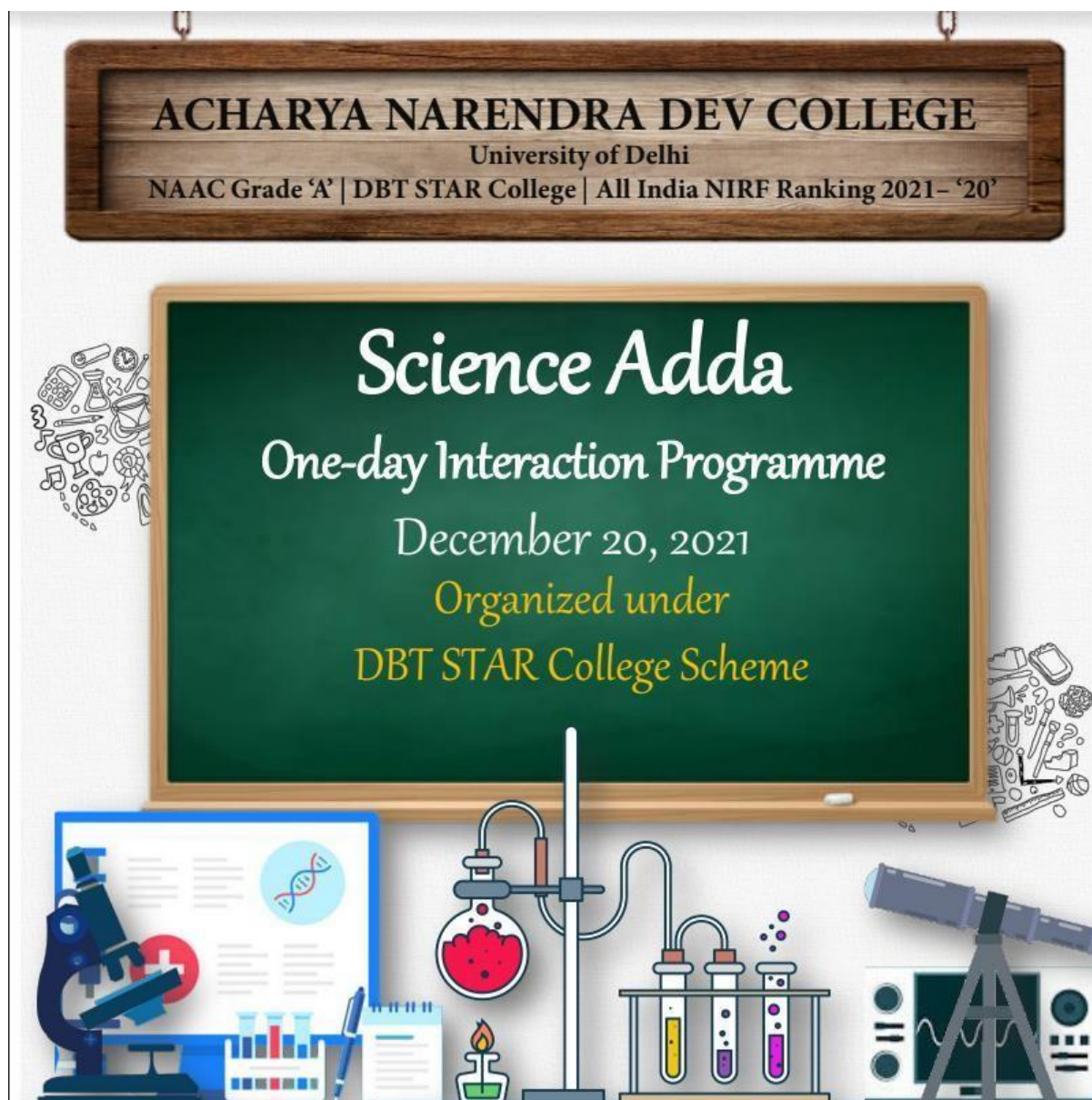
During International E-Conference on  
**Mitigating Contemporary Environmental  
issues by Sustainable Approaches  
[ICMCESA - 2022]**  
under the aegis of IQAC and DBT STAR College scheme

Registration at: <https://tinyurl.com/4779mnyc>  
Website: <https://www.andcollege.du.ac.in/icmcesa22/index>  
Email: [outreach\\_2022@andc.du.ac.in](mailto:outreach_2022@andc.du.ac.in)

75  
Azadi Ka  
Amrit Mahotsav

YouTube, Facebook, Twitter, Instagram icons

2. Science  
Adda



### 3. Proof for adopted villages

----- Forwarded message -----

From: **Dr. Ravi Toteja** <[principal@andc.du.ac.in](mailto:principal@andc.du.ac.in)>

Date: Sat, Jun 20, 2020 at 3:20 PM

Subject: Identification of villages under the UBA program

To: <[dcsouth@nic.in](mailto:dcsouth@nic.in)>, <[southadm@nic.in](mailto:southadm@nic.in)>

Cc: Dr. Ravi Toteja <[principal@andc.du.ac.in](mailto:principal@andc.du.ac.in)>, Dr. Manisha Jain <[manishajain@andc.du.ac.in](mailto:manishajain@andc.du.ac.in)>

Dear Sir,

Ministry of Human Resources Development (MHRD), Government of India has launched the national program called Unnat Bharat Abhiyan (UBA), with the vision to involve professional and higher educational institutions in the development process of rural areas in the country to achieve sustainable development and better quality of life. Indian Institute of Technology, Hauz Khas, New Delhi has been designated to be the National Coordinating institute by the Ministry.

Our college (Acharya Narendra Dev College, AISHE code C-6380) has agreed to participate in UBA as a Participating Institute (PI). Dr Manisha Jain, Acharya Narendra Dev College, Govindpuri, Kalkaji, New Delhi-19, has been duly authorized in this regard from our side to carry on the activities of UBA in our organization as Project Coordinator.

Under the UBA program every Participating institute is to adopt a cluster of five villages in consultation with the Districts Collector. This is to bring to your kind notice that we have proposed the following villages in the district (South).

1. Khanpur
2. Govundpuri Slum Area
3. Ol-hla Industrial Area
4. Pul Pehlad (CT)
5. Tejpur Pahri Badarpur

In view of the above the Project Coordinator may contact your officer for the purpose. We request you to please help and cooperate in the matter.

Regards

Dr. Ravi Toteja  
Officiating Principal  
Acharya Narendra Dev College

**4. Thalassemia blood  
transfusion proof**

**Acharya Narendra Dev College  
Social Outreach Committee (NSS)**

**Details of Adopted Thalassemic Patients (2014 onwards)**

| S. No. | Name           | IRCS<br>Reg. No. | Guardian's Name   | DOB<br>(dd/mm/yyyy) | Address   | Contact No.                            | Blood<br>group |
|--------|----------------|------------------|---|---------------------|---|--|----------------|
| 1      | Madhu          | 608              | Sh. Sakal Dev Rai (F)                                     | 30/01/2013          | S5/176 JP Colony, sector 7 RK<br>puram, Delhi-01          | 9717880778<br>9810906264<br>8882443078 | O+             |
| 2      | Jyoti Malkani  | 251              | Mrs. Anita Malkani (M)                                    | 19/01/1998          | 23 Pocket F, Sarita Vihar, Delhi-76                       | 9873718664                             | B+             |
| 3      | Neetu          | 156              | Sh. Manohar Lal Malhotra(F)<br>Mrs. Ramal Malhotra (M)    | 14/10/1982          | G-1/99, Sector 16, Rohini,<br>Delhi-85                    | 9818235974                             | O+             |
| 4      | Pooja Wadhwa   | 157              | Sh. Manohar Lal Wadhwa (F)                                | 21/09/1985          | G-7/320, Sector 16, Rohini,<br>Delhi-85                   | 9211096764                             | AB+            |
| 5      | Princy         | 236              | Smt. Manju Madan (M)                                      | 18/02/1995          | 2E, Vikrant Apartment, Sector 13,<br>Rohini, Delhi-85     | 9899139637                             | O+             |
| 6      | Rashi          | 115              | Mr. Ajay Kumar (F)<br>Mrs. Isha (M)                       | 02/09/2008          | E-2618(G.F) Jahangirpuri,<br>New Delhi-33                 | 9211390789<br>9540828173<br>7838859665 | B+             |
| 7      | Simran         | 501              | Mrs. Anuradha (M)<br>Smt. Kamini Bhalla (Nani Ji)         | 01/02/2001          | 10 D, 3rd Floor,<br>Ashoka Apartments, Delhi-62           | 9818896638<br>9818655994<br>9818301733 | AB+            |
| 8      | Mokshita       | 199              | Sh. Tilak Raj Arora (F)<br>Mrs Nameeta Arora (M)          | 30/11/1999          | G-6/2, 3rd Floor,<br>Malia Nagar, Delhi-17                | 9650253570<br>9560522737               | O+             |
| 9      | Raveena        | 423              | Sh. Kherati Lal (F)                                       | 16/03/1999          | 3 E/2, Zio chowk, saraswati Vihar,<br>Rewari              | 8588079125                             | B+             |
| 10     | Sangeeta Bhola | 259              | Late Harvinder Pal Bhola (F)<br>Late Laxmi Rani Bhola (M) | 06/12/1983          | H/N 17, Tilak Khand, Giri Nagar,<br>Kalkaji, New Delhi-19 | 9871825070                             | B+             |